

[Principle 4]

To promote intergenerational learning to facilitate the reciprocal sharing of expertise between learners of all ages.

Osher Lifelong Learning Institute (OLLI)

Words Over Time Intergenerational Dialogues

Since 2019, OLLI @Berkeley's *Words Over Time* intergenerational dialogues have led age spanning, perspective-shifting conversations between OLLI @Berkeley older adult members and UC Berkeley undergraduates who gather to discuss topics of critical importance.

Additionally, OLLI has provided intergenerational programming, such as:

- Coaching for Self-Actualization: OLLI developed and offered a course “Coaching for Self-Actualization” to help undergraduates increase their personal agency, self-efficacy and resilience through instruction and 1:1 coaching with a trained OLLI coach.
- The Fung Fellowship Collaboration: OLLI sponsored multiple projects, and OLLI members worked with the Fung Fellows through project cycles including the Fung Institute Undergraduate Fellowship project on Dysfunctional Gait in Community-dwelling older adults
- Intergenerational Learning Inquiry Initiative: OLLI’s inquiry initiative identified benefits and challenges of intergenerational interaction in academic courses. Two models were developed and studied.

The UC Berkeley Emeriti Academy

The Emeriti Academy facilitates projects and collaborations among emeriti from different disciplines and perspectives:

- Navigating Cal's Hidden Curriculum events bring emeriti together with undergraduates through panel discussions, workshops or 1:1 coaching
- Choosing My Major - A collection of videos created with emeriti to share insights on how undergraduates can make the important decision of choosing their college major at UC Berkeley.

The Center for the Advanced Study of Aging Services (CASAS)

CASAS builds opportunities for intergenerational learning including through community-engaged research projects that incorporate expertise from the lived experience of older adults as well as educational programs and events that foster intergenerational knowledge building.

Alumni Association

Cal Alumni Mentors program

This program creates new mentorship matches in the Fall and Spring semesters. Students and alums are expected to meet at least 6 times throughout the semester to discuss various topics noted in the Mentorship Playbook. The program also includes exclusive monthly virtual meet-ups, newsletters, and invitations to in-person networking events.

Career Connections Networking Series

A partnership between Alumni Association and the UC Berkeley Career Center, this service offers an opportunity for alumni to share professional insight with current Cal students