

Finding Truth In Reflection Your Destiny Fueled By Conscious Intentions Of The Heart
Mind Soul Union Transcription by Pocket edited for accuracy by me

Amy:

Oh, hello.

Welcome to today's messages!

Okay, let's tune in first?

Yes.

yes yes yes yes

I hope you are well and good and feeling the love, 'cause this is the love channel
where we drizzle our love sauce everywhere we go.

Right?

And remove our love sauce from anywhere that is

Taking advantage of it, right?

"Okee bye"

Okay, what do we got here?

Virtue.

You acknowledge your loving, spiritual attributes that encourage others to grow.

Beautiful.

It's the Love sauce.

Drizzling the love sauce.

Is it a weird color?

Am I weird color right now?

I can't tell.

The light's weird maybe?

I don't know.

Whatever.

Whatever, right?

I am what I am,

I yam what I yam

Remember, Popeye.

I ams what i ams

Something like that,

Oh, what's this guy?

Let's see.

Get out.

It's just Solace again.

Okay, number one.

This came out yesterday.

Your solace, your connection, your loving and spiritual attributes, right?

That you cultivate and nurture during your periods of connected stillness, right?

Calm, peaceful,

uh, regulation.

The practice
of self-care and peace. right?
You wanna live in a peaceful world.
There's a baby deer.
I guess they call them a fawn

Two.
Ah ah ah,
Cute.
And mama close behind?
or already in there.
And I missed her
Or babies were frolicking while she was napping.
Okay.
This message brought to you by Fawns.
Let's see what
the Arcturians has to say for our soul.
Love.
Connectedness, okay.
Connected, not connectedness.
Connected.

But being connected to your higher faculties, virtues, attributes.
What?

We got one that flew over here, and it's Mannaz.
Family, kin,
partnership, I think.
How one affects the many?
Let's just read what it says in the book, how about?
What we got?
Manas, yeah.

Humanity, intelligence, awareness, society, and learning, okay?
This is part of you acknowledging your loving and spiritual attributes that encourage others to
grow, right?
And the solace and connectedness that allows for you to be that beacon, to be that steady
example
of the love.
Of the love, okay.
Uh, rational mind and intelligence rather than emotion and instinct.
It is a time for mind, memory, and learning.
It references the seed of divine intelligence in the human soul and our united collective potential.
And this is it, right?
We are all little seeds from the same dandelion plant, drifting around and planting and growing
in the areas where we are meant to, and thus covering another area.
This is that connectedness, interconnectedness.

Of all the things.
Ok, okay, Well then
Let's get some tarot.
That's crazy.
Connected and Solace.
Both came out in yesterday's reading.
So like, the continuation.
Okay, and the first card out is the hierophant, which, which speaks about self-mastery,
dedication, contracts, learning, right?
The master and the student.
The student becomes the master once they recognize that they don't know everything, that
there's, that there's way more to learn, right?
This is that lifelong
dedication to expansion, and you do that by learning, right?
We've got to keep taking in information, processing, acclimating, integrating, releasing.
This is how we expand and meet new versions of self.
okee
So that's nice.
Contracts.
Old ones, new ones.
Internal, external.
Right?
The sacred oaths that you make
with yourself, with your higher self.
Okay, we got a clump.
Let's just look at it.
Let's look at it.
So we've got the nine of cups at the top of the clump, okay?
I feel like this may be what has led to or is part of or whatever your process here.
So this emotional regulation, the momentum that you build,
um, by regulating your emotions, by curating and mindfully, willfully choosing, right? what you
add to your whole. ok
And we've also got the, um, nine of pentacles.
We've got two nines.
Boo-de-de-ba-de-de.
This is your tending to self.
You're tending to your physical, um, dimension.
So your home space, your work space, your body space, your mind space, your spiritual
connection space. ok
So these two beautiful things together, this is kind of like the,
um, backbone process of becoming a beautiful master of self-mastery, right?
Balancing your emotions, um, becoming independent, holding your own, uh, tending to your
gardens. Right?
Then we got the knight of cups.

