

## Clinical Psychology

Intro to Clinical  
Origin of disorders  
Method of treatment  
Use history/theories/Approaches  
Observing behavior  
Discussion with clients  
Collect Data  
Make conclusions  
Eclectic Approach

## Skills

Evaluate concepts/theories/perspectives of earlier units and apply to psych disorders  
Biological  
Psychological  
Sociocultural  
Common disorders  
And Treatment  
Conduct research  
Identify ethical flaws  
Collect data and Use data

## Preparing for AP Exam

Using Key terms and phrases correctly  
Students need opportunities to work with Scenarios  
Identify: how particular disorders are exacerbated or subdued in real world situations (diathesis stress)  
Students should be able to give general characteristics of disorders  
Students should be able to give characteristics of common treatments  
Students should be able to evaluate the strengths and weaknesses of each treatment  
Students should be able to explain why the treatment is appropriate  
Students need to identify which approach/perspective are associated with treatments  
Students need to be able to analyze research in relation to treatment  
SSBAT- students should be able to-  
Discuss ethics in treatment/Discuss ethics research  
Define the methods  
Discuss validity  
Discuss outcomes/conclusions  
Discuss research methodology in clinical trials

## At A Glance:

### Psychological Disorders

#### 8.1 Introduction

Learning Target DSM V

Definition of Abnormal

Psychology and Law?

Confidentiality

Insanity Defense

#### 8.2 Psych Perspectives

Etiology of Disorders (causes of disorders)

Review the approaches

Problem with labeling of psychological disorders

Rosenhan Study

#### 8.3 Neurodevelopment/biological connections to Schizophrenic disorders

Major Diagnostic Categories

Neurodevelopmental Disorders

Neurocognitive Disorders

Schizophrenia Spectrum

Psychotic Disorders

#### 8.4 Bipolar Disorders

Depressive Disorders

Anxiety Disorders

Obsessive-Compulsive Disorders

Related Disorders?

Diagnostic Categories/symptoms

#### 8.5 Trauma and Stressor disorders

Dissociative Disorders

Somatic Symptoms

Related disorders?

Diagnostic Categories/symptoms

#### 8.6 Feeding and Eating

Substance and Addictive

Personality Disorders

# Treatment

## 8.7 Introduction to Treatment of Psychological Disorders

History of Treatment- Charcot, Pinel,

Thomas Szasz

<http://www.choopersguide.com/article/mental-health-videos-mental-health-advocacy-thomas-szasz-my-th-of-mental-illness.html>

Firing Line Thomas Szasz [https://www.youtube.com/watch?v=Uzx2UWKvM4&feature=emb\\_rel\\_end](https://www.youtube.com/watch?v=Uzx2UWKvM4&feature=emb_rel_end)

Contributions of:

Aaron Beck

Albert Ellis

Freud

Mary Cover Jones

Carl Rogers

BF Skinner

Joseph Wolpe

## 8.8 Psychological Perspectives and Treatment of Disorders

Orientation = Approaches-

Behavioral

Cognitive

Humanistic

Psychodynamic

Cognitive-Behavioral

Sociocultural

Summarize specific treatments for specific problems?

Treatment is impacted by culture and ethnic factors

Prevention Strategies = resilience

## 8.9 Treatment of Disorders from the Biological Perspective

Summarize the effectiveness of Bio

## 8.10 Evaluating Strengths Weaknesses

Empirical Support for Treatments of Disorders

Individual

Group

Rational Emotive method

Psychoanalytic/psychodynamic method

Client-centered method

Cognitive Method

Behavioral method

Sociocultural method

Biopsychosocial method

Cognitive-behavioral method

