Association of Local Behavioral Health Boards and Commissions

CALBHB/C Newsletter, Winter 2023

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The California Association of
Local Behavioral Health
Boards/Commissions
(CALBHB/C)
supports the work of CA's 59
local Mental/Behavioral Health
Boards and Commissions.

Website: www.calbhbc.org
Email: info@calbhbc.com

CALBHB/C Meeting & Training*

January 19 & January 20, 2024 Hybrid: Zoom & In-Person (San Diego)**

Please Register:

www.calbhbc.org/registration
There is no fee to register.

Meeting (January 19th, 1:30 - 5:30 pm)

- Updates/presentations from statewide organizations
- Criminal Justice/Behavioral Health Speaker Panel
- Peer Provider Update (SB 803)
- Issue-Based Discussion

Training (January 20th, 9 am - 12 pm)

- How to Be an Effective MH/BH Board/ Commission (Rules and Tools)
- Brown Act Open Meeting Rules
- Behavioral Health Continuum
- * All local board/commission members and local agency staff are invited to join us by Zoom or in-person! In-person registrations are requested by January 12th, 2024.
- **CALBHB/C will pay travel expenses for one mental/behavioral health board/commission member per county in the LA and Southern Regions (this is in addition to currently serving CALBHB/C Governing Board members.)
- ***Hotel guest room block deadline: Please notify us of lodging needs by December 17th. info@calbhbc.com

Legislative Update

The following behavioral health-related bills were passed by the CA legislature and signed by Governor Newsom:

CARE Act

SB 35 (Umberg) (Chapter 283. Statutes of 2023) This urgency measure provides clean-up language to the Community Assistance, Recovery, and Empowerment (CARE) Act in order for counties and other stakeholders to implement the CARE. It includes limited authority to county behavioral health agencies to disclose medical and mental health information to the court.

Criminal Justice

SB 717 (Stern) (Chapter 883. Statutes of 2023) This measure requires courts to notify individuals who have been found incompetent to stand trial (IST), and are not receiving services, of their need for ongoing mental health services. The bill would require the court to provide the individual with specified information, including the name, address, and telephone number of the county behavioral health department. Related to this: 45 counties, including Kern, to delay launch of major mental health law, Bakersfield.com article.

Fentanyl

AB 33 (Bains) (Chapter 887, Statutes of 2023) - Supported This measure establishes Fentanvl Misuse and Overdose Prevention Task Force, to undertake various duties relating to the assessment of misuse and the evaluation of approaches to increase public awareness. As an urgency measure, AB 33 took effect immediately after being signed by the Governor on October 13, 2023. Related to this, SB 19 (Seyarto) (Chapter 857, Statutes of 2023) further establishes the Fentanyl Misuse and Overdose Protection Task Force, SB 19 also includes local stakeholders.

Housing/Infrastructure

AB 531 (Irwin) (Chapter 789. Statutes of 2023) - Pending a ballot proposition, this bill would authorize \$6.38 billion in general bonds. More information at: www.calbhbc.org/bhsa

LPS Act

SB 43 (Eggman) (Chapter 637, Statutes of 2023) - This measure expands the definition of "gravely disabled" under the Lanterman-Petris-Short (LPS) Act, which provides for the involuntary detention and/or conservatorship and treatment of individuals to include substance abuse.

SB 280 (Laird) (Chapter 705. Statues of 2023) This measure requires, by January 1, 2025, a conservator to file documentation to continue or end conservatorship.

Mental Health Services Act

SB 326 (Eggman) (Chapter 790. Statutes of 2023) Pending a March ballot proposition, this measure would amend the Mental Health Services Act (MHSA) which was approved by voters as Proposition 63 in 2004. It will appear on the March 5th statewide ballot as Prop 1. More info at: www.calbhbc.org/bhsa

Public Meetings

Disruptive Behavior During Public Meetings (Article) and New Legislation: Effective January 1, 2023, SB 1100 (Chapter 171, Statutes of 2022), authored by Senator Cortese, authorizes the presiding member of a legislative body conducting a meeting, or their designee, to remove an individual for actually disrupting the meeting if they continue disrupting the meeting after being warned about their behavior.

