Physical Education intent, implementation and Impact

The national vision is for: "All pupils leaving primary school to be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport."

Intent:

It is our intention when teaching an Inclusive Physical Education curriculum that we both engage and inspire young people to lead healthy and active lifestyles and broaden their experience of sport and fitness activities. Our intention is to give children the opportunities to develop their skills, knowledge and understanding and apply these in competitive situations, with the vision this provides them with lifelong learning skills. We strive to ensure that all our pupils receive a well-rounded learning experience when participating in different sporting activities, learning the importance of health and wellbeing and equipping them with the necessary values and tools to achieve at St Roberts and beyond. It is our intention to engage pupils in the possibilities of sport to develop a passion for being active, healthy and the confidence to try new things and build resilience and determination with all they do. At St Roberts the Primary and Sports Premium funding is used to provide high quality specialist delivery of the PE curriculum to all pupils in the school and provide high quality CPD for teachers. This is done through the Morpeth Sports partnership and NUFC Academy.

Implementation

At St Roberts Catholic First school a wide range of sports and activities are offered to all pupils.

In EYFS, We recognise the importance of physical development. There are two strands under Physical Development: Moving and Handling and Health and Self-care. Children in the EYFS access time and space to enjoy energetic play daily in the outdoor learning area. The children also access specific physical development through timetabled PE lessons in Reception (in preparation for Year 1) which give the children the opportunity to learn and practise fundamental movement skills.

In KS1 and KS2 we provide opportunities for pupils to develop fundamental movement skills, becoming increasingly competent and confident. Over the course of the year this covers Multi Skills, Gymnastics/dance, Athletics and fitness, Attack and defence, strike and field, net and wall games and football.

We are striving to ensure all pupils are able to engage in competitive and cooperative physical activities. Through the Morpeth partnership and NUFC Academy : KS1 and KS2 experience a range of increasingly challenging situations including competition, festivals, clubs and school games.

At St Roberts Catholic First School, we offer a range of after school clubs to ensure children are active and that they are given opportunities to learn new skills or to develop further. These include Football team, Dodgeball, Cricket, Tennis, Dance, Tag Rugby, football and Multi Sports.

Enrichment activities

Our PE Curriculum is enhanced in a variety of ways including: Skip4fit, Robinwood residential, Canoeing, paddle boarding, daily mile and bikeability.

Impact

We strive to ensure that our pupil's attainment is in line or exceeds their potential when we consider the varied starting points of all our children. Through our progressive skill based curriculum we are measuring the children's ability, striving for them to meet their age-related expectations for their year group. We intend the impact of our PE curriculum will ensure children will leave St Roberts prepared for the next step in their physical education and life beyond primary school.