

1993 EDC GIRLS RESULTS

100 M Dash

1. Trisha Amundson WF 12.85
2. Brooke Hanisch FN 12.99
3. Andee Burris GFC 13/05
4. Brenda Baldner FS 13'07
5. Jackie Hjelden RR 13.22
6. Leah Kvien VC 13.31

200 M Dash

1. Trisha Amundson WF 16.61
2. Brooke Hanisch FN 26.67
3. Jackie Hjelden RR 27.03
4. Brigitte Sather FS 27.35
5. Stacy Smith GFC 27.49
6. Sarah Peyerl DL 27.56

400 M Dash

1. Kara Derringer Shan 59.13
2. Heidi Hager FN 59.52
3. Traci Koynta GFC 1:00.02
4. Lori Olmstead WF 1:00.06
5. Jethe Lowman FN 1:00.22
6. Carrie Welle Shan 1:01.14

800 M Run

1. Traci Korynta GFC 2:20.62
2. Leta Prochnow Jmst 2:23.75
3. Tomina Marken GFC 2:23.8
4. Karen Greenwood Jmst 2:24.5
5. Mandi Zimney Jmst 2:24.65
6. Carrie Welle Shan 2:25.08

1600 M Run

1. Traci Korynta GFC 5:13.05
2. Kim Fox Jmst 5:16.96
3. Christa Steimachuk WF 5:18.55
4. Mandi Zimney Jmst 5:26.92
5. Jenny Sahr FS 5:30.96
6. Noela Johnson Jmst 5:31.44

3200 M Run

1. Erin Zimney Jmst 11:37.65
2. Kim Fox Jmst 11:41.74
3. Jenny Sahr FS 11:45.88
4. Casey Wanzek Jmst 11:58.45
5. Shelby Murphy WF 11:59.64
6. Noela Johnson Jmst 12:01.86

100 M Hurdles

1. Kara Derringer Shan 15.61
2. Zoe Lindquist RR 15.81
3. Kristi Wollitz WF 16.71
4. Tara Schilling VC 16.72
5. Heather Lee Jmst 16.82
6. Lindsay Wilkens RR 17.20

300 M Hurdles

1. Kara Derringer Shan 45.38
2. Tara Schilling VC 47.81
3. Lori Olmstead WF 48.04
4. Amy Bushaw GFC 48.05
5. Kelly Eaton RR 48.54
6. Kristi Wollitz WF 49.38

Shot Put

1. Jen Schumacher RR 46'4
2. Disa Salander GFC 43' 4 ¼
3. Steph Wigness RR 39'8
4. Melissa Durensky WF 37' 11
5. Jenny Rud WF 37' 4 ¼
6. Mindy Niebauer FS 37' 1 ½

Discus

1. Disa Salander GFC 158'5
2. Jen Schumacher RR 139' 5
3. Cassie Romuld GFC 133' 11
4. Steph Wigness RR 129' 5
5. Lisa Kuntz RR 125' 1
6. Mindy Niebauer FS 124' 11

Javelin

1. Mandy Fink Wah 119'8
2. Sara Schauer Jmst 117'2
3. Jennifer Olson FN 117'2
4. Amanda Gies FN 112'9
5. Missy Wilson RR 110'5
6. Misti Schlager Jmst 106'1

High Jump

1. Crystal Cummnngs 5'4
2. Heather Lee Jmst and Jenny Olson FS 5'2
4. Kaleigh Alm FS 5'
5. Kelly Eaton RR 5'
6. Angie Ranta Wahp 5'

Long Jump

1. Angie Ranta Wahp 17'3
2. Angie Anderson Wahp 16' 9 ½
3. Jill Sturdevant Wahp 16' 7 ½
4. Heather Fritel VC 16'7
5. Randi Glas RR 16'6
6. Amy Brink FN 16' 1

Triple Jump

1. Heather Fritel VC 36' 2
2. Zoe Lindquist RR 35' 8
3. Brenda Baldner FS 34' 7 ½
4. Angie Anderson Wahp 33'10
5. Amy Brink FN 33'8
6. Angie Ranta Wahp 33' 6 ½

400 M Relay

1. RR (Jackie Hjelden, Kristi Stinar, Zie Lindquist, Trisha Spieth) 51.06
2. South 51.34
3. WF 51.56
4. GFC 51.8
5. FN 51.87
6. Wahp 52.59

800 M Relay

1. WF (Lori Olmstead, Kristi Rasmussen, Heidi Grafarud, Trisha Omundson) 1:46.27
2. North 1:46.46
3. RR 1:47.62
4. South 1:50.76
5. GFC 1:51.63
6. VC 1:52.02

1600 M Relay

1. WF (Heidi Grefrud, Krista Steimachuk, Joleen Vanyo, Lori Olmstead) 4:04.57
2. Shan 4:06.72
3. North 4:06.73
4. RR 4:11.64
5. DL 4:12.92
6. GFC 4:15.44

3200 M Relay

1. Shan (Michelle Beare, Carrie Welle, Danielle Clark, Aaron Clark) 9:44.12 (MEET RECORD: old record: 9:47.37 Shanley in 1992)
2. Jmst 9:47.51
3. WF 9:50.46
4. GFC 9:54.12
5. RR 10:22.82
6. DL 10:40.28

Team Totals

1. WF 93
2. RR 85
3. GFC 79
4. Jmst 65
5. South 57
6. North 55
7. Shan 50
8. Wahp 41
9. VC 28
10. DL 5