

The Quick-Fire Write Video Transcript: After-school clubs



First, watch the Quick-Fire Write video on this topic.

Do you go to an after-school club? Around 35% of UK school children *do*. In an after-school club, you can play football or learn a language. You can do craft activities or even learn how to make your own computer games. After-school clubs start at around 3.30 in the afternoon — right at the end of your school day. All schools are different and offer different activities. So what after-school clubs are there at *your* school?

Sometimes children go to clubs *outside* of school. They might go to a sports centre or a community centre to do their activities. Research shows that children who go to an after-school club are more likely to do well in school, even if their club isn't directly related to schoolwork. Spending time with friends and learning new skills helps children to be confident and independent. And doing new things means children can discover natural talents they never knew they had.

After-school clubs can be good for children's mental and physical health too. Doing fun activities makes you feel happy and relaxed. And doing sport is a good way to keep your body fit and healthy. After-school clubs also give children something fun to do while their parents are at work. But some people say going to *too many* after-school clubs can be too tiring for children. If they spend an hour or two at an after-school club, children have less time to relax after a busy day.

Going to an after-school club also means children have less time to do their homework. And if they get home much later than usual, they might not be able to enjoy an evening meal with their families.

Some argue that maybe children should do these fun activities during school, not after. That way, children wouldn't have to stay late and would get their much needed time to relax. And given the benefits of after-school clubs, there could be a strong argument for these activities to be included in the curriculum for *everyone*.

Now, write a paragraph on each of these questions.

1. What after-school clubs have you attended, and why?
2. What is your favourite after-school club, and why?
3. What after-school club would you love your school to offer, and why?
4. Are after-school clubs as important as normal lessons, and why?

Once you've completed **The Quick-Fire Write**, go back through and check for edits - is there anything you would like to add or change? Remember, you can send in writing to info@litfilmfest.com - we're picking the best work to be featured alongside the videos, and you can even create your own Quick-Fire Write video for other classes to take your challenge!