

Fall Sports Information

Boys & Girls Cross Country (High School & Junior High)

- Coaches
 - o Head Coach – Josh Hart – josh_hart@mstm.us
 - o Assistant Coach – Trent Golz – trent_golz@mstm.us
- Key Dates
 - o First Official Day of High School Practice – August 11, 2025
 - o First Official Day of Junior High Practice – August 25, 2025
 - o Last Day of Junior High Practice – October 8, 2025
 - o 2025 State Qualifying Meeting – October 23, 2025
 - o 2025 State Cross Country Meet – November 1, 2025

Football – High School

- Head Coach – Derek Wharton – derek@4sns.com
- Key Dates
 - o Preseason Football Camp – August 4 – 7, 2025
 - o First Official Day of High School Practice – August 11, 2025
 - o First Game – August 29, 2025
 - o Last Game – October 17, 2025

Football – Junior High

- Head Coach – Tim Baker – tim_baker@mstm.us
- Key Dates
 - o Preseason Football Camp – August 11 – 15, 2025
 - o First Official Day of Junior High Practice – August 25, 2025
 - o First Game – August 29, 2025
 - o Last Game – October 16, 2025

Volleyball – High School

- Head Coach – Tammi Wight – twight@sbcins.com
- Key Dates
 - o Preseason Volleyball Camp – August 4 – 8, 2025
 - o First Official Day of High School Practice – August 11, 2025
 - o First Game – August 26, 2025
 - o Postseason Start Date – October 20, 2025

Volleyball – Junior High

- Head Coach – Terah Henson – terah_henson@mstm.us
- Key Dates
 - o Preseason Volleyball Camp – July 14 – 18, 2025
 - o First Official Day of Junior High Practice – August 26, 2025
 - o First Competition Date – September 11, 2025
 - o Last Competition Date – October 6, 2025

Girls Swimming – High School Only – Co-Op through Indianola

- Head Coach – Aaron Strain – aaronstrain@live.com
- Key Dates
 - o First Official Day of Practice – August 11, 2026
 - o First Competition Date – August 25, 2026
 - o Postseason Start Date – November 6, 2026

Contact Coach Strain and Adam Fraher for more information about signing up.



Winter Sports Information

Boys Basketball – High School

- Head Coach – Joe Franey – joe_franey@mstm.us
- Key Dates
 - First Official Day of High School Practice – November 17, 2025
 - First Game – December 1, 2025
 - Postseason Start Date – February 13, 2026

Boys Basketball – Junior High

- Head Coach – Trent Golz – trent_golz@mstm.us
- Key Dates
 - First Official Day of Junior High Practice – October 27, 2025
 - First Game – November 13, 2025
 - Last Game – December 18, 2025

Girls Basketball – High School

- Head Coach
 - Head Coach – Aaron Lyons – aaron_lyons@mstm.us
- Key Dates
 - First Official Day of High School Practice – November 10, 2025
 - First Game – November 24, 2025
 - Postseason Start Date – February 12, 2026

Girls Basketball – Junior High

- Head Coach – Dan Jones – dan_jones@mstm.us
- Key Dates
 - First Official Day of Junior High Practice – October 27, 2025
 - First Game – November 13, 2025
 - Last Game – December 19, 2025

Boys Wrestling – High School

- Head Coach – Cody Cline – cody_cline@mstm.us
- Key Dates
 - First Official Day of High School Practice – November 17, 2025
 - First Competition Date – December 4, 2025
 - Postseason Start Date – February 14, 2026

Boys Wrestling – Junior High

- Head Coach – Brad Nagel – brad_nagel@mstm.us
- Key Dates
 - First Day of Junior High Practice (Non-Basketball players) – November 17, 2025
 - First Day of Junior High Practice (Basketball players) – December 29, 2025
 - First Competition Date – January 13, 2026
 - Last Competition Date – February 12, 2026



