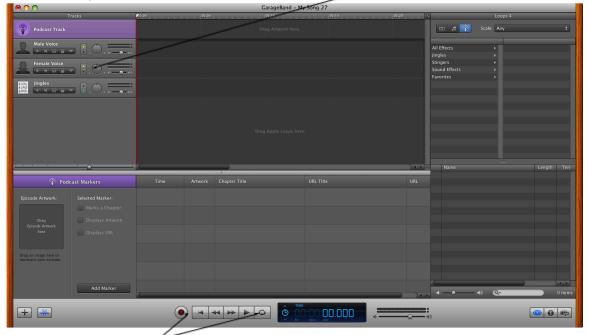
1. Open GarageBand, Click on "Podcast" then click "Choose", Give your podcast a name, save it to the desktop and click on "Create".

Recording your Voice Track

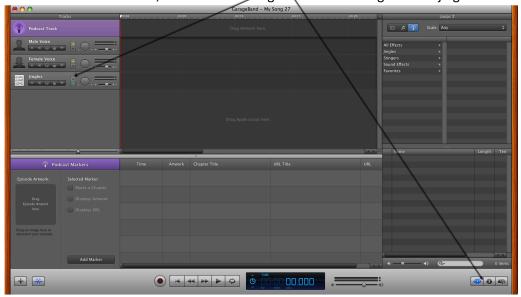
2. To record your voice, click on either the male or female voice track.



- 3. Now click on the red record button and begin speaking, when you are finished speaking, click on the blue play button to stop recording.
- 4. If you make a mistake and want to start over, simply click on your recorded voice track and press delete on your keyboard.

Adding Music

- 5. Click on the Loop Browser "eye ball" to see the Jingles.
- 6. Click on the name of a Jingle to hear it.
- 7. After you have decided on a Jingle, click hold and drag it to the Jingle Track.
- 8. You can add as many Jingles as you would like.
- 9. To move your Jingles just click on them and drag them to a new location.
- 10. To shorten a Jingle, move your cursor to the top right hand corner of the Jingle and the cursor will change to a circular line with an arrow, click hold and drag to shorten or lengthen the jingle.



Adding Images

- 11. Find the images you would like to add on the internet.
- 12. Save them to your desktop.
- 13. Click hold the image from your desktop and drag the image to the Podcast Track (at the top).
- 14. Shorten the length and move your images to match your voice track.
- 15. You may add as many images as you want and it will look quite nice if you get images that are less detailed.

Viewing Your Podcast

- 16. Make sure you have moved your Playhead (redline) to the beginning of your show before playing.
- 17. Click the play button.
- 18. Make any adjustments to volume controls, images, etc.
- 19. Save your Podcast
- 20. Click on "Share", click on "Export Song To Disk"
- 21. Make sure you save your document to somewhere you can find it, and then open it in iTunes.
- 22. Podcasts can be viewed in iTunes by double clicking on the file when it comes up in iTunes and then clicking on the square with a triangle in the middle and then maximizing that new window that pops up.