

IFS-I Approved Clinical Consultants

(Lead Trainer, Assistant Trainer, Other - availability highlighted)

Individual or Group Consultation hours with anyone listed below will count towards IFS-I Certification.

Name	Clinical Interests	Availability (individual/group)	Add'l Info	Contact info
LEAD TRAINERS				
Frank Anderson				
Osnat (Osi) Arbel				
Fran Booth	Trauma Attachment issues, Cancer and medical concerns, death and dying, Binge eating Difficult protectors.	Available for short term consultation for clinical stuck places. Offers zoom sessions for therapist and client as an intervention for the client and a teaching for the therapist. New consultation groups each fall. Not avail for video review.	IFS-I Trainer White cis-gendered Offers IFS seminars. (intros, Direct Access, Somatic IFS)	fdbooth@gmail.com
Einat Bronstein				
Chris Burris				
Ralph Cohen				

Cathy Curtis				
Rina Dubin	Trauma and attachment issues. Deepen skills to work with how external systems impact our parts to further facilitate healing.	Small group, dyad and individual consultation.	Newton MA	rinadubin@me.com
Mike Elkin	Complex trauma, addiction, attachment, contracting, couples and families.	Available for consult groups - new group coming Thursdays biweekly from 10-noon EDT (email to join)	Lead trainer for >20 years.	mjelkin@verizon.net
Kay Gardner		Available for individual or group consult. Available for video review.		kaygbug@yahoo.com
Paul Ginter				
Toni Herbine-Blank				
Gretchen King		Limited availability for consultation: individual or small group. Easier if you come as a formed group. Not available for video review.	AAMFT approved supervisor, white, cis-gender.	gretchen@gretchenkingtherapy.com
Steve Krantz		Please contact for availability		stvnkrantz@gmail.com
Pamela Krause		Limited availability for	IFS Senior Lead Trainer	pamela.krause@gmail.co

		individual consultation		m
Mary Kruger				
Susan McConnell		Not available for video review.		
Paul Neustadt				
Mariel Pastor	Interested in working with groups of clinicians from same L1 cohort (or otherwise know each other). Specialty in presenting & using IFS in ordinary and accessible language. Attachment, trauma, somatic, spirituality and psychedelic integration. IFIO trained. Individuals in consultation with me are strongly encouraged to record at least one session for review during our meetings.	Please inquire about availability as it fluctuates with individuals and groups beginning and ending at different intervals. Limited availability for certification video review.	White, cis-gender, hetero, able-body, dominant culture, very willing to expand cultural awareness. Semi-fluent in Spanish. Approved supervisor in the state of OR for LMFT and LPC. EMDR and Sensorimotor trained. 25 years experience with IFS. Author of Level 1 Training Manual.	mariel@marielpastor.com <u>Marielpastor.com</u> <u>www.ifstherapyonline.com</u> <u>www.character-mapping.com</u>
Richard Schwartz				
Ann Sinko				
Nancy Sowell				

Sarah Stewart	Expertise in trauma, addictions, couples, and systems.	Often full but love to consult when I have time. I love group consultation if you gather the group! Not available for video review.		sarahbstewart@yahoo.com
Cece Sykes	Applying IFS in any setting; addictive processes and trauma; therapist's personal journey- workshops and consultation	Offer small group, large group and individual consultation and workshops. Not available for video review	IFS Senior Trainer; LCSW; white, cis, hetero; on-going focus on cultural competence	cecesykes427@gmail.com
Elizabeth Taeubert		I am available for IFS consultation; I am not available to offer video review		Etaeubert@gmail.com
ASSISTANT TRAINERS				
Jory Agate	Individuals, couples, families, collegial teams. Specialize in clergy, Deafness, family of individuals with major mental illness and those seeking to develop their intercultural competency	Limited availability for short term consultation and video review		joryagate@gmail.com
Mona Barbera	Couples, infidelity, individuals	Couples consult group online may have 1		Monarbarbera@gmail.com

		opening. Always available for video review.		com
Kim Bolling				
Kathy Cox	IFS therapists and practitioners seeking therapy or consultation.	Limited Availability for group and individual consultation and therapy. Very open to working with self-created groups for IFS consultation. Limited availability for certification video review.	White cis-gendered, 60+ year old woman, dedicated to developing my intercultural competence.	kacox1234@gmail.com
Terrilee Dalton				dalton60506@msn.com
Kevin Davis				kevindavis701@gmail.com
Pilar de la Torre	Individual, Couples and IFS Consultation. Approved IFS Certification Video Reviewer.	Group & Individual.	Psychologist Certified in SP/ SE and advanced training in AEDP Spanish first language French fluent	pilarcnv@gmail.com www.institutoifs.com
Mary DuParri	Individual therapy and consultation	Occasional openings	IFS AT White, cis-gendered, hetero LPC	Maryduparri.com maryduparri@swbell.net
Tamala Floyd	Women's Trauma	BIPOC Consult Groups	LCSW, IFS AT, Black,	www.tamalaflloyd.com

	Childhood Trauma Racial Trauma Depression/Anxiety	and occasional individual consults; contact for availability	cisgender, hetero female	info@tamalafloyd.com
Marushka Glissen				
Carol Graybeal				
Marina Hassanali	Individual therapy and consultation on diverse topics including but not limited to spiritual and existential issues, multi-cultural lens, etc.	Please inquire about availability for therapy and individual or group consultation	LMFT, originally from the Middle East, multi-cultural life experience, speak fluently Spanish, Farsi, French and Russian fluently	marinahassanali@gmail.com
Imma Lloret	Individual, Couples and IFS Consultation - Group & Individual. Approved IFS Certification Video Reviewer.	Please inquire about availability for consultation	White, cisgender(She/her) Psychologist Certified in SP/ SE and advanced training in AEDP Spanish first language English fluent	immalloret2@gmail.com www.institutoifs.com
Kirsten Lundeberg	Individual therapy and consultation (individual and groups) for IFS therapists and practitioners	I provide individual and group consultation -- please contact me for availability.	White, cisgender (she/her); Licensed Marriage and Family Therapist and Licensed Professional Counselor. Very interested in issues related to equity and inclusion	www.kirstenlundeberg.com

