		1	2	3	4	5	6	7	8	9	10	11
	Template of the Activities	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday	Sunday	Monday
5.30 am	Morning Drink		Morning Drink	Return to home								
6.00 am	Morning circle]	Morning circle									
7.00 am	Morning Kitchen time		Morning Kitchen time									
8.00 am	Breakfast		Breakfast									
8.30 am	principles for effective communication in English		principles for effective communication in English									
9.30 am	Students reflection		Students reflection									
10.30 am	Beverages]	Beverages									
10.45 am	Discusions in English		Discusions in English									
11.30 am	Students' Presentation		Students' Presentation									
12.00 pm	Kitchen Time		Kitchen Time									
1.00 pm	Lunch		Lunch									
2.00 pm	Interactive Sessions and Students' Presentations		Interactive Sessions and Students' Presentations									
3.00 pm	Interactive Sessions and Students' Presentations		Interactive Sessions and Students' Presentations									
4.00 pm	Interactive Sessions and Students' Presentations		Interactive Sessions and Students' Presentations									
5.00 pm	Evening circle	Inauguration Ceremony of The workshop	Evening circle									
7.00 pm	Kitchen Time	Inauguration Ceremony of The workshop	Kitchen Time	Closing Ceremony of the workshop and certificate								
8.00 pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	awarding Return to home	

8.30 pm	Cultural Programs and Teachers' Performance	Cultural Program Presented by Sri Lankan Teachers	Cultural Programs and Teachers' Performance	Cultural Programs and Teachers' Performance	Cultural Programs and Teachers' Performance	Cultural Programs and Teachers' Performance	Cultural Programs and Teachers' Performance	Cultural Programs and Teachers' Performance	Cultural Programs and Teachers' Performance	Cultural Programs and Teachers' Performance		
10.30 pm	End of the Day	End of the Day	End of the Day	End of the Day	End of the Day	End of the Day	End of the Day	End of the Day	End of the Day	End of the Day		
		F	Food and Accommodation will be provided at the resident training centre from 3.00 p.m. on August 4th until 11 a.m. on August 14th, 2023, free of charge.									