

SPARKS NEWSLETTER

JANUARY 2023

As we embark on this new year, our main focus has been on encouraging our Sparks Heroes to practice various Grace and Courtesy exercises. For example, we have been demonstrating, role-playing as well as modeling behaviors of Practical Life activities that align with this objective.

We have been giving emphasis on daily practice exercises on using an inside voice, demonstrating walking feet in the studio, using both hands to carry work/objects, caring for their environment, coughing/ sneezing in the elbow, taking turns as well as being kind and respecting others and their space.

Children between the ages of 2.5 to 6 yrs are in a sensitive period to learn courtesy and manners. This is a crucial time for children to learn and exhibit these traits. Children of this age have a natural desire in them to be gracious and courteous. As



Grace & Courtesy:

Helping Our Children Learn Self-Discipline

Montessori guides and parents, it is our responsibility to support this fundamental skill and foster this natural tendency.

By developing all these skills, they learn to conduct themselves with dignity and respect and to be polite towards themselves and others. This creates a sense of peace and harmony in their natural world.

27 January 2023

As parents, you can help our Heroes cultivate some of these practices in their home environment as well. Examples of this include, having proper table manners, cleaning up after a "mess" they've created and encouraging them to walk up to you rather than calling from afar.

Another way we can unite in our mission is to encourage our Heroes to use an "indoor voice" at home. Learning how to modulate your voice and tone is a learned skill and we all benefit from a quiet and peaceful environment.

UPCOMING EVENTS :

Parent Teacher Boot
Camp on Wednesday 8
February 2023 from
4.00-5.00 pm