Issue Briefs



Board & Care (ARF or RCFE)

Children & Youth:

Integrated School-Based BH

Transitional Age Youth (TAY)

Crisis Care Continuum

Criminal Justice

Disaster Prep/Recovery

Employment

LGBTQ+

Lanterman Petris Short (LPS) Act

Older Adults

Performance Outcome Data

Suicide Prevention

Full listing of issues (30+) at: www.calbhbc.org/newsissues Questions: cal@calbhbc.com

Grants/Funding

Children & Youth

Cell Phones for Foster Youth: "iFoster Phones for Foster Youth" are available to current and former CA Foster Youth who are between the ages of 13 and 26 inclusive whose case originated in CA or who currently reside in CA.

Infrastructure

Behavioral Health Continuum Infrastructure Program (BHCIP) Round 6, Part I: The application period begins in January 2024.

Substance Use Disorder (SUD)

MAT & RSAT (Medicated Assisted Treatment & Residential Substance Abuse Treatment) grant program funding is now available, Board of State and Community Corrections (BSCC)

Road to Resilience Grant for partnerships that identify and serve pregnant individuals with SUD and parents/caregivers of substance-exposed infants.

Workforce, Education & Training

Loan Repayment - The National Health Service Corps (NHSC) loan repayment programs (LRPs): the NHSC LRP, the NHSC Substance Use Disorder (SUD) Workforce LRP, and the NHSC Rural Community LRP.

Additional Grants: grants.ca.gov

Reports, Articles & Webinars - By Topic

Access

Survey: Current Perceptions and/or
Experiences among Behavioral Health Care
Professionals: The Committee on Strategies to
Improve Access to Behavioral Health Care
Services through Medicare and Medicaid has
launched a new survey for behavioral health
care providers in Medicare, Medicaid, and
Marketplace programs. Feedback is important
to analyze program effectiveness. Please use
the link above to access the survey.

Children & Youth (Mental Health)

Collaborating to improve children's behavioral health: A series of briefs that describe opportunities to improve coordination of services for children. Addressing these issues requires comprehensive cross-system reforms, including policies that promote integrated financing, enhance care coordination, facilitate provider collaboration, and bolster upstream prevention efforts. Health Management Associates (HMA) and the National Association of State Mental Health Program Directors (NASMHPD)

Criminal Justice

CalAIM Justice-Involved Initiative Update:

DHCS (California Department of Health Care Services) announced that the initial go-live date for the justice-involved initiative has moved from April 1, 2024, to October 1, 2024. DHCS also released the final Policy and Operational Guide for Planning and Implementing the CalAIM Justice-Involved Initiative.

DHCS still anticipates having a full two-year implementation period. DHCS also released a draft of the <u>Justice-Involved Correctional</u>
<u>Facility Readiness Assessment Template</u> for Stakeholder Feedback.

Diversity, Equity & Inclusion

Translated Adult and Youth Screening tools for Medi-cal Health Services Available: DHCS
[California Department of Health Care Services] is releasing updated screening tools to more easily provide services for Limited-English Proficient Medi-Cal members in several languages. (12 languages now available). MHPs (Mental Health Professionals) and MCPs (Mental Health Clinicians) are encouraged to start using the translated Screening Tools and submit any feedback or corrections to BHCalAIM@dhcs.ca.gov by December 31st.

CA Reducing Disparities Program (CRDP):

Task force meetings will be held on the first Thursday of the month between 1pm and 3pm on Zoom, through June 2024. Agendas, meeting notes, and updates will be posted on the CRDP website.

Public Meetings

Disruptive Behavior During Public Meetings (Article) and New Legislation: Effective January 1, 2023, SB 1100 (Chapter 171, Statutes of 2022), authored by Senator Cortese, authorizes the presiding member of a legislative body conducting a meeting, or their designee, to remove an individual for actually disrupting the meeting if they continue disrupting the meeting after being warned about their behavior.

Substance Use Disorder (SUD)

New clinical practice guidelines to address rising stimulant use disorder by American Society of Addiction Society and the American Academy of Addiction Psychiatry.

SAMHSA (Substance Abuse and Mental Health Services Administration) 2022 National Survey on Drug Use & Health Data: Survey measures include drug and alcohol use, substance use disorders and treatment, mental illness and care.

Suicide

The number of suicides in the United States hit a record high in 2022. ABC News article regarding CDC Report.

Veterans

SAMHSA Recorded Webinars from the Technical Assistance Center for Service Members, Veterans, and their Families

The Role of Peers in Recovery for Veterans

SAMHSA has published a blog post on the role of peers in Veterans' recovery from mental illness and substance misuse.

