

WELCOME TO CO-CURRICULAR PROGRAMME - TERM 4

Dear ISHCMC Rhinos,

We are pleased to inform you that at ISHCMC we are offering you a competitive programme as well as a non-competitive programme called a co-curricular programme. This programme includes

- ISHCMC Sports activities
- ISHCMC Aquatics
- Performing Arts Academy
- ISHCMC After-School activities (ASAs)

Please find all the information about the programme below.

The After School Activity (ASA) program offered at ISHCMC is a non-competitive inclusive programme. It is divided into 4 terms with a variety of activities offered in each term.


The ASAs in Term 4 are open for all ISHCMC students so feel free to enjoy all the activities. Remember to please read the descriptions carefully for preparation in advance and for the payment (if any). If you are interested in our ASAs please [sign-up here](#) and you also can review the [guideline on how to sign-up here](#). Please be informed that the booking system which is Meettheteacher will be open from March 07 -11, 2022. If you need any support with the system, please contact our IT helpdesk at helpdesk@ishcmc.edu.vn.

Here is the ASA Time-Line of the academic year 2021/2022

	Term 1	Term 2	Term 3	Term 4
Term duration	Sep 6 to Oct 29	Nov 1 to Dec 17	Jan 10 to Mar 10	Mar 21 to May 20

Below are the ON-CAMPUS ASA's offered in Term 4 (click on the activity to see more details)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mandala drawing (Grade 2-5)		Knitting and Making Pom Pom (Grade 3-5)	Yoga for beginners (Grade 3-5)	
Poetry Club (Grade 1-4)		Creative Writing (Grade 3-5)	Bongo Beats (Grade 4-5)	

Animated Film Club (Grade 3-5)		Sewing (Grade 3-5)	Xylo Groove -Marilize Prins (Grade 3-5)	
Zentangles - The Art of Doodling! (Grade 2-5)		Book Club (Grade 3-5)		
Xylo Groove - Kirsty van der Westhuizen (Grade 3-5)		Crochet (Grade 4-5)		
		Paper Craft (KG and Grade 1)		
		Sing! (Grade 3-5)		
		Finding Storyland - Reading and Crafts (Grade 3-4)		
		ASA recorder (Grade 3-5)		
		 Learn 2 swim		

If you have any questions or need any support relating to ASAs, please don't hesitate to contact Ms Dieu Le (Emily) at dieule@ishcmc.edu.vn or asa@ishcmc.edu.vn

[PERFORMING ARTS ACADEMY](#)



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Primary Keyboard Ensemble (Grade 3-5)</u>		<u>Primary Flute Choir (Grade 2-5)</u>	<u>Primary Rock Band (Grade 3-5)</u>	
		<u>Clarinet Choir (Grade 2-5)</u>	<u>Primary Vocal Group (Grade 3-5)</u>	
		<u>Primary Vocal Group (Grade KG-2)</u>		

If you have any questions or need any support relating to Performing Arts, please don't hesitate to contact Ms. Linh - Instrumental Music Administrator at linhnnguyen@ishcmc.edu.vn

[ISHCMC AQUATICS](#)

[ISHCMC Primary on-campus Aquatics programme February 2022](#)



If you have any questions or need any support, please don't hesitate to contact Alice, the aquatics manager at alicepeng@ishcmc.edu.vn or Coach Lucas at lucasvu@ishcmc.edu.vn.

Season 3-Rhino Basketball Team



Complete this [google form](#) to receive information on tryouts, trainings etc

If you have any questions or need any support, please don't hesitate to contact Laura, the athletics director on lauracomerford@ishcmc.edu.vn

Season 3-Rhino Indoor Floor Hockey Team



Complete this [google form](#) to receive information on tryouts, trainings etc

If you have any questions or need any support, please don't hesitate to contact Laura, the athletics director on lauracomerford@ishcmc.edu.vn

Season 3-Rhino T-Ball/ Baseball



Complete this [google form](#) to receive information on tryouts if needed, trainings etc

If you have any questions or need any support, please don't hesitate to contact Laura, the athletics director on lauracomerford@ishcmc.edu.vn

Season 3-Rhino Table Tennis



Complete this [google form](#) to receive information on tryouts-if needed, trainings etc

If you have any questions or need any support, please don't hesitate to contact Laura, the athletics director on lauracomerford@ishcmc.edu.vn

Social Rhino Football



Please complete this [google form](#) to receive more information on practice day etc
If you have any questions or need any support, please don't hesitate to contact Laura, the athletics director on
lauracomerford@ishcmc.edu.vn