Okay, This is information that moves towards you.
This could be external, internal, right?
Information, great ideas, insights, inspirations, aha moments, physical offers, job opportunities, um, collaborations, right?
All of the beautiful things that want to come towards you.
Oh, like the two of cups.
You can make it if you try.
Okay, so whether.
whatever this is that is coming to you, it is leading you to beautiful, reciprocating, um, mirrored, balanced, gorgeous relationships of some kind. ok?
Of the gorgeous kind.
Oh.
And we got the ten of pentacles behind that, so that's gorgeous.
And the four of cups.
Okay, and the ace of swords.
Wow.
This one is the, um, finding balance and stability with your self-reflection, and this goes part and parcel, I feel like, with this, right?
This is part of your process of what do I contribute to my momentum of gorgeousness, and what do I need to release?
What do I need to let go of, right?
What do I need to pour into the earth and ground it?
And the ace of swords.
This is you, the actions that you take to, to, um, claiming your destiny, right?
The sword from the stone, um, can only grant kingdom to.
Sorry, okay, there's a, flock of, flock of birds.
Um, they can only.
the sword can only grant kingdom to whomever pulls it.
It requires somebody stepping up and pulling it out and claiming it, right?
And- There's no guarantees.
Just because you step up and you pull it doesn't automatically mean that you're going to succeed in pulling it and, um, claiming it.
But this is it.
There are some things that are for us and some things that are not.
And if you were to discover a- through your action that the thing is not for you and then never try again, right?
"Oh, I tried once, it wasn't for me. " Well, keep trying till you find the one that is, right? ok
Something about that, but also your sword of truth.
I want to say you speaking your truth.
Speaking your truth clearly and concisely, this is part of the connectedness.

Your truth in line with your core values, virtues, or attributes, right?
Oh dares a Mimers
SHe's just sittin there
Watching the birdies.
Oh, Jesus.
Oh, we got another clump.
Okay, what's this one?
We got the Six of Wands, the Two of Swords, and the Page of Swords.
What I'm getting from these three is this action and the balance with your action, right?
We've got the sword being pulled.
You've succeeded in pulling the sword, and now you are stepping forward.
Now you are
taking on the role that you have acquired through your
efforts, right?
And because the page energy here is very much this new, not quite confident, right, but finding
confidence.
This is the equivalent of the feminine,
um, energy.
Uh, youthful feminine energy, like the princess or the queen, right?
Learning how to discern, learning how to set boundaries clearly, learning how to s- to speak
your truth, to be led by your truth, right?
And
being able to determine which way is going to best serve your overall balance, right?
Knowing when to rest and when to rise.
We've got the moon tool and the sun here, and this,
uh, active
combining, balancing, right?
Balancing.
So I want to say acclimation period
as you are moving.
Um, I think balance is important here.
As it always is, right?
Balance is key.
You gotta know when to hold them.
Know when to fold them.
Know when to walk away.
Know when to run.
Beautiful.
This is you.
This is you, the overflowing cup.
This can also be an offer,
something new, a new way of engaging, a new way of being.
This is your love sauce that is overflowing, that you are drizzling everywhere you go, right?
Encouraging others to grow.

Beautiful.
This is your destiny.
Look at these aces.
To overflow.
To be of service, right?
Up on offer, but not.
We do have the discernment
and the looking within to make sure that you are only pouring into yourself liquid sunshine that is
going to overflow, right?
This is your dedication to your connection, to your solace, right?
And ultimately, this is the gift that you give
to the world through your example,
through your holding of resonance, right?
Of the frequency.
It's Giving me Empress vibes.
You're very much the holder of the frequency, right?
What is this?
Oh, interesting.
Now- How do I read this?
How do I read this, right?
This is the choice.
How do you receive
information that comes to you?
There's always multiple ways of looking at all the things, right?
And you are in a place of choosing mindfully
what you
fill your cup with.
So, you know, you could read this as, "Oh, heartache and pain is on its way to me. " No, no.
You've come too far.
You've done too much work.
You've healed too much.
The old things that used to be can no longer, right?
Once you've seen behind the curtain and know that the wizard is a little scared old man, the
smoke and mirrors,
um, and attempts to intimidate through visual manipulation just doesn't work.
You're like, "I, I know that this isn't real, so you have no power over me," okay?
And so,
right, you choose
what you focus on
and how
that attention affects your world, right?
But you're being mindful.
You're dedicated to self, to your overflow, to your destiny, to your truth, right?
The truth of your heart

and its connectedness.

