# Mountainview Nine Lives Enduro

# "Downcountry" Enduro - Tech Guide June 19, 2022, 10am start

# Important links:

Register at ccnbikes.com – Registration closes at 5pm, June 17, 2022. Registration limited to 100 racers.

OCA Return to Cycling COVID19 Guidelines

# **Key Times:**

8:30am: Registration opens

10:00am: Morning XC climb stage starts 10:30am: First morning Enduro stage starts 1:00pm: Afternoon XC climb stage starts 1:30pm: First afternoon Enduro stage starts

Approx 3:30pm: Awards

#### Race Format:

All racers will follow the marked uphill trail to get to the start of the timed Enduro stages. Riders in the "Cross Country" category will be timed on their first lap on the morning uphill trail, and on their first lap of the afternoon uphill trail. Racers in the "All Mountain" category will not be timed on the uphill trails. There will be 3 Enduro stages in the morning, followed by a lunch break. There will be 3 Enduro stages in the afternoon. The racer with the best combined time on all timed stages will be crowned the champion!

# Entry Includes:

- Ride the best trails that Mountainview has to offer in a fun and challenging format!
- Number plate (and zip ties!)
- Live online results using Zone4 timing software
- Nine Lives Enduro t-shirt for all racers who complete Early Bird registration
- Chance to win draw prizes from our great sponsorship partners
- Sanctioned by the Ontario Cycling Association

#### Maximum Racers:

Registration will be limited to 100 racers. Register early to reserve your spot!

#### The Course:

The Nine Lives Enduro stages will test your legs, lungs, and bike handling skills on fun and fast, primarily downhill trails. Cross country bikes and gear are suitable for the course, as well as all-mountain/enduro style bikes.

The morning uphill trail will be climbed 3 times by each racer, and the afternoon uphill trail will also be climbed 3 times by each racer.

Pre-staging for each stage will be marked with cones >3m apart. Please respect social distancing while waiting for your start.

Racers are responsible for ensuring that they complete all stages. Stages must be ridden in the correct order. Stage starts will be open for 30 minutes, staggered 30 minutes apart (e.g. Stage 1 open 10:30am-11am, Stage 2 open 11am-11:30am, Stage 3 open 11:30am-12pm).

Racers are asked to respect trail limits (i.e. no short-cutting corners, etc).

# Registration/Sign-in procedure:

All registration will take place online at ccnbikes.com. There <u>will not be any on-site registration</u>. Registration is limited to 100 racers, please register early to reserve your spot!

Sign-in will open at 8:30am. Number plates and t-shirts will be picked up from a table outside. Please line up at the markers 2m apart while waiting your turn for package pickup. If a family member/member of a social bubble is able to pick up several racer packages, that is preferred. *Masking is recommended for the sign-in process.* 

# Timing and Results:

Results will not be posted at the race site to avoid a congregation point. Results will be posted live at zone4.ca and can be checked by racers using their mobile devices.

Awards will take place in a socially distant fashion. If weather does not permit outdoor awards, they will unfortunately have to be skipped.

If a racer is unable to complete a stage for some reason (mechanical, etc) they will be awarded the same time as the slowest racer for that stage.

#### Categories:

Cross Country - Racers will be timed on all Enduro stages plus two uphill stages

- Under 17M, Open M, 45+M, Open Women

All Mountain - Racers will be timed on all Enduro stages. No timed uphill stages.

- Under 17M, Open M, 45+M, Open Women

Categories subject to change based on entry numbers

### **Entry Fees:**

Early Bird entry fee (before July 10th): \$45 all categories. Regular entry fee (July 10th-July 16th): \$55 all categories. *Entry fees include CCN and credit card charges.* 

### Refund Policy:

If the Enduro is cancelled for any reason, we will fully refund fees less a small admin fee to cover online and credit processing fees. Refunds will be considered for other extenuating circumstances (e.g. injury) less an admin fee.

# Rider Support and Supplies:

Riders must bring all food, water and other supplies they expect to need for the day.

Riders are encouraged to wear face masks for sign-in, washroom use, etc.

# Pre-riding:

Limited pre-riding is available beginning at 8am on race day. Racers are also invited to participate in the Mountainview Thursday Night Series leading up to the event, as it will use stage sections as part of its race course leading up to the event. Please be aware the Mountainview trails are on private property and pre-riding outside of this time is considered trespassing.