



Wolverine Agenda

Sports Medicine 2

Week of Chapter 25 **Preventing and Managing Injuries in Young Athletes**

Objectives:

How can we recognize various structural deformities and deviations of the spine/head that may predispose an athlete to injury?

How can we recognize, assess, and evaluate common acute and chronic injuries to the spine/head?

What is the proper care, treatment, and rehabilitation for injuries spine/head?

How can we prevent spine/head injuries?

Chapter Activities (30%)			Quizzes (10%)			Tests (20%)			Digital Portfolio (40%)		
The assignments below will be helpful as you work through this unit.											
	Assignment	Due Date		Assignment	Due Date		Assignment	Due Date		Assignment	Due Date
☐	Chapter 25 Vocabulary		☐			☐	Chapter 25 Test		☐	Chapter 25 lab NFHS Learn ACL Prevention	
☐	Chapter 25 study guide		☐			☐			☐	Public service announcement on preventing injuries in youth	
☐	Chapter 25 Worksheet		☐			☐			☐		
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