

I have studied at National Cheng Kung University (NCKU) for 4 months, and the courses I have chosen from the political science and general education department have benefited me greatly. During my studies, I gained a deeper understanding of European politics and international affairs through the course on Europe Politics and Government. My teacher also encouraged us to stay updated with European news, enabling us to stay connected with the world. This heightened my awareness of European issues and the dynamics between European countries, particularly the situation regarding the war between Ukraine and Russia.

In addition to politics, another sociology course sparked meaningful discussions and debates after each lesson. My teacher introduced us to fascinating thoughts and ideas from sociology and encouraged us to share our opinions on specific topics such as traditional sociology theories, history and memory, and authority. This deepened my understanding of sociological concepts. Furthermore, I participated in a course that focused on the social issues faced by Indigenous people in Taiwan. Each week, my teacher invited experts or professors from various fields to share their thoughts on topics including music, gender, politics, and discrimination related to Indigenous communities. Prior to this course, I had little knowledge about the Indigenous people of Taiwan, but it significantly broadened my horizons and provided insights into the real situations and current issues they face. In summary, studying at NCKU has been a meaningful and rewarding experience.

Regarding my personal goals, studying and traveling alone has not only made me more independent but has also encouraged me to interact with people from diverse cultures and backgrounds. I have become more confident in initiating conversations and engaging with others, especially during my solo travels and hostel stays. Through projects and presentations at NCKU, I have also honed my collaboration and communication skills, adapting to an unfamiliar learning system. My experiences in Taiwan have prompted reflections on the differences between Hong Kong and Taiwanese societies, such as how people treat one another, transportation systems, and the political environment. The emphasis on environmental protection in Taiwan has

also raised my awareness of these issues, inspiring me to utilize reusable cups and straws while minimizing unnecessary waste. As for my future goals, I aspire to learn from Taiwan's experiences, particularly its emphasis on environmental protection and eco-friendly culture, as well as the culture of humanistic care demonstrated within its society. I hope to bring these messages and values back to Hong Kong, spreading them among the public to foster a more sustainable and compassionate society.