## Quakerism 101 - Winter 2025

## Do you feel drawn to Quakerism and want to learn more?

Friends Meeting of Washington's Winter 2025 Quakerism 101 course is held once a year in the winter and will be held January 14th through February 23rd. This basic course in Quakerism was developed by the Ministry & Worship Committee to provide introductory information for newcomers and a refresher for other members and attenders.

The course consists of five sessions with sessions 1 through 4 being held on Tuesday evenings starting January 14th through February 4th from 7:00-8:30 pm. Session 5 will be held on Sunday, February 23rd from 12:15-1:45 pm as a hybrid meeting (in person at FMW and zoom) followed by refreshments and treats. Register here. For more information contact: Ann Herzog lannherzog@gmail.com

## **About Quakerism 101**

Quakerism 101 is an introductory class on Quaker faith and practice. The course consists of five sessions that provide a strong foundation of understanding as you begin your spiritual journey into the rich tradition of the Quakers - Religious Society of Friends.

## **Q101 Winter Course Outline**

SESSIONS	SCHEDULE	FACILITATORS	OVERVIEW
1. Quaker Faith & Practice	January 14th, zoom only	Rebecca Nelson & Amit Pandya	Quaker faith is derived from divine revelation. This session will discuss the foundation of Quaker faith and spiritual practice.
2. Quaker Worship & Vocal Ministry	January 21st, zoom only	Debby Churchman & John Bluedorn	Attending a Meeting for Worship is often the first introduction to Quakerism. This session will explore the intentions and experiences of Quaker Worship and Vocal Ministry.
3. Quaker History	January 28th, zoom only	Bill Thompson & Joe Izzo	This session outlines the history of the Quaker movement from its beginnings with George Fox in the 1650s and its evolution over time to the present.
4. Living Your Quaker Testimony	February 4th, zoom only	Veronica Obodo-Eckblad & Steve Chase	Throughout Quaker history, Friend's beliefs have shown themselves through their actions and current testimonies will be discussed in this session.
5. When Friends Get Down to Business	February 23rd, in person & zoom	Grant Thompson	This final class explains: How are we organized? What is the Quaker Process? Why do we do things the way we do? What is my place in the Meeting? What lies ahead for Quakers?