Resources: Positive Power

Children's Books

I Like Myself, Karen Beaumont
The Knight and the Dragon, Tomi DePaola
The Rabbit Listened, Core Doerrfeld
Go Away Big Green Monster, Ed Emberly
Stick Up for Yourself!: Every Kid's Guide to Personal Power and Positive Self-Esteem, Gershen Kaufman and Lev Rafael
Puppy Mind, Andrew Jordan Nance
Just Ask: Be Brave, Be You, Sonia Sotomayor
Courage, Bernard Weber
In My Heart, A Book of Feelings, Jo Witek

Educator Books

Easy to Love, Difficult to Discipline, Dr. Becky Bailey
Anti-Bias Education for Young Children and Ourselves, Louise Derman-Sparks and Julie Olsen Edwards
Through a Child's Eyes: How Classroom Design Inspires Learning and Wonder, Sandra Duncan
How to Talk So Kids Will Listen and Listen So Kids Will Talk, Adele Faber and Elaine Mazlish
50 Strategies for Communicating and Working with Diverse Families, Janet Gonzalez Mena
The Goodness of Rain: Developing Ecological Identity in Young Children, Ann Pelo

Parenting Books

Unconditional Parenting: Moving from Rewards and Punishments to Love and Reason, Alfie Kohn
Who's Raising the Kids? Big Tech, Big Business and the lives of Children, Susan Linn
No-Drama Discipline: The Whole Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind, Daniel J. Siegal and Tina Payne Bryson

Websites

cde.ca.gov/ci/se/tselcompetencies.asp – California Dept. of Education Transformative SEL Competencies
commonsense.org/education/SEL – Common Sense Media – digital SEL resources, films to watch, family activities, packets
edtomorrow.com/today – Today's First Five - free warmups for PreK-12, first 5 minutes of class
educateforpeace.org – Educators for Peaceful Classrooms and Communities (EPCC)
edutopia.org – what works in education
everymondaymatters.com – free SEL curriculum for teachers
fairplayforkids.org – childhood beyond brands
first5california – promotes public awareness of issues about early childhood development
highscope.org – active learning that focuses on children's strengths and abilities
peaceeducators.org – Peace Educators Allied for Children Everywhere (PEACE)
positiveparenting.com – resources and information
zerotothree.org – positive parenting and child development