

1A Southwest

Name	School	Grade
Jaime Hausman	Ar-We-Va	12
Maggie Ragaller	Ar-We-Va	12
Karli Irlmeier	Audubon	12
Alexis Obermeier	Audubon	11
Jordan Porsch	Audubon	11
Karys Hunt	CAM	12
Haley Glade	Earlham	10
Katie Janssen	Earlham	11
Avery Subbert	Earlham	12
Shay Burmeister	Exira-EHK	12
Quinn Grubbs	Exira -EHK	12
Riley Miller	Exira -EHK	8
Vanessa Koehler	Glidden Ralston	12
Makenna Askeland	Griswold	12
Karly Millikan	Griswold	11
McKenna Wiechman	Griswold	12
Abby Hiatt	Logan-Magnolia	11
Macanna Guritz	Logan-Magnolia	12
Alexis Narmi	St. Albert	11
Charlie Pryor	Woodbine	10

Coach of the Year: Jody Rossell, Griswold

1A South Central

Name	School	Grade
Kara Minnaert	BGM	10
Ryanne VanDee	BGM	10
Kennedy Axmear	English Valleys	11
Addysyn Westfall	English Valleys	12
Ema Roberts	HLV	10
Lydia Kriegel	Iowa Valley	10
Taylor Henson	Lamoni	10
Greenlee Smock	Lynnvile-Sully	12
Paetyn Anderson	Melcher Dallas	11
Keirsten Klein	Murray	9
Teryn Shields	Murray	12
Pressley VanWinkle	Murray	10
Emma Boswell	Orient-Macksburg	9
Gracie Peck	Seymour	11
Carly Goodwin	Sigourney	11
Josephine Moore	Sigourney	10
Rain Barthelman	Sigourney	12
Delanie Little	Tri-County	12
Rylee Dunkin	Twin Cedars	12
Jillian French	Twin Cedars	11
Kisha Reed	Twin Cedars	10

Coach of the Year: Zach Dunkin, Twin Cedars

1A Northeast

Name	School	Grade
Reagan Crawford	BCLUW	10
Emily Boeckman	Calamus-Wheatland	11
Bailee Weber	Central City	11
Belle Whitson	Central City	11
Audrie Helmricks	Edgewood-Colesburg	11
Rachel Eglseder	Edgewood-Colesburg	9
Alaina Blakewell	Kee	12
Jada Knipper	Maquoketa Valley	10
Ellie Flanagan	North Linn	12
Skylar Benesh	North Linn	11
Mackenzie Bridgewater	North Linn	10
Jersey Peyton	North Linn	11
Nia Howard	Springville	12
Ashlynn Zaruba	Springville	12
Maici Weber	Turkey Valley	9

Coach of the Year: Chad Spore, North Linn

1A Southeast

Name	School	Grade
Noelle McKnight	East Union	12
Abbi Stransky	Highland	12
Mary Hellige	Holy Trinity Catholic	12
Sadie Cox	Lenox	10
Vivian Zaruba	Lone Tree	10
Campbell German	Martensdale-St Marys	11
Brynnly German	Martensdale-St Marys	11
Ellie Baker	Martensdale-St Marys	10
Alivia Ruble	Southeast Warren	12
Breanna Nolte	Southeast Warren	12
Sturgis Fridley	Southeast Warren	11
Ada Boysen	Wapello	11
Tatum Welford	Wapello	11
Izzie Moore	Wayne	10
Allie Jo Fortune	Wayne	10
Ava Whitney	Wayne	10

Coach of the Year: Emily Wood, Martensdale-St. Marys

1A Northwest

Name	School	Grade
Larissa Pohlen	Gehlen Catholic	11
Ally Hanson	GTRA	12
Myla Murphy	GTRA	12
Makenna Bowmann	Kingsley-Pierson	12
Mia Walker	Newell-Fonda	12
Mary Walker	Newell-Fonda	12
Mya Bunkers	Remsen St. Mary's	11
Claire Schroeder	Remsen St. Mary's	11
Marina Cronin	Remsen St. Mary's	11
Izzy Deeds	River Valley	11
Kladuia Pry	River Valley	12
Jinger Nieuwenhuis	South O'Brien	11
Kaili Henning	St. Edmond	11
Faith Shirbroun	St. Edmond	9
Keahna Heynen	Trinity Christian	12
Lexi Gilbert	Woodbury Central	8

Coach of the Year: Bill Shirbroun, St. Edmond

1A North Central

Name	School	Grade
Abbie Capesius	Bishop Garrigan	11
Cailyn Hardy	Clarksville	12
Jenna Meyers	Clarksville	12
Rachel Borchardt	Clarksville	12
Erica Houge	Collins-Maxwell	11
Marissa Boege	Collins-Maxwell	12
Caelor Yoder	Don Bosco	12
Kennedi McGarvey	Don Bosco	10
Macy Kellar	Newman Catholic	12
Emily Opstvedt	Newman Catholic	12
Liz Kruckenberg	Newman Catholic	11
Kiya Johnson	North Butler	12
Kenzie Groen	North Butler	12
Jaycee Plath	North Iowa	11
Madison Mauer	Riceville	12
Mallory Juhl	Saint Ansgar	12
Josie Juhl	Saint Ansgar	10
Aspen Falk	Saint Ansgar	11
JoAnna Wallace	West Fork	10
Libby Trewin	West Fork	10

Coach of the Year: Tom Dunn, Newman Catholic