

# LELAND HIGH SCHOOL COUNSELOR PACKET

## CLASS OF 2026

### Counselor Packet Checklist

- My packet is typed, printed, and stapled (**with my transcript attached**)
- My cover sheet has accurate deadlines
- I understand that Common App documents **CAN NOT** be submitted until I complete the **FERPA waiver** in Common Application
- I understand that packets will **only** be accepted during tutorial in the CRC on the following dates:  
**Early Action/Early Decision Deadline: 09/05/2025**  
**Regular Decision Deadline: 09/26/2025**  
*\*Not having a 1st or 2nd period will not excuse me from missing the deadline*
- I have requested my teacher recommender(s) and counselor on Common Application using their official SJUSD email
- I understand that I will be assigned a counselor recommender on the day I submit my packet. **And only then** should I request recommenders on Common Application

***You will be assigned a counselor when you submit this packet.** Please remember that since your assigned counselor may not know you very well, they need to use the content in this packet to accurately submit any forms needed for your college applications.*

*A quality packet is a quality evaluation!*

**BEGIN PRINTING AT PAGE 2 OF THE DOCUMENT  
DO NOT PRINT PAGE 1 OF THE DOCUMENT**

Assigned Counselor:

# COUNSELOR PACKET

## Cover Sheet

<b>Student's Full Legal Name:</b>	
<b>Student's Preferred Name:</b>	
<b>Student ID Number:</b>	

<b>Have you qualified for an SAT/ACT fee waiver or free/reduced lunch?</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Are you a first-generation college student?</b> <i>(parent or legal guardian has not completed a bachelor's degree at a four-year college/university)</i>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Are you a member of DCAC?</b> <i>(Destination College Advising Corps)</i>	<input type="checkbox"/> Yes <input type="checkbox"/> No

### Academic Integrity

**Have you ever been in violation of the academic integrity policy at Leland?**

*This includes cheating violations, recording classes, sharing private class assessments, or using resources not permitted by teachers.*

Yes  No

I understand that recommendations are confidential and dependent on the accuracy of student information. If I am found to be in violation of the school's academic integrity policy as determined by the administration, my recommenders have the right to rescind my recommendation.

**By signing below, both the parent and the student acknowledge their understanding of this statement.**

**Student Signature:**

**Date:**

**Parent Signature:**

**Date:**

**Indicate your first application deadline:**

*(Excluding UC/CSU deadline)*

MM/DD/YYYY

**ED I School & Deadline (if applicable):**

Name: \_\_\_\_\_

MM/DD/YYYY

**ED II School & Deadline (if applicable):**

Name: \_\_\_\_\_

MM/DD/YYYY

# COLLEGE LIST

List all schools that require counselor documents (secondary school report, initial transcript, etc)

College Name	Deadline <i>List the actual deadline, not your preferred deadline!</i>	Deadline Type <i>Choose from the dropdown below</i>	Submission Method <i>Choose from the dropdown below</i>
Ex: Sample University	Nov 1, 2025	Early Action -	Common Application -
	Date	Select -	Select -
	Date	Select -	Select -
	Date	Select -	Select -
	Date	Select -	Select -
	Date	Select -	Select -
	Date	Select -	Select -
	Date	Select -	Select -

University of California (UC) Applications <i>Please check off all schools you are applying to</i>	California State University (CSU) Applications <i>Please check off all schools you are applying to</i>
<input type="checkbox"/> UC Berkeley <input type="checkbox"/> UC Los Angeles <input type="checkbox"/> UC San Diego <input type="checkbox"/> UC Davis <input type="checkbox"/> UC Merced <input type="checkbox"/> UC Santa Barbara <input type="checkbox"/> UC Irvine <input type="checkbox"/> UC Riverside <input type="checkbox"/> UC Santa Cruz	<input type="checkbox"/> CSU Bakersfield <input type="checkbox"/> CSU Dominguez Hills <input type="checkbox"/> Cal State Fullerton <input type="checkbox"/> CSU Maritime Academy <input type="checkbox"/> Cal Poly Pomona <input type="checkbox"/> San Diego State <input type="checkbox"/> Cal Poly SLO <input type="checkbox"/> CSU Channel Islands <input type="checkbox"/> Cal State East Bay <input type="checkbox"/> Humboldt State <input type="checkbox"/> CSU Monterey Bay <input type="checkbox"/> Sacramento State <input type="checkbox"/> San Francisco State <input type="checkbox"/> Chico State <input type="checkbox"/> Fresno State <input type="checkbox"/> Cal State Long Beach <input type="checkbox"/> CSU Northridge <input type="checkbox"/> CSU San Bernardino <input type="checkbox"/> San Jose State <input type="checkbox"/> CSU San Marcos <input type="checkbox"/> Sonoma State <input type="checkbox"/> Cal State Los Angeles <input type="checkbox"/> Stanislaus State

