



**Belton JV INVITATIONAL**  
**APRIL 22<sup>nd</sup> 2024**

- LOCATION: Southwick Stadium. 813 W. North Ave. Belton, MO 64012
- MEET DIRECTOR: Kim Robinson (816) 405-8211 [kd Robinson@bsd124.org](mailto:kd Robinson@bsd124.org)
- Head Coach/Athletic Director: Jeff Fogel [jfogel@bsd124.org](mailto:jfogel@bsd124.org)  
George Shrum [gshrum@bsd124.org](mailto:gshrum@bsd124.org)
- STARTERS: Dan & Mary Cromer
- GAMES COMMITTEE: All Head Coaches
- CONFIRMED TEAMS: Belton, Grandview, Ruskin, Odessa, Oak Park, Raytown, Wyandotte, Pleasant Hill, Warrensburg, NKC, Winnetonka, Heartland
- START TIME: Coach's meeting 3:30 pm; Field events 3:45; Running events 4pm.
- ENTRY FEE: \$175 per team, \$350 for both men's and women's team. Make checks to Belton High School. 801 W. North Ave. Belton, MO 64012. Attn: Athletics
- ENTRY INFORMATION: All entries will be completed through Mo Mile "Belton JV Invitational"
- ENTRY LIMITS: **Teams may enter up to 3 entries per event and 1 relay team.**
- ENTRY DEADLINE: **Sunday, APRIL 21st NOON**
- SCRATCHES/SUBS: SCRATCHES ONLY ON THE DAY OF MEET. NO ADDITIONS OR SUBSTITUTIONS PLEASE.
- AWARDS: Medal top 3 for each event
- SCORING: 10-8-6-4-2-1 for individual events. 10-8-6-4-2 for relay events.
- TIMING: Eagle Eye Timing
- SPIKES: Spikes must be 1/8" pyramid. Longer spikes will result in disqualification.
- FIELD EVENTS: Four final throws or jumps. HJ and PV will be "5 Alive" format.
- RESTROOMS: Available outside in east and west buildings.
- LOCKER ROOMS: Not available.
- TEAM CAMPS: Tents/Camps should be set up in the grassy area directly behind the west bleachers (behind press box). The south gate adjacent to shed will be open for athletes to pass through. Please clean team camps at end of meet. **Please do not use the turf for team camps.**
- TURF RESTRICTIONS: **No food, gum, colored drink, or sunflower seeds are allowed on turf.**
- WARM-UP: The infield turf area is for athletes warming up for events. Please do not allow your team to set up "camp" on the infield. Those athletes will be asked to leave the turf area. ALL athletes must be wearing masks unless they are actively warming up OR competing.
- TRAINER: Our athletic trainer will be on site and located close to finish line.



# Belton JV INVITATIONAL

## APRIL 22<sup>nd</sup> 2023

3:30

COACH'S MEETING – Shed on Southwest corner of field

3:45PM

FIELD EVENTS BEGIN

<u>EVENT</u>	<u>3:45PM</u>	<u>Rolling/5:30PM</u>
DISCUS	GIRLS	BOYS
SHOT PUT	BOYS	GIRLS
JAVELIN	GIRLS	BOYS
LONG JUMP	BOYS	GIRLS
TRIPLE JUMP	GIRLS	BOYS
HIGH JUMP	BOYS	GIRLS
POLE VAULT	GIRLS	BOYS

There will be a 75-minute time limit on horizontal jumps. 4 jumps “Cafeteria Style”

Shot Put, Discus, Javelin receive 4 attempts.

High Jump and Pole Vault conducted using “3 Alive” format.

**4:00 PM Start RUNNING EVENTS BEGIN (ROLLING SCHEDULE)**

3200M RELAY	GIRLS
3200M RELAY	BOYS
100M HURDLES	GIRLS
110M HURDLES	BOYS
100M DASH	GIRLS
100M DASH	BOYS
800M RELAY	GIRLS
800M RELAY	BOYS
1600M RUN	GIRLS
1600M RUN	BOYS
400M RELAY	GIRLS
400M RELAY	BOYS
400M DASH	GIRLS
400M DASH	BOYS
300M HURDLES	GIRLS
300M HURDLES	BOYS
800M RUN	GIRLS
800M RUN	BOYS
200M DASH	GIRLS
200M DASH	BOYS
3200M RUN	GIRLS
3200M RUN	BOYS
1600M RELAY	GIRLS
1600M RELAY	BOYS



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FIELD EVENT	WOMEN'S	MEN'S
SHOT PUT	BELTON/ Bandy	BELTON/ Bandy
DISCUS	BELTON/ Campbell	BELTON/Campbell
JAVELIN	<i>To be assigned</i>	BELTON/ Marcusson
LONG JUMP	Belton / Wilson	Belton /Wilson
TRIPLE JUMP	Belton/ Parisi	Belton/ Parisi
HIGH JUMP	Belton/ Guenther	Belton/ Guenther
Pole Vault	Belton / Fogel	Belton / Fogel

**4 X 100 EXCHANGE ZONES**

**1<sup>ST</sup>: Wyandotte**

**2<sup>ND</sup>: Ruskin**

**3<sup>RD</sup>: Belton**

**4 X 200 EXCHANGE ZONES**

**1<sup>ST</sup>:/3<sup>RD</sup>: Ruskin**

**2<sup>ND</sup>: Start Crew**

**BREAKLINE: BELTON**