

Week 9: Overview

Welcome to Week 9! This week we'll be taking a deep dive into trauma. We'll define different kinds of trauma and look at their prevalence. After this, we'll talk about trauma-informed care - an approach to effectively working with people who have (and even who have not) experienced trauma.

Outcomes

This week's learning outcomes are as follows:

- Identify common kinds of traumatic experiences, the frequency and commonality, and who is most likely to experience them. (CLO 4)
- Describe the ways that human service providers try to address traumatic experiences. (CLO 1, 4)
- Compare and contrast trauma-informed care approaches with trauma-specific practices. (CLO 1)
- Explain trauma-informed care and provide examples of what this looks like in different settings. (CLO 1)
- Describe how working with people who have experienced trauma can impact Human Services professionals. (CLO 2)

The learning materials, activities, and assignments in this module will contribute to meeting the following course learning outcomes (CLO) as stated in the syllabus. Please refer to the Course Learning Outcomes and Alignment page for more details.

- CLO 1 - Analyze strategies that support client change.
- CLO 2 - Evaluate various Human Services (HS) careers and requirements for successful HS professionals.
- CLO 3 - Apply procedures for assessing needs of individuals, families and special populations seeking HS services.
- CLO 4 - Evaluate intrapersonal and systemic barriers that may inhibit optimal functioning for people receiving HS organization services.