Tish Miller				
Leslie Petruk	Individual, Couples and Parenting therapy. IFS Consultation - Group & Individual. Approved IFS Certification Video Reviewer. Consultation for IFS therapists and practitioners.	Individual and Group consultation (New groups starting Fall 2021) towards certification. General consult groups and groups focusing on working w/Children & Parents. IFS Workshops for deepening skills, working with children and parenting, sandtray and play therapy and IFS. Call or e-mail for availability and more information.	White, cisgender (she/her), LCMHC-S and Board Certified Coach. Approved LCMHC Supervisor in NC.	704-665-0065 xt. 21 leslie@thestonecenternc.com
Chris Ratte	In addition to individual and group consultation, I have a comfort and deep appreciation for the numerous ways that IFS and 12 Step recovery can both challenge as well compliment each other.	Currently full for weekly appointments, but could make monthly and potentially bi-monthly consultation work. Presently have room for 1 in an existing consultation group, would be happy to begin a new consultation group.	White, cisgender (he/his), liscensed in NY and NJ.	cjratte@verizon.net 973-650-6655
Dan Reed	IFS-informed consultation,	-Individual and groups for IFS consultation	www.danreedphd.com	dan@danreedphd.com 207-712-3572

	Supporting therapists deepening their development as a person who is a professional	toward certification or ongoing deepening in IFS & as a professional -Consultation for consultation groups for those wishing to develop as IFS consultants		
Sue Richmond	Trauma specialty, IFS-informed work with therapy groups, somatic work with medical illness, deepening post L1 skills, unblending and befriending techniques, Helping clinicians to understand and work with their own parts to be more available to their clients.	Some individual consultation, group consultation both with post L1 cohort, and self-selected group cohort, InVivo groups vis-a-vis, Personal Journey consultation groups that learn about oneself while leaning how to bring IFS-informed practice to therapy groups. Telework currently available. Availability late October, 2021	Identify as a cisgender Lesbian	suerichmond19@gmail.com 860.986.2791
Katelyn Staecker				
Madeleine Warren				
OTHER APPROVED CONSULTANTS				

Risa Adams	Adore supporting learning of the basic model and welcome spiritual and transpersonal aspects of the work. My own clinical work focuses on perinatal and complex trauma, including psychopharm.	None currently (next likely in Fall 2022)	White, cis, hetero (she/her/them). MD, CFPC (family physician with focused psychotherapy practice) in Ontario, Canada.	risa.adams@protonmail.com risaadamsmd.com
Dave Adamusko				
Karby Allington-Goldfain	Complex trauma, pre-verbal trauma, working with children and families, Somatic IFS, Integrating EMDR with IFS	Currently have a wait list for consultation, some availability for group consult in IFS/EMDR integration	White, cis, hetero, EMDR approved consultant, Sandplay therapist	therapy@karby.hush.com 720-250-7941
Jim Andralis				
Galit Arud-Trutner				
Brenda Aufderhar	IFS therapists and practitioners for consultation and therapy somatic & spiritual integration.	Ind, dyads & groups for -Somatic focus -Certification focus -Case Consultations (Contact for availability)	WA state RN, LICSW White, cis, raised outside USA, Certified Hakomi & CranioSacral Therapist, over 20 years of IFS practice, live in Washington State, USA and support world wide	BrendaRNMSW@gmail.com InwardListening.com
Dawn Balcazar	Complex trauma, relationship issues,	Open for individual consultation and	Clinical psychologist MA licensed	drdawnbalcazar@yahoo.com

	therapist parts. Supporting therapists in their professional development	individual IFS therapy In the fall 2021		508-740-5175
Jennifer Baldwin	I specialize in trauma, spirituality, and somatic work and enjoy guiding learners in navigating through the internal world and accessing their embodied Self energy	Please inquire about availability.	Also trained in SE, EMDR, Heart rate variability, ketamine assisted psychotherapy, and various movement traditions. Currently training in neurofeedback, Body Mind Centering, and MDMA assisted therapy. Ordained and PhD in Religion and Science.	groundingflight@gmail.com 678-631-7630 (text is better than phone call or message)
Stephanie Barbee	General psychotherapy practice with individual adults: anxiety, depression, trauma, support for those awakening to climate crisis	Please inquire about availability.	WA state licensed clinical social worker, White, cis, hetero, (she/her), over 20 years IFS practice, fairly proficient in Spanish language	sgbarbee@centurytel.net voice/text 206 275 2250
Martina Barnes	Introverts/HSPs. Attachment, Trauma, Somatic/mind-body, Spirituality. Coaching, consulting, ind. therapy	Please email to inquire about availability.	Also trained in Life Coaching, Mindfulness Meditation, EMDR, Applied poly-vagal, TRM, NLP	martinagbarnes@gmail.com www.thebraveintrovert.com
Requina Barnes	Attachment,	No availability currently	Woman of color	strengthinc4@gmail.com

	codependency and 12 steps.	Couples	EFT trained	
Yoav Bartov	Individual, couples & IFS Supervision. ASD, Depression, Couples & Supervision.	both	IFS L1-3 + family & couples therapy, MSW. Available on Zoom, or in Israel face to face.	yoavbartov@gmail.com
Michael Belus	Individual, couples, family.	Email for availability		mbelus@me.com 602-617-8448
Karen Berman	Individuals Trauma, Attachment All parts welcomed	Email for availability		kkberman@gmail.com
Paula Biles				
Wende Birtch				
Sally Bubbers	Counselling: individual adults. Developmental trauma and abuse. Spirituality. Non verbal parts.	No availability at the moment	UK based Consultation: IFS informed. A space for therapists to be curious about their parts, when doing IFS with clients. Also trauma informed Certified Sensorimotor Psychotherapist	sallybubbers@gmail.com
Barbara Burkart	Counseling- individual adults. Anxiety, depression, trauma history, attachment	Limited availability for 1:1 supervision. Consultation group launching in Jan. 2022	White,cis,hetero female. IFS Levels 1 & 2. Certified IFS therapist. LMHC with practice in	barbara.burkart@comcast.net

	issues, relationship issues. Long-standing interest in connection between spirituality and healing.		Amherst, MA. Trained in psychosynthesis 1999.	
Jan Campanelli	Individuals of all kinds	Email for availability; Individual or dyads for case consultation	IFS Level 1 in 1998 when it took 2 years and then kept going. Experience: working w Military Veterans w psychosis; teaching psychiatric nursing; research on menstrual cycle/parts activation; 12 steps; art as parts dialogue; homeopathy for parts.	jancampanelli@gmail.com
Analia Castanos-Davis	Individuals and couples. Spanish Speaking. Assistant Trainer Mentee.	Available for Individual and group consultation for IFS certification.	Latina, cis woman, Licensed Mental Health Therapist in Washington State.	Mail@AnaliaCastanos.com
Ted Cation		Has availability as of Aug 2021.		cattheoc@aol.com
Rebecca Ching(she/her)	• Anxiety/Stress • Trauma Spectrum • Perfection and Shame struggles • Life Adjustments • Grief, Loss+Betrayal • Entrepreneur +	Limited Individual Availability Developing a group practice interest list Email me for more	• Certified Daring Way™ Facilitator + Consultant • Host of The Unburdened Leader Podcast • Certified EMDR Therapist	rebecca@rebeccaching.com www.potentiatherapy.com www.rebeccaching.com

