



CEU PROGRAM DESCRIPTION

1. Title of Presentation:

Pondering the Pineapple: Fostering Constructive Discussion of Non-Monogamy in Session

2. Presenter:

Grover Hollway, LPC

3. Description of Program:

Non-monogamous relationships are on the rise in the US and increasingly presenting in both individual and couples counseling environments. Discussing ethical non-monogamy (ENM) often elicits strong reactions from clients, partners, and even counter-transference from clinicians. This presentation offers terminology and tools for exploring the values, needs, and intentions around ENM in an accessible manner. The principles of Scarcity and Abundance Theory will be presented along with multiple values-based exercises that can apply this lens in a clinical environment with both couples and individuals.

4. Program Objectives.

- a) Understand information about ENM in the US client population and destigmatize discussion of ENM
- b) Learn terminology utilized in ENM relationships. Address the benefits and costs of using these “labels” in relationships and how to guide clients to be specific in their own relationship structure.
- c) Be able to integrate Scarcity and Abundance Theory to broker values-based relationship conversations with individuals and couples

4. Bio of Presenter:

Grover Hollway, LPC, is an associate clinician at Affiliates in Counseling. He completed his M.A. in Counseling with academic distinction from Northwestern University in 2022. His clinical work with adults in their 20s and 30s centers around identifying and fulfilling relationship needs through deepened self-awareness and existential meaning-making.

He received a B. S. in Theatre from Northwestern University in 2015 and worked for six years as a professional sound designer and engineer in the Chicago region, earning a Joseph Jefferson award in 2017.