# **Clinical Psychology**

Intro to Clinical Origin of disorders Method of treatment Use history/theories/Approaches Observing behavior Discussion with clients Collect Data Make conclusions Eclectic Approach

## Skills

Evaluate concepts/theories/perspectives of earlier units and apply to psych disorders Biological Psychological Sociocultural Common disorders And Treatment Conduct research Identify ethical flaws Collect data and Use data

## Preparing for AP Exam

Using Key terms and phrases correctly Students need opportunites to work with Scenarios Identify: how particular disorders are exacerbated or subdued in real world situations (diathesis stress) Students should be able to give general characteristics of disorders Students should be able to give characteristics of common treatments Students should be able to evaluate the strengths and weaknesses of each treatment Students should be able to explain why the treatment is appropriate Students need to identify which approach/perspective are associated with treatments Students need to be able to analyze research in relation to treatment SSBAT- students should be able to-Discuss ethics in treatment/Discuss ethics research Define the methods Discuss validity Discuss outcomes/conclusions Discuss research methodology in clinical trials

## At A Glance:

### **Psychological Disorders**

8.1 Introduction
Learning Target DSM V
Definition of Abnormal
Psychology and Law?

Confidentiality
Insanity Defense

8.2 Psych Perspectives

Etiology of Disorders (causes of disorders)

Review the approaches
Problem with labeling of psychological disorders
Rosenhan Study

8.3 Neurodevelopment/biological connections to Schizophrenic disorders

Major Diagnostic Categories

Neurodevelopmental Disorders Neurocognitive Disorders Schizophrenia Spectrum Psychotic Disorders

8.4 Bipolar DisordersDepressive DisordersAnxiety DisordersObsessive-Compulsive DisordersRelated Disorders?Diagnostic Categories/symptoms

8.5 Trauma and Stressor disorders Dissociative Disorders Somatic Symptoms Related disorders? Diagnostic Categories/symptoms

8.6 Feeding and Eating Substance and Addictive Personality Disorders

## Treatment

### 8.7 Introduction to Treatment of Psychological Disorders

History of Treatment- Charcot, Pinel, Thomas Szasz <u>http://www.choopersguide.com/article/mental-health-videos-mental-health-advocacy-thomas-szasz-my</u> <u>th-of-mental-illness.html</u> Firing Line Thomas Szasz <u>https://www.youtube.com/watch?y=Uzx2UWKyrM4&feature=emb\_rel\_end</u>

Contributions of: Aaron Beck Albert Ellis Freud Mary Cover Jones Carl Rogers BF Skinner Joseph Wolpe

### 8.8 Psychological Perspectives and Treatment of Disorders

Orientation = Approaches-Behavioral Cognitive Humanistic Psychodynamic Cognitive-Behavioral Sociocultural Summarize specific treatments for specific problems? Treatment is impacted by culture and ethnic factors Prevention Strategies = resilience

#### 8.9 Treatment of Disorders from the Biological Perspective

Summarize the effectiveness of Bio

#### 8.10 Evaluating Strengths Weaknesses

Empirical Support for Treatments of Disorders Individual Group Rational Emotive method Psychanalytic/psychodynamic method Client-centered method Cognitive Method Behavioral method Sociocultural method Biopsychosocial method Cognitive-behavioral method