I feel like because you have healed wounds of the past,
because you are able to recognize the stepping stones,
the process of expansion that you needed to go through
in order to release yourself, in order to stand stronger, um,
contributes to the amount of energy that you have available to you, right?

Focusing on

pains of the past

doesn't change the past, but it certainly affects your future and affects your now.

Don't keep giving the past your now power.

Claim that, reclaim that, and direct it into yourself so that you can radiate that out and affect the
world with your gorgeousness.

Okay?

Momentum.

Peace.

Don't give the past any more power over you.

And put the pains of the past away.

This is alchemy.

This is release.

This is wisdom

through experience.

This is will power.

Right?

When you have those

returning thoughts in your brain

that make you feel disempowered or weak or

a victim,

choosing otherwise,

releasing it, letting it go, right?

This is part of

your

self-mastery and loyalty,

your dedication,

your devotion to your heart.

Theres a Fairy

Who dis?

The Singer of Intuition, a number seven.

Whoa.

Where is it going?

The Singer of Intuition.

Perceptiveness, oracular powers, awareness, and trust.

In a reading, the presence of the Singer of Intuition indicates that information is available to us if
we will just listen to our own inner knowing.

Perhaps we have already heard it and still doubt our subtle senses.

The Singer says this is a time to really listen to our intuition.

What are our-- what are Our feelings, hunches, or intuitions about this situation.

It is desirable that we should seek solitude, meditate, and practice stillness and patience.

This is a time for inward focus, a time to open the inner door to intuition.

There are a lot of ins in the sentence because important answers are to be found within ourselves.

The presence of the singer-- of this singer in the card spread radiates special illumination and insight on the other cards around it.

Okay, so it's making this one
stand out even more significantly, right?

First and foremost, it is your devotion to self, self-mastery, expansion and love, right?

To your heart, to your connection.

And

That's better

That's better.

We're grounding in our choices.

We are being be-

Making sure we are grounded before making choices.

Checking in

and running with

the ones that

feel good, the ones that feel good.

Not to be mistaken, right?

The unknown, the little bit of excitement, the uncertainty.

Very similar vibes, right?

Between fear and excitement.

There's a little bit of fear and excitement because of the unknown, because you are left to have faith and trust.

And that can be scary, right?

But it's also what we live for.

The world is your oyster.

What are you gonna do with the pearl?

Okay, Oyster.

It's a water, obvi.

Patient, secret keeper, hiding inner treasures.

Remember

all the ins, right?

The focus and determination of the oyster is unmatched.

Anything an oyster personality puts their mind to, they achieve with grace and charm.

There's that confidence removing your sword of truth.

They achieve with grace and charm.

The only problem is oyster types often take their inner gifts for granted.

They become shy or doubtful, and this can lead to withdrawing or protecting their deepest desires and life's work.

When the oyster card appears, it's important to reveal your inner treasures.

What is it you've been hesitant to share?

The world is waiting to see.

When in balance, feels blessed, generous, masterful.

When out of balance, reluctant, gripping and clams up.

To bring into balance, share something. Interestingly, while listening to that I was reminded that a video came across my vision about an animation and soundtrack that was lost and withheld
<https://www.instagram.com/reel/DbUVhjzDxju/?igsh=MWV4OWN4NzI3N2Y3dA==>

Share some of your gorgeous, loving and spiritual attributes to encourage others to grow, right? But you do it in a way that is by example and not by force-feeding anybody, because we need to let people arrive at.

