

## Nicodemus at Night - Meditation on Anti-racism

Let us focus on the encounter between Nicodemus and Jesus. Nicodemus is a person who is established in the community. He is a Pharisee and he has questions. He genuinely wants to find out more. He approaches Jesus at night to have a conversation with Him. Jesus openly receives him and shares some very important things. We ourselves should have the courage to go to Jesus and one another, and admit that there are things that we do not necessarily understand but want to understand.



Let us Begin.....

I seek Jesus at night,  
Seeking a safe place  
For my troubled question to land;  
Seeking a safe way to journey into the light.

I see  
the truth of myself  
Pour out  
upon his loving welcome.

Consider...

Who is your safe place?  
What are the qualities they possess?