

## WOMEN'S LEADERSHIP RETREAT

December 3-4, 2025

Chico Hot Springs, Pray, MT

\*Agenda subject to change

### **Wednesday, December 3**

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| 7:30 - 8:00   | Optional Restorative Yoga                     |
| 9:00 - 10:30  | Introductions, Connections and Opening Circle |
| 10:30 - 10:45 | Break   |
| 10:45 - 12:45 | <b>Build and Honor Your Personal Power</b>    |

In this exceptional time of change on personal, political, business, and community landscape, we need to lean into our own personal power to help us navigate the uncertainty with inner confidence, grace, and commitment to our deeper values.

This workshop is focused on participants revealing their own behaviors, beliefs, and experiences that make them feel powerful to enable you to bring out your best, most positive, and most committed energy and performance.

Based on the work of Mel Robbins, James Clear, Julie Diamond's Diamond Power Index, and James Kouzes and Barry Posner's The Leadership Challenge, this two-part course includes time for personal reflection, skill building, relating to colleagues and friends at the forum, and ways to catalyze action with people back home and at work.

Participants will leave this workshop with a clear understanding of their own relationship with power as well as a foundational understanding of their own power.

Offered by Hatton Littman, owner of SURF\_HL Consulting, LMT Flagship Program Trainer, Flagship 2017, M2019, recipient of the LMT Barbara Braided Hair Alumni Leadership Award.

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| 12:45 - 1:30 | Lunch and Break |
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- 1:30 - 3:00      **We're in this Together**  
 Sheri Jarvis, artist and Leadership Montana alumna, (Flagship Class of 2019, Masters Class of 2020, Indigenous Immersion Initiative Class of 2023) will lead an interactive art session that ties creativity to our work. Through her passion for connection and communication, Sheri uses art as a tool to spark meaningful conversations and inspire collective growth.
- 3:00 - 3:30      **Book Exchange**  
 The book exchange has become a beloved special tradition of the retreat.  
  
 Bring a wrapped book for the book exchange. This book can be anything and everything, off your shelf or from the store - it is all okay! Books shared in the past included historical fiction, classics, poetry, leadership development, beach reads and more.
- 3:30 - 6:30      BREAK – soak, walk, talk, read, rest.
- 6:30 - 7:15      Cocktail and appetizer reception
- 7:15 - 9:00      Dinner

**Thursday, December 4**

- 7:30 - 8:00      Optional Restorative Yoga
- 8:30 - 9:00      Group breakfast
- 9:00 - 10:45      **End of Year Reflection and Goal Planning**  
 Many women attend this annual retreat for this dedicated time of reflection and intention setting for the new year.
- 10:45 - 11:00      Break
- 11:00 - 12:30      Part 2 – Build and Honor Your Personal Power
- 12:30 - 1:15      Lunch and Connection
- 1:15 - 2:15      **Wise Women in Transitions**  
 The details of this session will be built on the feedback we receive from the women that register to attend the conference. After registration you



will be sent an email asking about your distinct life phase or life phase transitions.

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| 2:15 - 2:30 | Final Reflections |
| 2:30 - 3:15 | Closing Circle    |
| 3:15 - 3:30 | Wrap up and Exit  |