Everybody has their free will.

You can't force someone else to do the work.

They got to do it themselves because they are the ones who suffer and reap the consequences of their journey, right? Choices and action

Okay, it that it?

Let's, do a couple of these.

Um, do we want another oracle?

Oh, maybe a crystal card?

I'll throw a couple

of these down

Like that.

Like those

Is that some kind of bird out there?

Okay, we've got contemplate.

Okay, beautiful.

Consider your choices.

Tap into your intuition.

Look at this figure.

They're not looking with their eyes, right?

They are trusting their connection.

They are connecting, grounding before deciding, contemplating.

Okay, we got blessing!

On the Ten of Pentacles and the Two of Cups.

We also have divine timing on those things as well.

So that tracks.

What are these two?

Surrender and patience.

You can't make it up.

It's a gift.

Surrender to the process.

Surrender to your unfolding.

Be patient.

And allow. Right?

Ok

okay

Where? Where? Where?

oh

dare.

Uh-oh.

We got a couple extra cards here. What?

oh

You guys.

Get over there.

We're gonna get a crystal card here.

ok

We got two crystal cards, a 5 and a 43.

Okay, 5 and 43.

What you got for us, 5 is?

Illusion.

The desire of clarity and inner guidance.

You are guided.

You are guided, you.

Hmm.

Maybe you are guided to ascertain the motivations of those involved in your current situation, as everything is not as it appears.

Ooh.

Sorry, I just have to get my red pen out and slice that word out.

Um, are your feelings aligned with your highest intent, or are you repeating an existing life pattern?

Mm.

We wanna know.

This card sing- signals an opportunity for change and encourages you to seek a deeper connection to your loving inner self.

Confirmation's all over.

The quiet voice of your heart knows the truth of all things and is the ultimate source of guidance.

Take the time to meditate and pursue activities that support your inner connection.

Are you picking up what Spirit's throwing down for you?

Seek guidance from within and trust the quiet, loving voice of your heart.

Beautiful. And a 43, which is communication.

Contact, connect,

and engage.

Effective communication is the basis for personal growth and change.

It a- provides the knowledge to evolve beyond the beliefs and behaviors of the past.

Communication comes in many forms and may be received through symbols, language, or intuition.

Trust your inner guidance and know that the information you have rec- been receiving will continue to redefine your reality.

Your spirit guides rejoice and wish for you to know that further clarity will be gained.

Engage the world with humility and compassion as you revel in life's journey.

Your desire to connect with the deepest levels of universal understanding will expand your light throughout this world and beyond.

Okay?

Wow,

wowwowwowwow

Gorge.

Gorgey porgey.

Pudding pie.

Ok, Let's get a couple love messages.

Ooh, wow.

Sorry.

I Sorry.

Okay, wow, ok I'm not gonna touch anything 'til I show you what happened over here, okay?

But let's put some charms down first.

Put some charms down first.

Okay, look.

Look.

All in divine timing.

This is what confirmation looks like, okay?

Look at this.

Look at this beautifulness, okay?

And this confirmation of your transformation and your tending of your physical and your connection to your dragons, okay?

Dragons help to transmute dense energy.

This is what we do when we tend, because, you know, there's a lot of dense energy in the world.

Okay, look at this.

Yes!

This is this tree, okay?

And your gorgeous overflow is Helping it grow beautifully.

This is a result of the work that you have done, that you do regularly.

Your inner connectedness.

Ohhh! we got a witch here.

Okay, so this is confirming you flying.

Okay, and trusting in your intuition.

You are magical.

Believe it.

We got your flow.

Okay, going with the flow, the solace.

Don't force action.

Flow.

Flow action.

Okay, we also have the community quarrel.

So something about your emotional regularity is, um, building momentum towards your soul tribe.

It is allowing you to tune in to frequencies where like-minded regulated nervous systems also are just gorgeous.

What is this? I don't know if you're walking away from love or you're focusing on other things.

