

ZOLJARGALAN GANTUMUR, MSW

Virginia Commonwealth University
School of Social Work
1000 Floyd Avenue, Third Floor
Richmond, VA 23284-2027
gantumurz@vcu.edu

RESEARCH INTERESTS:

- Aging and health
- Chronic disease management
- International social work

EDUCATION:

PhD in Social Work, School of Social Work, Virginia Commonwealth University, Richmond, Virginia, USA

August 2024-Present

Master of Social Work, School of Social Welfare, University at Albany, State University of New York, Albany, New York, USA

August 2011-May 2013

MSW Major: Macro Social Work

Bachelor of Social Work, School of Liberal Studies, Mongolian University of Science and Technology, Ulaanbaatar, Mongolia

September 2003-June 2007

EMPLOYMENT HISTORY:

Full-time Lecturer, School of Public Health, Mongolian National University of Medical Science, Ulaanbaatar, Mongolia

August 2015 – Present

- Teach macro social work courses in the health social work undergraduate program
- Supervise undergraduate dissertations
- Conduct short-term training with other faculty members
- Participate in research projects/grants.

Project manager, Human Security Policy Studies Center, Ulaanbaatar, Mongolia

December 2013-April 2015

- Implement and coordinate project activities to create and strengthen a Network of anti-human trafficking NGOs, Mongolia;
- Implement and coordinate project activities to organize training for members of the Network and law enforcement officers;
- Implement and coordinate project activities to organize advocacy and awareness-raising campaigns for the public and government agencies;
- Write and submit project reports.

Social Work Intern, Catholic Charities of the Diocese of Albany, Albany, NY, USA

Full-time field placement, September 2012 – May 2013

- Assist the Director of Continuous Quality Improvement and Staff Development in monitoring services provided in different locations
- Develop a draft of a career planning manual for grandparents who raise their grandchildren
- Assist in implementing activities for older adults at the Day Haven Daycare Center.

Social Work Intern, Giffen Memorial Elementary School, Albany, NY, USA

Full-time field placement, September 2011-May 2012

- Provide individual and group sessions to teach social skills;
- Conduct a needs assessment survey among the teachers;
- Facilitate group activities for the special education classes.

Project manager, Caritas Czech Republic, Ulaanbaatar, Mongolia

October 2009 –August 2011

- Plan and implement project activities according to the project design;
- Prepare and submit monthly, quarterly project reports;
- Carry out monitoring activities;
- Supervise project staff and volunteers;
- Communicate with partner and donor organizations.

Project Assistant, Caritas Czech Republic, Ulaanbaatar, Mongolia

August 2007 – September 2009

- Assist the project manager in implementing project activities;
- Assist the project manager in preparing monthly reports;
- Supervise the social work information center;
- Communicate with partner organizations.

RESEARCH AND PROJECTS:

- Graduate research assistant. Harmony in Decision-making: Balancing Individual Rights and Family Roles in Advance Care Planning among Chinese Americans (PI: Yifan Lou). VCU School of Social Work. 2025
- Researcher. Human Resource challenges in primary healthcare (PI: Sugarmaa.M). Mongolian Ministry of Health and Health Promotion Fund. 2023
- Project leader. Building capacity to prevent youth violence in the community. Open Society Forum NGO. 2019-2022
- Researcher. Policy Analysis of Employment Opportunities for Women: A cross-sectional mixed-methods study of women with disabilities and mothers of young children. 2021
- Senior Researcher. The status of women's rights in Mongolia: 2015-2019. Mongolian Women's Fund. 2020
- Secondment. Social participation for improving emotional, mental, and physical well-being in independently living older adults. DREAM Project-Research and Innovation Staff Exchange (RISE). Collaborative project. European Union. 2017-2019.
- Co-investigator. Urban immunization research: A literature review on poverty and internal migration (PI: Davaalkham Dambadarjaa). UNICEF, Mongolia, 2018.

