# Student Spotlight Monthly Theme

# August/September: Building Community & Growth Mindset

### Nomination-worthy actions:

- Welcoming and including new or isolated students
- Demonstrating a positive attitude even when challenged
- Encouraging peers to keep trying after setbacks
- Taking initiative to build class unity or school spirit
- Sharing openly about goals and progress

# October: Emotional Awareness & Self-Regulation

### Nomination-worthy actions:

- Managing emotions during stressful situations (e.g., tests, peer conflict)
- Using healthy coping skills like taking breaks or asking for help

- Staying calm and respectful in challenging interactions
- Modeling patience and maturity with others
- Supporting peers who are feeling overwhelmed

### November: Gratitude & Kindness

### Nomination-worthy actions:

- Consistently showing appreciation to teachers, peers, or staff
- Writing thank-you notes or giving verbal recognition
- Doing kind acts without being asked or expecting credit
- Speaking kindly and lifting others up with words
- Being a quiet helper behind the scenes

# **December: Conflict Resolution & Problem-Solving**

### Nomination-worthy actions:

- Handling disagreements with maturity and fairness
- Mediating a conflict between peers respectfully
- Listening to different points of view during a disagreement
- Offering peaceful solutions to class or club issues

• Being honest and reflective after a conflict

# January: Goal Setting & Motivation

### Nomination-worthy actions:

- Setting and actively working toward personal, academic, or athletic goals
- Demonstrating initiative to improve grades or habits
- Staying focused and motivated through challenges
- Encouraging others to stay committed to their goals
- Celebrating progress and persistence—especially in others

# February: Empathy & Friendship Skills

### Nomination-worthy actions:

- Reaching out to someone who is going through a hard time
- Including someone who's been left out
- Standing up against bullying or gossip
- Demonstrating loyalty and honesty in friendships
- Being known as a trustworthy and empathetic peer

# March: Managing Big Feelings & Stress

# Nomination-worthy actions:

- Talking openly and appropriately about mental health and emotions
- Using calming strategies during difficult moments
- Helping others through moments of stress or panic
- Creating a positive and calm atmosphere in class
- Seeking balance and encouraging self-care habits

# **April: Responsibility & Making Good Choices**

## Nomination-worthy actions:

- Owning up to a mistake and making things right
- Acting as a role model for online safety and responsible tech use
- Consistently making positive choices despite peer pressure
- Managing time effectively and following through on responsibilities
- Respecting school rules and promoting a safe environment

May: Perseverance & Celebrating Growth

# Nomination-worthy actions:

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- Overcoming a significant personal, academic, or social challenge
- Showing growth in attitude, academics, or behavior over the year
- Staying committed to a goal even when it got hard
- Reflecting on their growth and encouraging others to reflect too
- Being proud of peers' progress and cheering them on