

 I.E.S. SAN PABLO	I.E.S. "SAN PABLO" (SEVILLA)	
	HEALTHY FOOD HABITS	Curso 2022/2023

PROJECT/UNIT 4º ESO : HEALTHY HABITS , HEALTHY DIETS

SUBJECTS	Geography and History	Physical Education	English
Link to the Teacher's Document, Presentation, etc containing the sequence of activities done by students in class.	G&H Doc		English Doc
Link to some of the Students' final Outcome/s: poster, Presentations, video, etc (if any).	Students' outcomes: presentations and videos		
Objective/ Global Goal	<p>To learn about traditional food since 18th Century.</p> <p>To learn traditional healthy english recipes</p> <p>To understand what healthy and traditional food is</p>	<p>To understand what food is made of.</p> <p>To make better choices when cooking/ eating/ buying food.</p> <p>To prepare healthy recipes.</p>	To develop linguistic strategies to explain a healthy recipe.
Final task/s: short description	Video Recording and make and explanation of a healthy recipe	Video Recording of a recipe	Video Recording of a recipe
Sequence of intermediate	Find traditional and healthy recipes Make the recipes	Types of food Types of nutrients Diet(s): a follow-up	Food and nutrition vocabulary review.

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activities (enumeration)		Organisation of the diet: the Harvard Plate	My plate. Kitchen utensils and cooking related vocabulary. Steps to follow when writing a recipe. Creating the recipe in small groups. Oral skills practice before recording.
Contents	Nutrition History Food Recipes Healthy food	Nutrition Food	Food and Nutrition Health
Competences	Digital Comp Linguistic Comp Mathematical and Scientific / Technological Comp Learn to Learn Comp Social and Civic Comp	Digital Comp Linguistic Comp Mathematical and Scientific / Technological Comp Learn to Learn Comp Social and Civic Comp	Digital Competence Linguistic Competence Learn to Learn Competence Social and Civic Competence
Communication Skills (listening, Reading, writing and speaking)	Speaking Listening Reading	Speaking Listening Reading	Speaking Reading Writing Listening
Timing and number of sessions	2 sessions in class	7 sessions in class	2 sessions in class Preparation at home: 2 hours
Coordination with other subjects	Coordination with Physical Education and English	Coordination with English and History and Geography.	Coordination with Physical Education and History and Geography.
Use of New Technologies (ICT)/ Use	Project done in group (2 - 3 people per group)	Cooperative: breakout, genially	Yes

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Cooperative learning? Yes/No	Use of interactive resources (CANVA, Genially, video recording...)	virtual boardgame and TPR. Video recording of their recipe	Project in pairs or groups of three people Video Recording of a recipe
Resources	ICT and teacher resources/explanations and material provided by teacher and english assistant	ICT and teacher resources/ explanations	ICT and other material provided by teachers.
Final Assessment / Rubrics		Rubric	Speaking rubric.