## STUDENT QUESTIONNAIRE

*Type your answers directly into this document*

### 9th-12th GRADE ADVANCED COURSEWORK

(Accelerated, Honors, AP, College Level)

*If offsite, please specify*

COURSE NAME	GRADE TAKEN (9, 10, 11, 12)	FALL GRADE	SPRING GRADE	IF OFFSITE COURSE PLEASE SPECIFY HERE
		Select ▾	Select ▾	
		Select ▾	Select ▾	
		Select ▾	Select ▾	
		Select ▾	Select ▾	
		Select ▾	Select ▾	

### 12th GRADE SCHEDULE

*(include 1st and 2nd-semester classes)*

Period	Course Name	Teacher	Semester
0			
1			
2			
3			
4			
5			
6			
7			

### TEST SCORES (OPTIONAL)

*Please be aware that by listing your scores, you are giving your counselor permission to share this information in their evaluation*

Month & Year Taken	Type of Exam (SAT, ACT, or AP Exam) <i>list the full exam name</i>	Overall Score	Math Score	Reading Score	Writing Score	ACT Science Score

List 3 adjectives that best describe you (provide detail)
1.
2.
3.

INTERNSHIPS, SUMMER PROGRAMS, EMPLOYMENT			
<i>Describe the organization, your roles/responsibilities, and the process/requirements for obtaining this role</i>			
School/Employer	Paid (Yes/No)	Duration (Grade(s) involved)	Description
	Select ▾		
	Select ▾		
	Select ▾		

AWARDS AND RECOGNITION			
Award/Recognition Full Title	Year/Grade Received	Level of Recognition	Describe how/why you earned this recognition & how it was awarded <small>(Eligibility criteria, how recipients are chosen, and type of award received, such as athletic/academic, etc.)</small>
Example: Charge On Award: GRIT	2022 - 10th grade	Select ▾	My math teacher awarded me this award because I practiced resilience in their class by retaking tests, going to the tutorial to ask questions, and I was very proactive in class.
		Select ▾	
		Select ▾	

EXTRACURRICULAR ACTIVITIES			
<b>List all of your activities from most to least significant</b>			
<i>Examples include clubs, sports, hobbies, travel, languages, and community service.</i>			
Activity Name <small>(specify if the activity was at Leland or off campus)</small>	Activity Description & Position Held <small>(If a leadership position, please specify)</small>	Grade(s) Involved <small>(9, 10, 11, 12)</small>	Weekly Time Commitment
Example: Leland Varsity Soccer	Goalie	Varsity: 10-12th grade. Playing soccer since age 10	6 hours/week, 12 weeks per school year

<p><b>Pick 1-2 of the above activities to write about (3-4 sentences maximum):</b></p> <ul style="list-style-type: none"> <li>● <i>Think about your experience and what you accomplished/learned</i></li> <li>● <i>Did you hold a leadership role?</i> <ul style="list-style-type: none"> <li>○ <i>I.e., being a mentor to others, acting as a point person in charge of a specific task, or taking a lead role in organizing an event or project</i></li> </ul> </li> <li>● <i>Tell us why you became involved in this activity and why it is meaningful</i></li> <li>● <i>What did you learn about yourself while participating in this activity? Is your personality or character reflected in this activity?</i></li> </ul>			
<b>ACTIVITY 1:</b>			
<b>ACTIVITY 2:</b>			

**(OPTIONAL) ADDITIONAL COMMENTS**

**Note: What you share can be added to your counselor's evaluation**

If there's anything else you want us to know about your academic history and/or extenuating circumstances, you can do so in the space below.  
(Examples: Break in attendance, language/cultural barriers, hardships you faced that affected your academic performance...)

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