

Clinic 2.5 & 3.0 Rated Players

ALL NEW 1-hour DRILL CLINIC

CLINIC - Third Shot Drop, Drive and Lob and when to Transition to the NVZ - Advanced

Do you get stuck at the baseline? Do you struggle with executing a successful Third Shot and then get stuck in the transition zone?

Gain Confidence in the Third Shot Drop and Transition to the NVZ – **CONTROL THE NET!**

The Team that controls the Net, Controls Point. Here you will learn 5 Pickleball Tips to Master Transitioning to the NVZ. This clinic will provide the techniques and strategy needed to successfully reach the NVZ. Understand the importance of an effective Return of Serve and the types of shots that will get you to the NVZ.

The Third Shot Drop is one of the most essential shots in pickleball. The strategy behind a third shot drop, drive, or lob will be discussed. When driving, drop or lob the third shot will be reviewed.

In this clinic we will demonstrate the 5 steps in detail to successfully perform a Third Shot Drop.

A well-executed third shot drop will allow you and your partner to move to the NVZ before your opponent hits their shot back over. It will also force your opponent to dink the ball over instead of driving or smashing it over.

Third Shot Drops are successful through repetition. The Drills will be set up for you to successfully make third shot drops. It may require a fifth shot, seventh shot or ninth shot to move you and your teammate to the NVZ. There will be a series **of drills, and competitive team activities focused on successfully using the Third Shot Drop to Transition to the NVZ Line.**