	Business Owner Leadership Dev+Challenges	schedule details	• Certified Eating Disorder Specialist + iaepd™ Approved Supervisor • ICF PCC	
Joanne Cohen-Katz	Depression; Anxiety; Eating issues; infertility, womens' issues, developmental and complex trauma, perfectionism; integrating mindfulness meditation	Openings and interest in providing individual consultation for IFS therapists. Everything from learning the model to refining the work. Looking to form consultation groups in future.	White, Jewish, cis-gender, clinical psychologist	jcohenkatz@gmail.com 610-597-4968
Marcella Cox	Eating Disorders, Body Image Issues, Somatic IFS, Supporting therapists in their development	Limited individual availability	Certified Eating Disorder Specialist + Supervisor (iaedp) Certified Mindful Self-Compassion Teacher (Center for MSC) Certified Daring Way™ Facilitator (Brene Brown) Certified Body Trust Provider (Be Nourished)	marcella@kindfulbody.com www.kindfulbody.com www.ifstherapyonline.com
Ellie Cunanan-Petty	Adults and couples;	Limited individual	Asian-American,	www.elliemft.com

	anxiety, depression, trauma	availability	cisgender (she/her) AAMFT Approved supervisor LMFT in Virginia, also licensed in DC and NJ	Ellie@elliemft.com
Shaun Dempsey	Trauma, Complex Trauma, and PTSD	Please email to inquire about availability. If available I can provide consultation for certification and supervision for Australian IFS therapists and practitioners.	I am a Clinical Psychologist living in Australia PhD and Masters Level 3 IFS trained and certified Level 2 EMDR trained	clinicalpsych@tcps.net.au
Irina Diyankova	Adults and Adolescents; individuals and couples; complex & developmental trauma; legacy and cultural trauma	Will be offering consultation group Fall 2021; available for individual consultation in present	White, cis, hetero (she/her/hers); originally from Russia Licensed Psychologist in TN Registered yoga teacher Love doing IFS consultation and supervision Fluent in Russian	dririnadiyankova@gmail.com https://www.dr-irina.com/
Lois Ehrmann	I specialize in the use of IFS and other trauma	I am available to do individual consultation	I am a CTTS (certified Trauma Treatment	loisehrmann@gmail.com etherapywithloise@gmail.com

	treatments for resolution of trauma in children, adolescents, adults and families. Specializations in addition to IFS revolve around attachment and developmental trauma wounds, preverbal and implicit trauma and the use of Somatic IFS; Person of the Therapist clinical supervision and clinical consultation.	at this time. I have done IFS group consultation as well although I do not have any groups currently running. Please inquire about groups and consultation in general.	Specialist and also am a certified clinical supervisor that also has studied and trained in consultation. White cis she, her, hers In a multiracial family My Parts and my Self love accompanying other professionals and practitioners on their IFS journeys.	<i>E-Counseling and Consultation Services</i> www.etherapywithlois.com <i>Business cell for texting inquiries: 814-404-0286</i>
Elina Falck	I specialize in trauma and complex PTSD, with special focus on shame and polarized parts. Within this context, I have particular interest and experience in legacy burdens and unattached burdens.	I have limited availability for individual and group consultations, but I love doing IFS consultation so please inquire. I live in British Columbia, Canada. I'm happy to provide IFS consultation to folks from all over.	CTTS (Certified Trauma Treatment Specialist) I am a part aboriginal, immigrant, cis-gender, heterosexual, happily married grandma. To me, good consultation focuses both on the therapist's parts and skill building.	www.oceansidetherapy.ca elina@oceansidetherapy.ca 250-515 2123 (please text rather than phone)
Daphne Fatter	Cultural & legacy burdens, Race socialization & 'whiteness',	Individual and small group consultations.	White American, Cis, (she/her), Licensed Psychologist in multiple US states	www.daphnefatterphd.com info@daphnefatterphd.com

	Racism, Internalized white supremacy, Working with ancestral guides and integrating ancestral lineage repair with IFS. PTSD, Perinatal/infertility/reprod uctive trauma.		including Texas. Certified Ancestral Medicine Practitioner, EMDR Certified.	
Annie Felice	Eating disorders and body image concerns, women's health including fertility issues and perinatal health, relationship issues, life transitions, grief and loss, identity and self-esteem	Limited availability for individual consultation	White, cis, hetero, (she/her) Licensed Clinical Professional Counselor in state of Illinois I love working with other IFS therapists on their own personal therapy journeys and also providing IFS consultation to increase awareness of therapist parts that come up with clients and to provide support for "stuck places" when doing IFS with their clients.	felice.annmarie@gmail.com https://www.anniefelicetherapy.com
Fatimah Finney				
Jess Finney	I especially enjoy working with creatives	Some availability for individual work,	US based, white, cisgender (she/her),	jessica@creativetransformations.me

	and other therapists or practitioners who are learning the model. I typically work with the impacts of trauma across the lifespan and have a deep love for working with adolescents and young adults as well as parents whose parts are getting stirred by their children's "behaviors"/parts. Experience applying the model in a variety of settings: in home, at school, and outpatient clinic.	individual consultation, group consultation (including practice groups) - I appreciate it if you bring your own group (of 3-5 folks).	able-bodied, heterosexual woman who grew up in the Southern US and has been a Midwestern transplant for years. Licensed Marriage & Family Therapist in MN My first career was as a theater artist & educator (heavily influenced by Paulo Freire's Pedagogy of the Oppressed & Augusto Boal's Theater of the Oppressed). I have worked and lived alongside the disability community, communities of color, and the intersectionality of marginalized communities throughout my life and continue to unpack my privilege and the parts of me that uphold white supremacy culture	Ph: (612) 217-1301
Martha Fischer	Adult individuals, couples (IFIO), families	Limited availability individual/group	White, cis, (she/her) Licensed Marriage & Family Therapist	www.marthafischertherapy.com marthafischertherapy@gmail.com