Resources for Boards/Commissions

Acronyms Word PDF
Best Practices Handbook
Brown Act Guide
Conduct
Cultural Relevance
Hybrid Meetings

- Mental Health Services Act
 - Role of MHB/C
 - Fiscal
 - Community Program Planning

News/Issues

Performance Outcome Data

Recommendations

Review - Key Considerations & Roles Templates/Sample Docs

- Agendas
- Annual Reports
- Recommendations
- Recruitment
- Site Visits And More!

Welfare & Institutions Code

- Bylaw Requirements
- Duties
- Expenses
- Membership Criteria
- MHSA Community Planning

Training: Modules

- Duties
- Ethics Training
- Mental Health Services Act

Training: Materials/Recordings

- Basic Training: How to be an Effective MH/BH Board/Commission (42 minutes)
- 2. <u>Behavioral Health Continuum</u> (15 minutes)
- 3. Chair & Admin (60 minutes)
- 4. Community Engagement & Unconscious Bias: Ensuring Citizen & Professional Involvement Throughout the Planning Process
- 5. <u>Community Program Planning</u> (MHSA "CPP") (60 minutes)
- 6. Performance & Fiscal (41 minutes)

Meetings/Events

CA Association of Local Behavioral Health Boards/Commissions (CALBHB/C)

San Diego/Zoom: January 19 & 20, 2024
There is no fee to register.
Invitation Registration

Sacramento/Zoom: April 19 & 20, 2024 (Save the date)

Most CALBHB/C Meetings/Trainings immediately follow the CA BH Planning Council meetings (below) and are at the same location.

CA Behavioral Health Planning Council

Quarterly Meeting in San Diego January 16th - January 19th, 2024*

- Performance Outcomes Committee:
 Tuesday, January 16, 2 pm to 5 pm
- Executive Committee: Wednesday, January 17, 8:30 am to 10:15 am
- Patients' Rights Committee:
 Wednesday, January 17, 10:30 am to 12:30 pm
- Children and Youth Workgroup: Wednesday, January 17, 11:00 am to 12:00 pm
- Workforce and Education Committee: Wednesday, January 17, 1:30 pm to 5:00 pm
- Legislation and Public Policy Committee: Wednesday, January 17, 1:30 pm to 5:00 pm
- Housing and Homelessness
 Committee: Thursday January 18, 8:30
 am to 12:00 pm

*No registration is required for their meetings (Days/times are below.) More information will be posted on their website.

CA Council on Criminal Justice and Behavioral Health (CCJBH)

2024 CCJBH meetings will be posted at: www.cdcr.ca.gov/ccjbh/meetings

CA Department of Public Health Office of Health Equity

Advisory Committee

Agendas, meeting notes, and updates will be posted on the <u>CRDP website</u>. *Upcoming meetings:*

- January 4, 2024 | 1pm and 3pm
- February 1, 2024 | 1pm and 3pm
- March 7, 2024 | 1pm and 3pm
- April 4, 2024 | 1pm and 3pm
- May 2, 2024 | 1pm and 3pm
- June 6, 2024 | 1pm and 3pm

CA Health & Human Services (HSS)

Behavioral Health Task Force

Hybrid Quarterly Meeting January 17, 2024, 10-3pm

CARE Act Advisory Committees:

The CARE Act Data Collection, Reporting & Evaluation Ad Hoc Group, *December 19, 2023, 2:00 pm – 3:30 pm,* via Zoom. 2024 Meetings

CA Department of Health Care Services

Stakeholder Advisory Committee (SAC) and
Behavioral Health Stakeholder Advisory
Committee (BH-SAC) Meeting

February 15, 2024, 9:30 a.m. - 12:30 p.m.

2024 Meetings: May 29, July 24, October 16

Evaluate Us!

CALBHB/C is here to provide resources, support, training, communication and coordinate advocacy for statewide issues as detailed in our <u>Annual Report</u>. We invite you to evaluate us by taking a few minutes to complete: <u>Evaluate CALBHB/C</u>.

Report to Us!

Let us know your top issues and/or resource needs: Report to CALBHB/C

Contact Us!

Email: <u>info@calbhbc.com</u> Website: <u>www.calbhbc.org</u> Facebook: <u>www.facebook.com/CALBHBC</u>

For ADA compliant or <u>printed copies</u> of CALBHB/C documents and resources, contact cal@calbhbc.com

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