Use a concise and informative title in sentence case

(consists of 15 – 20 words)

First Author,[1,*] Second Author,[2] Third Author,[2,3] and Fourth Author[2]

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ABSTRACT Abstract is written in English in one paragraph, 200-300 words, and should contain the background and the aim of the paper (Introduction), methods, main results, and conclusions. Avoid using abbreviations and citations.

KEYWORDS Keywords are written in English, 3-5 keywords or phrases, arranged alphabetically and separated using semicolons (;). Do not use terms that are too general or too long.

1. Introduction

Do not indent the first paragraph of every new section/subsection. The target population (community) is highlighted, explaining the context in which the target population takes shelter. Discussing the facts or phenomena in the target population that are the basis for implementing community empowerment activities. Things that have been done by other parties in overcoming the

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problem. The research objective and target of community empowerment activities are related to problems, challenges or community needs.

Indent the subsequent paragraphs throughout. The article should be typed using Times New Roman, size 12pt, double spacing, and submitted in docx or doc format. The article does not exceed 4.500 words, including References (excluding abstracts). Either British or American English spelling can be used, but do not mix both. The abbreviation should be explained at the first appearance and should be consistently used until the end part of the article.

Please refer to Vancouver style as you write a citation. In the paragraph, you should put superscript number (1, 2, 3, 4, 5, 6, 7, 8, 9) at the end of the sentence(s) you are citing, in the order of appearance. The author is responsible for the accuracy and completeness of the references.

For example the prevalence of people suffering from non-communicable diseases is predicted to keep increasing until 2030.[1,2]

2. Method

Describing the method used to solve problems, challenges or problems, answer the research objectives. This should be consisted of data collection techniques (including sample selection techniques, validity, and reliability of data collection tools), data analysis technique, location, time and duration of activities.

Abbreviation should be explained at the first appearance and should be consistently used until the end part of the article. Please cite the previous method publication, if you refer to the published article, and explain the detail, if you modify the method. Please state ethical clearance register number along with a copy clearly or please send us the patient/family informed consent (English) for case series/report.

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3. Result

Relevant documentation with a focus on community empowerment activities. The minimum resolution of photos and images is 300 dpi with JPEG extensions (.jpg). Use image processing software to check dpi.

Results must be presented correctly and accompanied by an explanation without reference to the literature. Original and important findings must be stated. Results must be illustrated with numbers or tables if necessary, but must be kept to a minimum. Detailed discussion, speculation, and interpretation of data are not included in the results, but in the discussion section.

3.1 Tables

Tables are made with column width either 80 mm or 170 mm, in single spacing. Use only horizontal lines for borders. For example:

Table 2. The mean of LDL-cholesterol

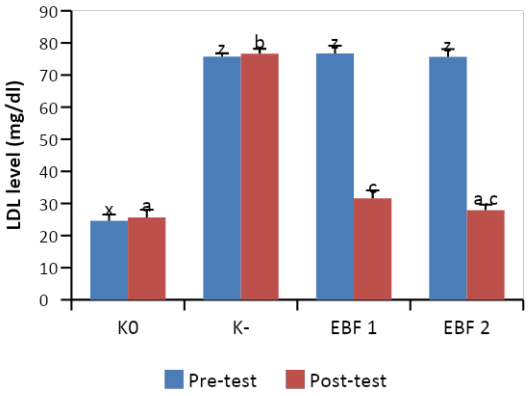
Group	**Mean±SD, mg/dl**	
	Pre-test	**Post-test**
Control	50±6[a]	24.23±4[a]
Non-exercise	51±4[a]	97.99±4[b]
Exercise	54±6[a]	29.40±2[a]
p	0.013	< 0.001

[a,b] Significant ($p > 0.05$).

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3.2 Graphs

Graphs created with Microsoft Excel should also be sent in their original Excel file. Present graphs in 2D (not 3D), without shadows or other effects, and without gridlines.



3.3 Photos and figures

Relevant documentation with a focus on community empowerment activities. The minimum resolution of photos and images is 300 dpi with JPEG extensions (.jpg). Use image processing software to check dpi. For ethical reasons, any photographs containing identifiable human faces must be appropriately blurred or anonymized.



(a) (b)

Figure 7. The appearance of Desa Bondowoso. (a) Majority of house type owned by the community. (b) Grass appearance of the community field.

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4. Discussion

The discussion must interpret the findings expressed in the results obtained with the background of existing knowledge (not repeat the result). The discussion must highlight what's new. Each assumption must be clearly stated. Linkages between results and the context of the target population and possible generalizations to other populations. The advantages and disadvantages of community empowerment activities that are carried out with the conditions of the surrounding community.

5. Conclusion

Provide conclusions on the level of achievement of targets for community empowerment activities. Providing conformity to methods of community empowerment with problems, needs, and challenges that exist in the area of community empowerment activities. Give conclusions about the impact and benefits of community empowerment activities. Provide advice for further community empowerment.

Acknowledgment

A separate thank you at the end of the article before the reference, not on the title page and not as a footnote to the title or vice versa. Acknowledgment list consist of people who provided assistance during community empowerment activities. Declaration of Conflict of Interest must be clearly written when you (or your company or sponsor) have a financial, commercial, legal, or professional relationship with another organization, or with people who work with them, which can affect your research.

Conflict of interests

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Declare any conflict of interests, such as any financial, professional, or personal relationships that are relevant to the submitted work. This can include a description of their role in the design of the study, data collection and analysis, writing of the article, and/or decision to submit to JCOEMPH; whether they serve or have previously served on JCOEMPH's editorial board; and/or whether they work or have worked for an organization that may benefit from the publication of the article.

Research Funding

Please state Funding (if there are any) by filling this format. When funding comes from grants available from universities, colleges, or other research institutions, write down the name of the institution or organization that provided the funds. If there are no funders from a university, college, or other research institution, please include the following sentence: This study did not receive specific grants from funding agencies in the public sector, commercial, or non-profit section.

Author Contribution

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Use of artificial intelligence (AI)

Please state the use of Artificial Intelligence (AI) or AI-assisted technologies in your paper. Write the AI usage statement as a narrative paragraph specifying the tool used and its purpose (e.g., language editing). If no AI tools were used during the preparation of this manuscript, explicitly declare that no AI was utilized.

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References

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Examples:

1. Standard journal article: Lundmark, Linda. Economic restructuring into Swedish mountain range tourism. Scandinavian Journal of Hospitality and Tourism. 2005; 5 (1): 23–45. doi: 10.1080/15022250510014273
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