				mail.com
Karma Forbes				
Lisa Giles	Individuals of all kinds	Limited availability for individual consultation	White, cis, (she/her) Licensed Marriage & Family Therapist	www.lisagileslmft.com
Adrienne Glasser	Somatic IFS, movement, constellations, Direct Access, spirituality, buddhist psychology, shamanic work/guides. • Creating/maintaining private practice or group practice • Exp w/ED, addiction, ACOA, trauma • Therapist parts & embodiment of self.	3 group options: Individual consultation is only available to those in group 1. Membership for somatic IFS practice 2. Experiential consultation groups (for certification) 3. Somatic IFS self-care groups for therapists	white (she/her), LCSW, dance movement therapist (DMT), Meditation teacher and spirituality & embodiment coaching From NYC now in LA Experience as a supervisor at group practice for 12 years	www.adrienneglasser.com
Tara Goetz	Trauma, attachment, loss, depression and anxiety for individual adults Therapy for therapists is a particular passion	Email for availability Individual consultation available Group consultation possible	White, cis, hetero, Canadian and American Master's degree in Cultural Anthropology, specializing in Medical Anthropology; Certified Trauma Therapist with Trauma Resolution	tara@taragoetz.com

			training via Progressive Counting; Gottman Level 3 trained; Level 2 trained in IFS Licensed Professional Counselor in Georgia; private practice currently Work history includes: Director of University Counseling; group leader for SPMI individuals and child/adolescent therapist at a community mental health clinic; an advocate for a domestic violence and sexual assault non-profit, and most recently an owner of a group practice. Previously treated couples as well as children and adolescents.	
Victoria Grantham	Trauma Family of Origin experiences Deepening work with	Email for availability: Individual work, Individual consultation	LCSW - private practice Licensed in NC Can incorporated EMDR or Sensorimotor	VGranthamMSW@cataw bacounseling.com

	therapists	Fall 2021 - Interest Lists group consultation & practice group	Psychotherapy	
Mary Green	Online IFS Therapy, Coaching, and Consultation, with an emphasis on supporting other therapists through consultation.	Available for individual and group consultation. Email me for availability.	Licensed Professional Counselor (PA) Board Certified Coach Board Certified TeleMental Health Provider	marychrisgreen06@gmail.com
Cathie Gum	IFS-Informed, individual consultation for licensed psychotherapists who have completed IFS L1	Please email me for availability	CA licensed psychologist in private practice in Los Angeles, CA. Certified EMDR Therapist, Sensorimotor Psychotherapy L2	cgum.psyd@gmail.com www.drcathiegum.net
Vanessa Haig				
Deborah Haynor	Interested in facilitating the deepening journey of the therapist into the IFS model	Individual and small group consultation	cis-gender/she/her/hers/ lesbian/White	debhaynor@gmail.com
Marina Hazan	Trauma, Attachment, Relationships, Self-exploration Work mostly with therapists	Individual and small group consultation, email for availability	Multi-cultural life experience. Fluent in English, Hebrew, Russian	marina.hazan@gmail.com
Roselyne Hazard	Complex Trauma Immigration/Acculturation	Individual & Group Consultation/Superv. for personal growth,	Licensed Clinical Social Worker. Certified SW Supervisor	roselynehazard@gmail.com

	Intimate Partner Violence Somatic/Energy IFS	certification, and professional dev't. English, French, Spanish, Dutch	for Licensure in MO. Certified Healing Touch Practitioner	
Bruce Hersey	IFS, IFS-Informed EMDR, Coherence Therapy (Memory Reconsolidation)	Individual & Group Consultation. Not available for video review.	White, cis (he/his), LCSW, EMDR Approved Consultant	brucehersey@gmail.com
R Jey Hiott (she,her)	Individual and Couples Therapy, IFS and interface with Enneagram and Body-Mind Centering®	Individual and small group consultation. Limited availability.	PhD, NC licensed psychologist, private practice in Asheville NC	reyhiott@gmail.com 828-768-5459
Carol Hollandsworth	Trauma (pre-birth-present) Addiction issues Christian faith integration Legacy Burdens and Collective Trauma IFS with experiential therapy and psychodrama General psychotherapeutic concerns	Individual Consultation Group Supervision	Licensed clinical mental health counselor and supervisor in NC and SC Licensed Marriage and Family Therapist and AAMFT Approved supervisor in NC and SC	carol@bareitercc.com www.bareitercc.com
Flo Holt	Individuals Developmental trauma,	Individual and group (prearranged group	White, cis-gender, Licensed Professional	floholtipc@livethejourney.com

	PTSD, Complex Trauma, Dissociation and DID; Attachment	preferred)	Counselor. Supervisor in the state of CO for LPC. EMDR Consultant. Level 3 trained IFS.	www.livethejourney.com
Sarah Houy	Trauma Across the Lifespan Mood Disorders Integration of Multiple Modalities Emphasis on Experiential and Externalization (mapping, etc) in consultation	Individual and Group Consultation.	White, cis, (she/her) Licensed Professional Counselor in CO. Certified EMDR Clinician, Registered Yoga Teacher, Board Certified in Neurofeedback	sarah@sarahhouy.com www.Sarahhouy.com
Priscilla Howell				
Angela Huebner	Adult individuals and couples	Limited availability Individual and group	Licensed Marriage and Family Therapist and AAMFT Approved supervisor in VA IFS EMDR 6th Sensory Living	angela@angelahuebner.com www.angelahuebner.com
Sarah Jarvis				
Carmen Jimenez-Pride	Trauma Childhood trauma	Individual and group	Registered play therapist	www.carmenpride.com carmen@outspokenllc.co

