

NOVEMBER 2022

Jefferson Union High School District

Menu Subject To Change

	Monday	Tuesday	Wednesday	Thursday	Friday
		Macaroni & cheese	Orange chicken & vegetable fried rice	Bean & cheese pupusa	Alfredo pasta with peas
	7 Cheeseburger	BBQ beef rib hoagie	Loaded baked potato	Three Bean chili	Veterans Day Holiday
	Green chili & cheese tamale	Spicy chicken tenders	Corndog 16	Pot-sticker dumplings	Fish & chips
	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Recess	Thanksgiving Day!	Thanksgiving Recess
	Sweet & sour chicken	Teriyaki beef	Twisted mozzarella pizza bread		

All meals come with fresh fruit, vegetable crudité, low fat or chocolate skim milk Entrée salads, and a variety of sandwiches – including vegetarian options are also available