

22 July 2019

**‘FOOD FOR THOUGHT’ NUTRITION PROGRAMME
VISIT TO PAK N’ SAVE, ALBANY, THURS 15 AUGUST**

Dear Parents

Our Health learning this term involves a visit by a Foodstuffs educator who will be working with children in classes. We will be looking at nutrition and making good, informed food choices.

We will also be visiting Pak n’ Save Albany on **Thursday 15 August** for a hands-on learning experience to investigate nutrition labels and healthy eating options. While in-store the children will work in small groups to complete a range of activities. We will need parent helpers to supervise and provide transport for this trip.

A timetable for each class follows:

- **LZ1 JF** Depart school at 9.00am, depart Albany Mall at 10.30am
- **LZ1 PJ** Depart school at 10.0am, depart Albany Mall at 11.30am
- **LZ1 SG** Depart school at 11.00am, depart Albany Mall at 12.30pm

Please **complete and return the permission slip** below to the classroom teacher by **FRIDAY 9 AUGUST**, and also let us know if you are able to help with supervision and transport.

Thank you for your support.

Jenny Forlong, Penny Jefferson, Shayne Grice

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‘FOOD FOR THOUGHT’ NUTRITION PROGRAMME, STORE VISIT THURSDAY 15 AUGUST

- I give my permission for to participate in the ‘Food for Thought’ visit to Pak n’ Save, Albany, and to travel by private car with a parent or teacher.
- I am able / unable (*please circle*) to help with supervision at Pak n’ Save Albany.
- I am able / unable (*please circle*) to help with transport to and from Pak n’ Save Albany.
- I have diagonal seatbelts (ie. not lapbelts) for (*please indicate how many*) children.

Signed

Contact: email phone

Date