

Numadelic workshop 2026 program

Monday 11			
17-18		Welcome and check-in	
18-19	Dave	Opening lecture	1h talk
19-19.30	Andrea G	Antipresence	online
19.30 - Dinner			
Tuesday 12			
8.30-9.30		Yoga with Marcel	
9.30- 10.00	Karma	Principles of Numadelic Design	
10.00- 10.30	Jose	Designing Meaningful Experiences: Tools and Frameworks for Numadelic Experience Designers	
10.30 – 11.30		Brunch	
11.30 – 13.30	Jose and Karma	Workshop: Designing Meaningful Experiences: Tools and Frameworks for Numadelic Experience Designers	2 rooms
13.30 – 15.30		Free time	
15.30-16.00	Joana	The Clinical Potential of Inducing a Numadelic Virtual Reality Experience in Oncological Populations: Phenomenology, Temporal Dynamics, and Clinical Relevance	
16.00-16.30	Ausiàs	Ripple in a meditation retreat context	online
16.30-17.00	Cathy	Numadelic VR experiences for improving mental health outcomes in patients facing life-threatening illnesses	
17.00 – 18.30		Demo Clear Light Solo & Desert Rose	2 rooms
18.30 - Dinner		Dinner	
20.00 - ..		Time for contemplative practice, demo Desert Rose	
Wednesday 13			
8.30-9.30	Stu Denison	Workshop: Virtual States: Embodiment, Emotion, and the Container of Experience	
9.30- 10.30	Michael Sheehy and Adam Liddle	CIRCL VR Research: Dream Yoga + Focusing the Mind	
10.30-11.30		Brunch	

11.30-12.00	Bernhard Riecke	Transcending the Boundaries: From Virtual to Numadelic Experiences	
12.00- 12.30	Noah Miller	Numadelic VR Experiences for Awe, Self-transcendence, and Perspective Shifts	
12.30- 14.00		Demo Dream Yoga Essence group	2 rooms
14.00- 16.00		Free time (demo Melissa & Noah)	2 rooms
16.00- 16.30	Gabriela Torres	Feasibility of a Dream Yoga Intervention Combining Virtual Reality and Auditory Stimulation during REM Sleep	online
16.30-18.00	Michael + Melissa	- Approaches to contemplative design for transformative technologies - VR and psychedelics	Discussion session
18h - Dinner		Dinner	
20.00 - ..		Time for contemplative practice, demo Noah and Jose	
Thursday 14			
8.30-9.30		Yoga with Marcel	
9.30- 10.00	Melanie B	Linking phenomenology of numadelic VR to high-density EEG signatures	
10.00- 10.30	Nir	Hyperscanning EEG study with Ripple	online
10.30 – 11.30		Brunch	
11.30 – 12.00	Maja W	Moving Beyond the Self: Physiological and Psychological Responses to Numadelic Experience	
12.00 – 12.30	Valerie	The heart of self-transcendence: from psychedelic research to Numadelic VR	
12.30-12.50	Jean	PRISMA: Research in transformative times	
12.50-13.10		Break	
13.10-13.30	Eli	Building the roadmap to consciousness engineering	
13.30 – 14.00	Melissa	From Anthropocentrism to Interbeing: Designing Deep Ecology Ritual in Virtual Reality	
14.00 – 16.30		Free time (demo Noah and Jose)	
16.30- 18.00	Karma, Joe, Michael and Dave	Use of AI for Numadelics innovation. How we can best support a global network of people interested in numadelics to do productive research and development in a sustainable way.	Discussion
18 - Dinner			
20 -		Closing ritual	

Friday 15			
8.30- 9.30		Breakfast/Brunch	
9.30-10.00		Room check-out	
10.00-12.00		Free time for demo and informal discussions	