Um, if you're protecting love.

Whatever you're doing, you're speaking your truth and you're building confidence as you go.

Surrender to the cheetah.

Okay, to the process.

Things will happen fast, um, the more you surrender to it, which tracks because when you are in a surrendering state, you are in an allowing and a receiving state, right?

And whoa, all this fast-moving energy.

Okay, something about flying, but I also want to say the balance between the air and the land, right?

This bird's-eye view and the on-the-ground running and,

uh, catching wind. I don't know

Catching wind.

Okay, what else we got ?

Sexy bath time.

Okay, part of your self-care.

Another place that you can go and, uh, reflect.

We've got to be present.

Okay, your present awareness in your now.

This helps to keep you here, right?

When you are stressed, worried about the past or the future, you're not in your present moment.

Be present.

Be the love in the present.

Connect to the present.

And trust the process.

All things will be revealed.

Trust what you have done.

Trust what you have put out there.

Trust your, um, maintenance, your devotion, and your gorgeousness. ok?

Your truth and how you wield it.

Yes wow ok

That is what I have for you today.

Trust your intuition, right? yes

Love and appreciate you all, and hope to see you next time.

Bye for now.

Core Thesis

The current energetic cycle emphasizes self-mastery through emotional regulation and the mindful curation of one's "inner garden." By releasing the power of past wounds and grounding in the present, one transitions from a student to a master, allowing an "overflow" of love and spiritual attributes to naturally encourage others to grow.

Spiritual Intelligence & Archetypes

The session integrated several symbolic frameworks to map the current transition:

- Manas & Solace: A call to move from instinctual emotion to divine intelligence. Solace is found in "connected stillness," which serves as the foundation for becoming a steady beacon of love for the collective.
- The Hierophant: Represents the lifelong dedication to expansion. It signals a period of integrating new information and honoring sacred internal contracts.
- The Nines (Cups & Pentacles): A powerful alignment of emotional regulation and physical independence. This "backbone process" involves tending to the home, body, and spiritual connection simultaneously.
- The Ace of Swords: The "sword from the stone" requires an active claim of destiny. Success is not guaranteed by the attempt alone, but by the persistence to find the truth that aligns with core values.

Key Insights & Nuance

- The Illusion of the Past: Focusing on past pain is identified as a drain on "now power." Mastery involves recognizing that once the "smoke and mirrors" of past trauma are seen for what they are, they lose their power to intimidate or manipulate the present.
- The Singer of Intuition: A specific directive to seek solitude and trust subtle hunches. The "answers are found within," suggesting that external validation is currently secondary to inner knowing.
- The Oyster Archetype: A warning against "claming up" or taking inner gifts for granted. The path to balance involves sharing inner treasures with the world by example rather than by force.
- Divine Timing & Flow: The appearance of the "Cheetah" and "Flow" charms suggests that while action should not be forced, once surrender is achieved, events will move rapidly.

Open Questions & Blind Spots

• Discernment in Communication: The "Illusion" card suggests that everything in a current situation may not be as it appears. There is a need to ascertain the true motivations of others involved.

• Balancing Perspectives: The reading asks, "How do you receive information?" highlighting a choice between viewing incoming news as "heartache" or as a necessary stepping stone for expansion.

Guidance Summary

Path to Self-Mastery

start::Is the thought/action empowering?

• Yes => proceedWithLove

• No => releaseToEarth

proceedWithLove::Radiate & Overflow

Maintain the frequency; your example encourages others to grow.

releaseToEarth::Alchemy of Release

Reclaim your "now power" from the past. Choose a new focus.

The Process of Expansion

Stillness | Cultivating Solace | Nurturing attributes during periods of calm and peaceful rhythm.

Regulation | Tending the Garden | Balancing emotions and physical space to build momentum.

Action | Claiming the Sword | Stepping forward with confidence, even if the role feels new (Page energy).

Surrender | Allowing the Overflow | Drizzling the "love sauce" everywhere as a natural result of being full.