	LGBTQIA Race based trauma Depression Anxiety Women Issues		• Sandtray therapist • IFS with EMDR • IFS with Play Therapy	m www.bookcarmen.com
Sam Johnson	Trauma IFS/EMDR combined Neurofeedback Issues for those who identify as male gender Christian Spirituality and IFS Supervision Consultation issues IFIO/EFT couples therapy (attachment Focussed)	Individual and group Dyads / Triads	IFS and EMDR Certified Consultant Progressive Counting Cert. Approved Clinical Supervisor (ACS) EFT/IFIO Attachment oriented Couples work PA'ed with Poland, Portugal, Spain, United Kingdom, and United States	www.samgaryjohnson.co m sam4cltd@hotmail.com 814-319-7217 Licensed As a Counselor in Pennsylvania U.S.A.
Crystal Jones (she/her)	• Race based Trauma • Women's	Individual & Group IFS consultation	• VA Licensed Clinical supervisor of	www.lifefsourcecounseling center.com

	Emotional Health • Anxiety/Depression • Spirituality • IFS consultation	please contact for availability	social work • Master Reiki Practitioner • IFS • IFS Assistant Trainer Mentee	Crystalrjoneslcsw@gmail.com
Eleanor Jones, LCMHC (she/her)		Full for therapy clients Limited availability for individual or small group IFS consultation	Licensed and in private practice in North Carolina	eleanorjones@me.com
Isa Jones, MFT	I am Specialized in Couples Sex therapy, Infidelity, Erotic Conflicts, Desire Discrepancy, etc. employing IFIO, as well as Individual Sex Therapy. I integrate IFS, Spirituality, Mindfulness, Somatic Awareness.	Currently full, I primarily provide IFS consultation as part of LMFT supervision I provide for employees.	LMFT Supervisor AASECT Certified Sex Therapist AASECT Section Leader for AZ PA Level 1 IFIO Completed Unattached Burden training IFS and Sexuality Training	Isa@ScottsdaleSexTherapy.com
Tulasi Jordan	Deepening embodiment and somatic awareness with IFS Integrating IFS and mindfulness, spirituality, and meditation IFS and relational psychoanalytic work Trauma	As of 12/1/21 opening for every - other week individual consult Group consult first Weds evening of the month	LCSW in NY and NJ cisgender (she/her) PA for IFS 1 and L2 Somatic Experiencing Practitioner with advanced training and 3 years as Teaching Assistant Certified in EMDR	tulasi@insightpsychotherapy.net

	Attachment issues Eating issues/disorders Anxiety/depression		Psychoanalytic training through WTCI Training in Coherence Therapy and Focusing 20+ years in private practice 20+years teaching yoga and meditation	
Sue Kazolias	Adults - Individuals Trauma and attachment issues Clinical Consultation for psychotherapists who have completed Level One.	Please email for availability	White, cis hetero (she/her). LICSW in MA. -Rewarding experience in supervising and excited to start consultation with newer IFS Level One grads! Prior military.	suekazolias.licsw@gmail.com (781) 534-9697
Roseanne Keefe				
David Kitchings				david@davidkitchings.com
Deborah Klinger	Eating disorders (Certified Eating Disorders Specialist), trauma and dissociation, ACoA and other developmental and attachment issues, understanding parts from a polyvagal theory and structural dissociation perspective	Some availability for individual no more than 1x/mo. Will form a consult group when enough potential members present themselves; interest list is open.	Cis, white woman. Also trained in Sensorimotor Psychotherapy (through Level 2, and have assisted at two L1's and one L2), SE, EMDR, and DBT. A Phoenix Rising Yoga Therapy Practitioner and AAMFT Approved Supervisor	www.deborahklinger.com deborah.klinger@gmail.com

Sigrid Kolkowitz				
Bethany Larson	• Trauma across the lifespan • C-PTSD • Life-transitions • Infertility • Grief and loss • Relationship difficulties • Anxiety • Depression	Currently, I do not have availability but will in 2022.	I'm super passionate about creating a safe, supportive environment for you to learn this beautiful model, and explore your parts as a therapist or practitioner. I love to bring humor and warmth to my consultation space and welcome all people.	www.counselingpowerment.com bethany@counselingpowerment.com
Louise (Lu) Lasson	Trauma, C-PTSD, ACoA. I have studied Somatic Experiencing and Sensorimotor Psychotherapy and I have an awareness of the neurobiology of trauma, which I think is crucial.	Room for individual and group. Participants can come with a formed group of 4-5 or request to be waitlisted to a group.	I am very interested in building my consultant practice. I find a lot of joy in helping people make sense of the model.	www.louiselasson.com Lu@louiselasson.com (212) 457-1906
Joanna Lawson	My work is a mix of therapy and consult...always for the sake of growing you as an IFS therapist and human being.	Room for someone new about every 3-4 months. None currently. Available for supervising triads and supporting you towards certification (I will need to see you work in some way....your personal work, triad or peer	Have been an IFS therapist since 1995. I love it!	www.joannalawson.com joanna@joannalawson.com

		group work, a video) to be able to sign off on your certification. Happy to view videos with you and give you live feedback.		
Ted Leckie				http://highparktherapy.ca tleckie@gmail.com
Michelle Lepak	Presence Awareness to increase access to Self Energy Complex Trauma Dissociation Attachment Interest in teaching attunement to exile's nuanced feelings and sometimes overlooked beliefs in the witnessing phase of the model.	A few IFS consult groups with one or two spots available.	Somatic Experiencing advanced Practitioner. AEDP level 1. Trained in Contemporary Relational psychoanalysis. EMDR trained. Love helping IFS therapists build confidence and deepen knowledge in the model.	michellelepaklcs@gmail.com www.Michellelepaklcs.com
Bridgett Littel	Specialize in: Therapy/ Supervision of mental health professionals; C-PTSD, developmental trauma, spiritual trauma Eating Disorders/Body Image.	Email or text for availability; Individual therapy or supervision Pre-made consultation groups welcome! Consultation/Coaching	MA, LMFT MN LMFT Board Approved Supervisor Sensorimotor Training Created Curriculum & lead IFS/Sensorimotor Intensive Outpatient	bridgett1@bridgetw.com 651-272-7462 (call or text) Website: www.bridgetherapyandwellness.com