- Team member. A project to design a training curriculum to prevent youth violence. Open Society Forum NGO, Mongolia, 2016-2018.
- Co-investigator. Developing an improved methodology and practical manual to deliver community-based welfare services to targeted people in need. Multi-Sectoral Technical Assistance Project (PI: Susan Witte, Sugarmaa Myagmarjav), MoPDSP, World Bank. Mongolia, 2015

SCHOLARSHIPS:

- Internships at Aging Project, School of Social Welfare, University at Albany, State University of New York, 2012-2013
- Fulbright Foreign Student Scholarship, 2011-2013

PUBLICATIONS:

Articles in English:

- Gantumur, Z., Baez, M., Ulanemekh, N.-E., Ibarra, F., Myagmarjav, S., & Casati, F. (2020). Effects of Sharing Old Pictures With Grandchildren on Intergenerational Relationships: Protocol for a Randomized Controlled Trial. *JMIR Research Protocols*. doi: [10.2196/16315](https://doi.org/10.2196/16315)

Articles In Mongolian:

- Zoljargalan.G, Yerkyebulan.M, Ulanemekh.N, Sugarmaa.M. (2023). Maintaining kinship communication: Effects of Sharing Old Pictures through social media. *Gerontology and geriatrics*. p.18-22
- Zoljargalan.G, Enkhzul.O, Sugarmaa.M. (2022). Comparing health social work services according to healthcare system classifications. *Social work journal*. 06/2022-13. p.17-21
- Zoljargalan.G, Tsogzolmaa.T. (2021). Socio-economic impacts of the COVID-19 pandemic among the girls and women in Mongolia: A review study. *Erin: A Journal of Public Health*, p.292-296
- Zoljargalan.G, Nomin.N, Sugarmaa.M (2020). Studying the healthcare needs of older adults. *Erin: A Journal of Public Health*, 208-213
- Zoljargalan.G, Nomuundari.B, & Jargalsaikhan.T. (2019). Studying families in poverty. *Social development: Issues and solutions*, 141-147
- Zoljargalan.G, Tsolmontuya.A, & Jargalsaikhan.T. (2017). Secondary school students' attitude towards youth bullying. *Erin: A Journal of Public Health*, 129-131
- Zoljargalan.G, Enkhjargalan.G, Amarjargal.T, Erkhembayar.T, Munkhzul.Ya, (2016). Youth Violence: A case study in a remote community of Ulaanbaatar city, *Social Work*, 9, 60-63.

Abstracts in English:

- Zoljargalan.G., & Yifan.L. (2025, November 15). *Prevalence of Non-Communicable Diseases and Healthcare Utilization Among Older Adults in Mongolia* [Conference presentation]. GSA 2025: Annual Scientific Meeting, Boston, Massachusetts, United States.
- Zoljargalan.G., & Yifan.L. (2025, April 23). *Prevalence of Non-Communicable Diseases and Behavioral Risks Among Older Adults in Mongolia* [Conference presentation]. 28th

Annual Graduate Student Research Symposium & Exhibit, Richmond, Virginia, United States.

Zoljargalan.G., Sugarmaa.M., Nansalmaa.Kh, Avirmed.D & Denise.B. (2025, January 17). *Bridging gaps between education and practice: Challenges of the health social workers in Mongolia* [Conference presentation]. 29th Annual Conference for the Society for Social Work and Research, Seattle, Washington, United States.

Ariunsanaa.B, Zoljargalan.G, Jargalsaikah.T. (2018). *Bullying in Schools of Ulaanbaatar, Mongolia*. 22nd Annual Conference of the Society for Social Work and Research. Washington DC

Abstracts in Mongolian:

Zoljargalan G, Yerkyebulan.M, Ulaanemekh.N, Sugarmaa.M. (2023). Maintaining kinship communication: Effects of Sharing Old Pictures through social media. *Strengthening Comprehensive Care for Older Adults*. Scientific Conference in Gerontology and Geriatrics. National Center of Gerontology. Ulaanbaatar, Mongolia.

Zoljargalan.G, Otgon-Erdene.B, Jargalsaikhan.T. (2022). *Diabetic patients' assessment of chronic illness care*. Proceedings of the 64th Academic Conference in Public Health, School of Public Health, Mongolian National University of Medical Sciences. Ulaanbaatar, Mongolia

Zoljargalan.G, Saranzaya.E, & Jargalsaikhan.T. (2017). *Risk factors of youth bullying*. Social Work and Social Well-being International Conference proceedings, Ulaanbaatar, Mongolia

Books and manuals (In Mongolian):

Zoljargalan.G. (2023). *Chapter 5: Community-based programs to prevent youth violence*. Prevention of youth violence: Theories and methods. TOTO Press, Ulaanbaatar

Jargalsaikhan.T, Zoljargalan.G, & Ariunsanaa.B. (2017). *Prevention of youth violence*, TOTO press Ulaanbaatar,

Zoljargalan.G, Uyanga.Ch, Tsendsuren.Ch, & Erkhembayar.T (Eds). *Social work practice in correctional institutions*. Ulaanbaatar, 2015