

It is that time again!



STOP THE SPREAD OF LICE

Weekly Head Checks

We encourage you to check your child's hair on a weekly basis now and throughout the school year. Control of head lice depends on prompt identification, effective treatment, perseverance and teamwork!

Did you know that lice love a party? Lice transmission is more likely to occur through sleepovers, family members and friends that spend large amounts of time together. School is **not** a common place for the spread of head lice. .

How to check for lice:

- Seat your child in a brightly lit room.
- Part the hair and look for crawling lice/nits one section at a time. The easiest place to find them is close to the scalp at the back of the neck or behind the ears.
- Live lice are hard to find. They avoid light and move quickly. Nits will look like small white/yellow/brown specks and be firmly attached to a hair strand near the scalp.
- Nits can be confused with many other things such as dandruff, dirt particles, or hair product residue. One way to

**If you have additional questions or for
information on how to treat identified lice,
please read Jeffco Health Services Lice FAQ's:**

[Lice FAQ's](#)

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