	Group work & IOP for C-PTSD & Eating Disorders Use a blend of IFS and Sensorimotor (Somatic IFS)	for private practice mental health practitioners	Program (IOP) for C-PTSD; (met 3 hours a day 3 days a week for 24 weeks) PA for L1 & L2's	Text or email preferred! Located in CST
Cortney Lo	I work with individual adults and with couples.	Limited availability for individual supervision. Eastern Time Zone.	LCMHC, Ph.D. in Transpersonal psychology.	cortney@cortneylo.com 919-323-3773
Kelly Loy	Trauma, Spirituality, Marriage and Family (IFIO), Individuals	Limited Availability; Mountain Time Zone; Individual Consultation; so glad to help!	LAMFT, LPC, NCC, MDiv, RN White, Cisgender, (She/Her), LGBTQ Ally	admin@sharedpathcounseling.com ; www.sharedpathcounseling.com
Kathy Mackechney	Relational trauma. Specialty in working with adoptees and adoptive parents.	Limited availability for individual consultation but love IFS and love providing consultation on it! Mountain time zone	LCSW with post-master's completion of a marriage/couple and family therapy training program. White, cisgender (she/her), hetero.	kathy@adopteetherapy.com
Amy Marcotte				
Liz Martins	IFS consultation and supervision.	Individual, dyad, and group IFS consultation	UK based. Offers IFS Workshops	lizmartins2@gmail.com

	Individual therapy with adults.	/supervision. No availability currently. Likely to be offering groups after Xmas.	including on integrating IFS into consultation /supervision. Certified Sensorimotor Psychotherapy. EMDR, psychosynthesis. White, cisgender, hetero (she/her)	
Janet McCurdy				
Patricia Metzger		I am available for supervision/ consultation starting in July. Also, would love to put together a post level 1 consultation group in the fall, 2021 either on line or in person, Brookline, MA.		pmetzgerlicsw@gmail.com
Carl Mojta, LMFT	Individual therapy/consultation for IFS therapists/practitioners and for those working toward IFS certification, specializing in sexual health issues	Limited availability	AASECT Certified Sex Therapist & AASECT Sex Therapist-in-Training; LMFT (Licensed in DC, VA, MD and NC)	www.carlmojtatherapist.com cmojta@carlmojtatherapist.com
Nancy L. Morgan	Consultation, Supervision, and Training: <i>Intro to IFS for Psychedelic Medicine</i> ,	Announcements for upcoming consultation groups are posted to my website's subscription	White, Cis-gender, LGBTQ+, Certified IFS Tp and Cnsltnt. PSY (Calif) LPC (Oregon &	dr.nlmorgan@gmail.com www.theguideinside.com

	<i>Intro to Psychedelics for IFS Therapists and Practitioners</i> (L1 training required).	list members before being posted via email.	Colorado) Certified in Psychedelic- Assisted Therapies and Research	
Carl Marcus				
Alison Muyskens	Consultation/Supervision with IFS therapists/practitioners with a focus on integrating model with Spirituality and mindfulness practices. - Specialize in Clergy -grief/death/dying. -anxiety -depression -complex trauma.	Available for individual/dyad/triad groups for IFS therapists (level1 or 2) who want to deepen their understanding of the IFS model for personal growth, spiritual development, and/or certification. Zoom/phone.	LICSW, MDiv. Certified Grief Counselor: www.grief.com International PA since 2010. White cisgender (She/Her/Hers), queer clinician who works with wide range of LGBTQ+ and straight clients. Private Practice.	alisonmuyskens@gmail.com 617-876-0176
Lynn O'Hara, MS, RD, LPC	Trauma, weight related issues including compulsive overeating, disordered eating, chronic dieting, depression, anxiety, attachment, chronic pain and other health related issues.	-Limited availability for Individual consultation -Group consultation (interest list starting)	LPC in NJ Registered Dietitian	lynnoharalpc@gmail.com 732-899-9312
Alexis Ornellas	Complex trauma, transgenerational trauma/legacy burdens; perinatal mental health,	-Full for therapy clients -Individual consultation available with group possibility coming fall	-mixed race, cis gender, she/her - LPC in Colorado -Sensorimotor trained	alexis@manacounseling.com 720-634-7990

	BIPOC/mixed race identity issues; chronic illness; meditation and spirituality; IFS consultation	2021 (interest lists starting)	-LPC supervision -practicing in Colorado	
Andreia Pacheco	All life span. IFS and IFIO.	- Limited availability for clients (individuals, couples). - Limited availability for individual and group consultation.	GMT time	onlinetherapy@emafaro.p t
John Palmer, LCSW	Trauma, relationships, addictions, attachment, neuroscience, long-term psychotherapy	Full for therapy clients, limited availability for individual consultation. Austin, TX. Central time zone.	IFIO Co-lead trainer. Couple therapy, AEDP Level II, Family Systems, Psychodynamics	jpalmersw@gmail.com
Kim Paulus, LMFT	• Race-based trauma • LGBTQ+ community • Anxiety • Multi-racial folks • Children of Immigrants	Limited availability for individual consultation, considering offering affinity-based consultation groups in early 2022.	Mixed race Asian, Queer, Cisgender clinician with extensive experience with transgender clients, and others who experience marginalization. Social justice oriented.	kimpaulus@gmail.com
Vanessa Peavy				
Hilary Pick				

Sarah Plybon	Complex trauma, food/body issues, chronic pain, anxiety/depression, and Women's issues. IFS Consultation- I love assisting people in their professional development through the deepening of their knowledge, understanding and experience of the model.	Please contact for availability.	-White, cisgender (she/her/hers), hetero -LCSW in Colorado -Supervision for LCSW's/LPC's	sarahplybon@counselingmail.com 720-277-9605
Emma Redfern	Supervisor specialising in working with therapists and practitioners transitioning to IFS therapy. Therapy practice specialising in clients with developmental trauma.	Currently no capacity.	Trained and accredited supervisor based in the UK working on zoom. Editor of book on IFS supervision and consultation 2022; author of book on transitioning to IFS 2022/2023 both Routledge. Cisgender white middle-aged female.	emmalizbeth@hotmail.com
Rivkah Reichler	Complex trauma, attachment, addiction, sexuality, relationships, difficult protectors, empowerment, spirituality	Available for individual or small group consultation	802-734-1949	rivkah.reichler@gmail.com

