

## Weekly Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Date:							
6 AM							
7 AM							
8 AM							
9 AM							
10 AM							
11 AM							
12 PM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							
8 PM							
9 PM							
10 PM							
11 PM							
12 AM							

Plan your Tasks:

- When will you wake up, eat meals, and have classes?
- Write in when you will do your homework for current classes.
- Make “appointments” to study for each of your finals.
- Have a paper due? Make an appointment with the Klooster Writing Center.
- When/how will you care for yourself? (showers, social, sleep, exercise, downtime)

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