

## Mid-Wales Hillwalking Weekend

27<sup>th</sup> – 28<sup>th</sup> September 2025, Aran Mountains

A weekend in the Aran mountains of mid-Wales. The Aran mountains are in the southern end of Eryri/Snowdonia National Park – which is far larger than most people realise! Terrain 1 Training and assessment opportunities are on offer or feel free to use it as a base to get in some QMDs (quality mountain days). To keep costs down we'll be camping. We won't be backpacking or wild camping on this trip.

### Cost

Berkshire Scouts are providing this trip for free. You will have to pay for the campsite directly, see below.

### Food

Please provide your own food. There are pubs and hotels nearby (a drive away) if you don't want to cook.

### Transport

We rely on most people making their own travel arrangements. To make things easier if you need a lift or have some spare seats please let me know and I'll put you all in contact with each other. Budget for about £20 to cover your driver's fuel (your driver will confirm). Give this money to them, not me.

### Venue

The instructors are booked in to [www.hafoddywyllcampsite.co.uk](http://www.hafoddywyllcampsite.co.uk) please phone up or email them to book. The campsite is £7.50 per night and you pay cash (no card) on arrival. Alternatively, you can stay elsewhere and we'll all meet up each morning (the details will be emailed out closer to the trip).

### Programme

Saturday will be at least an eight-hour walk, the altitude and difficulty of which will depend on the weather conditions. There will be night navigation after dinner. Sunday will be shorter to enable everyone to get back home by the evening.

### Paperwork and Reservation

To confirm your place, you must complete this [online booking form](#) by 13th September. The campsite spaces are essentially unlimited but the practical limit will be the number of instructors available. If you book but can't attend please let us know ASAP so we can offer your place out.

### Risk Assessments

Please review the [hillwalking](#) risk assessment. As we're in Terrain 1 there will not be any ropework or steep ground. This risk assessment (and others) are also available at [berkshirescouts.org.uk/activities/hillwalking-unit](http://berkshirescouts.org.uk/activities/hillwalking-unit)

### Organiser Contact Details

Ralph Delaney, [ralph.delaney@epnscouts.org.uk](mailto:ralph.delaney@epnscouts.org.uk)

## Hillwalking Equipment List

This list is not exhaustive

- o Walking boots
- o Waterproof top and bottoms
- o Warm clothing
  - o Fleece tops
  - o Quick drying trousers (e.g. polyester or nylon. No jeans.)  
Either bring warm trousers or legging-type base layer to go under your trousers.
  - o Quick drying t-shirts (e.g. polyester or nylon. No cotton.)
  - o Include spares for on the hill.
- o Hat and gloves and spares
- o Day sack - 30-40l e.g. large enough for personal plus leader equipment
- o Compass (We have a few spares)
- o Head torch
- o Personal first aid kit
- o Toilet roll, lighter and trowel (leader kit)
- o Survival bag
- o Whistle
- o Water (min. 2 litres)
- o Emergency rations
- o Maps\*
- o Map case or zip lock freezer bag if using the printed maps
- o Lunch for both days
- o Midge repellent

#### Optional equipment:

- o Gaiters
- o GPS
- o Altimeter
- o Bothy bag
- o Thermos flask

#### Overnight Equipment

- o Sleeping bag (2/3 season) and pillow
- o Camping mattresses
- o Tent
- o Breakfast and evening meals
- o Personal cooking and eating equipment

#### \*The relevant maps are:

- Ordnance Survey Explorer OL23 or;
- Ordnance Survey Landranger 124 or;
- Harvey BMC Mountain Map Snowdonia South
- Harvey Superwalker XT25 Snowdonia South

Please feel free to email me or drop me a message in our Facebook group if you have any questions.  
[facebook.com/groups/berkshire.scouts.hillwalking](https://www.facebook.com/groups/berkshire.scouts.hillwalking)