Jenna Riemersma	Addiction Trauma Sexuality Infidelity Betrayal Trauma Spirituality Integration of models Legacy burdens Unattached burdens & Guides Neuroscience Psychedelic-assisted IFS Application of IFS to social/political/cultural issues	Offer 7 ongoing Consultation Groups as well as Individual and Dyadic Consultation. Groups meet for 2 hours every-other week for 3-4 month sessions. Groups open with guided IFS meditations and brief personal sharing, followed by case consultations, demos, etc. to provide a blend of personal experiential learning and consultation. Emphasize skillful integration of IFS with other models (EMDR, attachment, polyvagal, CSAT, etc.) as well as client-centric spiritual integration of the IFS model (all faiths), with particular focus on “translating” IFS for the Christian community.	Author of <i>Altogether You</i> (Integration of IFS and Spirituality). Developed IFS “shorthand” approach called Move Toward (movetoward.com) Certified, Level III IFS Certified Sex Addiction Therapist Supervisor (CSAT-S) Certified Multiple Addiction Supervisor (CMAT-S) EMDR trained Psychodrama and Experiential Therapist Currently training in psychedelic-assisted psychotherapy	My assistant handles scheduling for group and individual consultation: info@jennariemersma.com Information on Consultation Services: https://jennariemersma.com/consultations/ Atlanta, GA USA
Patricia Rich	Psychospiritual growth through IFS. Addressing sexuality through IFS	Offers individual and group consultation toward personal growth,	AASECT Certified Sex Therapist and Supervisor. Cisgender	Email: prich@relatingwellcenter.com

	including sexual identities, relationships, functioning, trauma, pleasure and generally feeling Self-Led addressing sexuality with clients.	certification, and professional dev't. Offers specialized IFS and Sexuality trainings.	white middle aged female, loves being on the IFS journey and guiding others.	Info: https://relatingwellcenter.com/services/professional-training-and-consultation/
Jean Robinson				jean@ivyounselinggrou.p om
Dana Rosenstein		Currently full for clients Limited availability for individual consultation, possibility of group in the future	LCSW-C, Maryland license Certified in Psychodrama EMDR certified	danaerosenstein@gmail.com
Alexia (Lexi) Rothman, Ph.D.	IFS Teacher and Consultant	IFS Consultation (Zoom): Individual, Dyad/Triad, Group	https://dralexiarothman.com/	alexiarothman@hushmail.com
Estel Salamo				
Sabrina Santa Clara	Integrative Psycho-spirituality, Nonordinary States of Consciousness, Creative & Expressive Arts, Buddhist Psychology, Mentoring IFS Professionals, Spirituality, Multicultural issues, Loneliness,	Adults, online only-currently (11/21) full for individual but in process of hiring IFS informed coaches. IFS Mentorship Groups starting 1/21. Psychotherapeutic Touch™ Trainer	Dance/Movement Therapist, Embodied Meditation Teacher Massage Therapist, Certified Psychedelic Integration White, culturally mixed, gender fluid, Elder (57) Practice moving more deeply into training, education and	info@sabrinasantaclara.com Licensed in NV & CO But operate primarily as a Spiritual Midwife & Trauma-Informed Transpersonal Coach. https://www.sabrinasantaclara.com https://www.facebook.com/SabrinaSSantaClara/

	belonging, holistic integration, LGBTQI, sustainability	Self Psychedelic Integration™ Trainer	mentorship	
Laura Schmidt, LMFT	IFS Teacher & Consultant for Certification. AAMFT Approved Supervisor. Family Systems trained. Disordered Eating, Infidelity, Sexual trauma, Couples, Brain injuries, athletes, chronic illness/injury, Self of the Therapist, FOO, body-oriented therapies	Global Biweekly & Monthly IFS Consultation Groups for Level 1+/Stepping Stone Grads. T,W,R Spring & Fall Sets of 9H total. We start Jan '22! Focus on Unblending from/Befriending Therapist/HealerParts, IFS & Clinical Application, Case Consultation, Brief Demos, Q&A, Didactic Teaching, Group Share	Dates, Details & Application. (no fee til registration) https://lauraschmidt1mft.com/ifs-consult-group/ Limited Individual Consultation for Students Only. MFT for over 23 years. IFS Certified since 2010. IFIO Advanced Training. PESI IFS Seminar Speaker pre Covid	laura@lauraschmidt1mft.com Licensed in WA Pacific Time zone (Seattle) German speaker. White, cis, hetero, was underemployed and not able bodied for 8 years due to a brain injury, Partial scholarships available to several students from under-represented groups.
Derek Scott	Teaching the Model	None/Teaching Groups	Teaching a 4-Month Course each January and September. Periodic 4-Day Intensives. Hosting monthly IFS Masterclasses	www.IFSCA.ca derek@derekscott.co
Shane Scott	UK-based IFS consultant and therapist certified since 2012. Wide clinical	Limited availability	Qualified dramatherapist	shane.snowtree@gmail.com

	interest and experience.			https://www.snow-tree-creative-therapy.co.uk
Virginia Seewaldt (she /her)	General supervision; complex developmental trauma; whiteness / white people using IFS to unburden racist parts white fragility / shame	1 spot for individual consult - open to starting a new monthly group. Fridays 9:30-11 (ET)	Also trained in EMDR, Flash, Somatic Experiencing	516-652-8930 dr.virginia.seewaldt@gmail.com
Sue Seiler	Family of Origin relational trauma, adult children of narcissistic parents, complex trauma, couples, teaching and deepening the model	I offer individual and group consultation including EMDR through an IFS lens. Adults - individuals and couples, IFIO Post Advanced trained.	IFS Level 3, PA IFIO - Post Advanced Trained. EMDR Approved Consultant and Flash Technique. IFS Retreats at Unboundretreats.com	303-726-8261 sueseiler.lpc@gmail.com
Carol Shilliday	IFS group therapy, IFS consultation, divorce and relationship issues, trauma, depression, anxiety, ADHD	Individual and group consultation towards certification, deepening in the IFS model and case consultation. I also provide consultation around starting IFS therapy	Clinical Psychologist located in Connecticut USA	drcarolshilliday@gmail.com

