

## Fascinations

Write 40 Fascinations about Martial Arts, learning about a certain technic, or the benefits martial arts

1. 7 simple steps to start fighting like Bruce Lee
2. This sneaky technique increases your punching power by 80%. (Grand Masters don't want you to know this dangerous move!)
3. What Grand Masters don't want you to know.  
A simple, yet dangerous knockout technique
4. Why Pro MMA fighters always start their training the same way, and why you should too
5. How to Double your punching speed in only a few days!
6. The Truth about heavy contact sports
7. The secret to winning any street fight. You will fear no one!
8. What Never to Do in a street fight... Plus the easiest way to knock someone out
9. This move will put your opponents to sleep.
10. Does fear stop you from achieving success? Build unbreakable confidence with 5 simple steps
11. WARNING... these mistakes will get you hurt. 3 Martial Arts lessons **every** person must know!
12. WARNING, only a high-value man possesses these skills. Do you?
13. Take *control* of your life. Sharpen your mind and body with these 3 steps.
14. Most people are inherently good at fighting, right? WRONG. See if you are capable to defend yourself with one crucial test.
15. Do you want confidence that gives you instant respect, no matter what room you walk in?

16. Do people look down on you? Are you tired of the Bull Shit? If you don't take these 3 steps you will lack the ability to change.
17. The only "hack" you need to read your opponent in a fight. You will win with ease!
18. Win with ease. The best trick to win any street fight.
19. What never to say before a fight. Plus a single word that will have them scared shitless.
20. The secret to a "1 min knockout", anyone can do it.
21. The single step to up your boxing game. (It's *not* more training)
22. The truth about streetfights, and why you shouldn't avoid them.
23. Are you picked on by others? Take these 3 steps to change your life and fear no one!
24. Do you want confidence that makes heads turn? Gain respect with these 3 steps.
25. If you feel sad and unmotivated it's not your fault! You just haven't discovered these 3 things others are doing to *live* the life they want.
26. Do you want the kind of confidence that girls gossip about? Here is the one thing most guys get wrong...
27. An ancient experience that is humbling and extremely freeing. A must-try!
28. A liberating experience that monks have held secret for centuries.
29. Why streetfights will change your life for the Better
30. What most people get wrong about martial arts. The insight that will change your life
31. How to have confidence that people will fawn over, ... every time you walk into a room
32. Be the hero in your life and take sh\*t from no one. The **only** way to command respect...
33. "If you value your life and want to protect yourself and those you love, you'll definitely want to take this unorthodox approach."
34. How to find "Peace" through violence
35. Why Confidence is more than "what's in your head". What people don't tell you.

36. **Warning**..... this weird trick will end *any fight* in 30 seconds.
37. What Never to do if you want to build up confidence. Plus the one thing most men get wrong.
38. If you stay positive you will be more confident... right? ....*Wrong*, here is the number one mentality trap that most people fall for....
39. Do you dread going to school? Does the idea of school keep you stressed and tired?  
This one change in perspective will finally make you feel free...
40. How to *become* the fearless warrior of your dreams.
41. This simple trick will give you a massive confidence boost! (Life-changing)
42. Overcome fear and become the hero you were meant to be!