Winter Sports Information - CONTINUED

Girls Wrestling – High School

- Head Coach – Faith Hatch – faithihatch@gmail.com
- Key Dates
 - First Official Day of High School Practice – November 3, 2025
 - First Competition Date – November 17, 2025
 - Postseason Start Date – January 30, 2026

Girls Wrestling – Junior High

- Head Coach – Faith Hatch – faithihatch@gmail.com
- Key Dates
 - First Day of Junior High Practice (Non-Basketball players) – November 3, 2025
 - First Day of Junior High Practice (Basketball players) – December 29, 2025
 - First Competition Date – January 13, 2026
 - Last Competition Date – TBD

Boys Swimming – High School Only – Co-Op through Indianola

- Head Coach – Aaron Strain – aaronstrain@live.com
- Key Dates
 - First Official Day of Practice – November 10, 2026
 - First Competition Date – November 24, 2026
 - Postseason Start Date – February 7, 2026
- Contact Coach Strain and Adam Fraher for more information about signing up.



Spring Sports Information

Boys Track & Field – High School

- Head Coach – Aaron Lyons – aaron_lyons@mstm.us
- Key Dates
 - First Official Day of High School Practice – February 3, 2026
 - First Competition Date – March 31, 2026
 - State Qualifying Meet Date – May 14, 2026
 - State Track Dates – May 21 – 23, 2026

Boys Track & Field – Junior High

- Head Coach – Aaron Lyons – aaron_lyons@mstm.us
- Key Dates
 - First Official Day of Junior High Practice – March 24, 2026
 - First Competition Date – April 7, 2026
 - Last Competition Date – May 1, 2026

Girls Track & Field – High School

- Head Coach – Josh Hart – josh_hart@mstm.us
- Key Dates
 - First Official Day of High School Practice – February 3, 2026
 - First Competition Date – March 31, 2026
 - State Qualifying Meet Date – May 14, 2026
 - State Track Dates – May 21 – 23, 2026

Girls Track & Field – Junior High

- Head Coach – Terah Henson – terah_henson@mstm.us
- Key Dates
 - First Official Day of Junior High Practice – March 24, 2026
 - First Competition Date – April 7, 2026
 - Last Competition Date – May 1, 2026

Boys Soccer – High School Only – Co-Op through Norwalk

- Head Coach – Dustin Karlik – dustin.kralik@norwalkschools.org
- Key Dates
 - First Official Day of Practice – March 16, 2026
 - First Competition Date – March 30, 2026
 - Postseason Start Date – May 19, 2026
- Contact Coach Karlik and Adam Fraher for more information about signing up.

Girls Soccer – High School Only – Co-Op through Norwalk

- Head Coach – Andrew Messer – andrew.messer@norwalkschools.org
- Key Dates
 - First Official Day of Practice – March 16, 2026
 - First Competition Date – March 30, 2026
 - Postseason Start Date – May 28, 2026
- Contact Coach Messer and Adam Fraher for more information about signing up.



Summer Sports Information

Baseball – High School

- Head Coach
 - Head Coach – Jon Fitzpatrick – jon_fitzpatrick@mstm.us
- Key Dates
 - First Official Day of High School Practice – May 4, 2026
 - First Competition Date – May 18, 2026
 - Postseason Start Date – July 3, 2026

Baseball – Junior High

- Head Coach
 - Head Coach – Trent Golz – trent_golz@mstm.us
- Key Dates
 - First Official Day of Junior High Practice – May 18, 2026
 - First Competition Date – June 1, 2026
 - Last Competition Date – June 29, 2026

Softball – High School

- Head Coach
 - Head Coach – Emily Wood – emily_wood@mstm.us
- Key Dates
 - First Official Day of High School Practice – May 4, 2026
 - First Competition Date – May 25, 2026
 - Postseason Start Date – July 6, 2026

Softball – Junior High

- Head Coach
 - Head Coach – TBD – TBD
 - Assistant Coach – Hannah Happ – hannah_happ@mstm.us
- Key Dates
 - First Official Day of Junior High Practice – May 18, 2026
 - First Competition Date – June 1, 2026
 - Last Competition Date – June 30, 2026