		groups		
Tammy Sollenberger	I love helping those who are new to the model. Also, faith based.	Individual monthly availability. Group coming soon (fall 2021?)	Tammysollenberger.com Theoneinsidepodcast.libsyn.com- IFS Podcast, Producer and Host	tammysollenberger.com
Lauren Spaulding	I support IFS practitioners who are new to the model, as well as those looking to integrate EMDR or expressive therapies with IFS (sand tray, journaling, art, etc). I have experience with utilizing IFS with trauma, LGBT+ needs, and BIPOC needs.	Individual and group	Also EMDR Certified and trained in IFIO and Transtheoretical Sandtray Therapy. I also offer business coaching for therapists.	For group: https://forms.gle/ff1o2ForKvujuVbx7 For individual: lauren@laurensaulding.co
Jill Stanzler-Katz	I love using my passion for IFS to help those new (and not so new) to IFS really “get” and grow with the model. Getting unstuck feels great! Working with Therapist’s Self & parts, Individual, Couples(IFIO), Anx/Dep, ADHD, divorce, grief, aging, trauma, shame,loneliness; broad range of clinical interest	Individual and Group Consultation. Feel free to email me about availability.	White, cisgender She/her, based in Boston, MA area, ,USA, LICSW(Licensed Independent Clinical Social Worker) practicing for 35+ years. Also offer consultation/coaching to business partners. Also trained in EMDR.	jillstanzlerkatzlicsw@gmail.com

	and experience.		PA for many IFS Level 1 and 2 trainings, including IFIO.	
David Stern	Teaching the model. For groups, using the model as a tool to explore group process. Spiritual dimension of IFS practice.	Individual and Groups. Always open to starting new groups. Aug 2021-openings in consult groups for two novice IFS practitioners. They need to have completed level 1 or one of Derek Scott's trainings or done one of the extensive online trainings.	Workshops on Spirituality and Psychotherapy and many other aspects of IFS.	djstern@thinking-heart.com www.thinking-heart.com 401-274-2844
Norma Stevens	Love sharing my IFS passion. Trauma, psychedelic assisted therapy, IFS and spirituality	Individual and group	Therapist on clinical trials for psilocybin and MDMA assisted psychotherapy	norma.stevenslcpc@gmail.com
Graden Tonna	Men's issues, trauma, anx/dep, betrayal, spirituality	*Individual, very limited *Practice Groups		graden@gradentonna.com www.gradentonna.com
Jeni Tyson	Teaching and deepening model, Complex PTSD, attachment disorders, Dissociative Disorders,	Please contact for availability for individual consultations. Openings for small groups of a	EMDR Consultant. Clinical Supervisor for Social Workers for NJ looking for LCSW	jenkityson@gmail.com 973-738-3823

	Immigration and war trauma, Legacy Burdens, Chronic Illness, adoption, shame, Implicit direct access	completed Level 1 cohort	supervision	
Montse Voltes				
Marie Walker				
Julie Warren				
Jason Weber	Supporting IFS therapists to deepen into the model by 1) focusing on their own systems, and 2) exploring how their parts are activated during client sessions.	Individual and group consultation. Triad practice for people who have completed Level 1. Consultation with therapist-client dyads.	Supervision endorsement for clinical counseling and addiction counseling. 30+ years zen and vipassana practice.	jason@jasonwebertherapy.com 740-856-1463 www.jasonwebertherapy.com
Annie Weiss	Teaching/deepening confidence with IFS; Attachment issues, anxiety, trauma, interpersonal issues	Individual and group consultation; group therapy; experiential training groups for clinicians	MA - Lic. Certified Group Psychotherapist; IFS-certified consultant; AEDP; Executive Coaching; Interest in Interpersonal Neurobiology	annieweiss@aya.yale.edu anniecweiss@gmail.com
Lawrence Wentworth	Complex PTSD, DID, adoption, shame trauma Conducting one-day intro IFS workshops	Individual and group consultation to therapists and clients	White cisgender male, LGBTQ, EMDR Consultant and Trainer	wa.lwentworth@gmail.com 586-615-0444

Colleen West	Trauma-informed IFS trainings, consultation groups Developmental trauma. Early neglect.	Group consultation for Level 1 graduates	EMDR, Sensorimotor, Somatic Experiencing	contact@colleenwest.com www.colleenwest.com smarttherapytools.com
Karin White				
Nic Wildes (they/them)	LGBQ+, trans and nonbinary identity, chronic illness	Limited availability; openings fall 2021 Both individual & group consultation LGBTQ+ Affinity Group consultation	White, Queer, transmasculine nonbinary person in Boston, MA (eastern time zone) www.nicwildes.com www.sayftree.com	nicwildes@gmail.com nic@sayftree.com
Katie Wine-Appleton	Trauma, attachment wounds, legacy burdens, unattached burdens. Integration with EMDR and polyvagal theory. I love working with therapist parts and helping to build confidence and competence in the model	Available for individual consultation. Open to group consultation with 2-3 therapists interested in supervised dyad practice. Open to group consultation to participants of the same Level 1 or 2 cohort	Licensed in Ohio (LPCC-S) and Arizona (LPC). I am also an Approved EMDRIA consultant. I am trained in TIST (Trauma Informed Stabilization Treatment). I reside in Columbus, Ohio (Eastern Time). Available via Zoom. White, cisgendered, Appalachian roots	katiwinecounseling@gmail.com (614) 306-6563
Kate Winikates	IFS Consultation for those who have completed IFS L1	Individual and Group Consultation		winikates.psyd@gmail.com

Suzan Wolpow	Individual, Couples Specialties in perinatal emotional complications, considerable past exper in CommMH and MMI	Individual Consultation; Limited availability..	www.yourclearvoice.com LMHC Approved Supervisor (in MA)	yourclearvoice@msn.com suzan@yourclearvoice.com 617-441-0758
--------------	--	---	--	--

Notes:

This list was created in collaboration with IFS-I but is administered independently (ie. they are not responsible for any errors contained within) by Risa Adams risa.adams@protonmail.com. Each consultant adds and maintains their own entry.

*Please confirm with any consultant above that their certification is up to date, as action is required every 2 years to maintain both certification and 'approved consultant' status.

**If you have a consultant not yet on this list, you can encourage them to become approved through IFS-I by contacting Karen Blicher karenblicher@gmail.com. As of May 2021 the requirements are to be a certified IFS therapist, three years post-Level 1, and recommended by a Lead Trainer.

***If you are an approved consultant and are not on the list yet please contact Karin Blicher karenblicher@gmail.com

****Only trainers can review videos for certification and they can be found here:
<https://ifs-institute.com/trainings/ifs-certification/ifs-certification-reviewers>