

Empathy

Lesson Title: Kindness Puppets

Grade: K-2

Risk: Low

Materials:

- chart paper and marker
- old socks or paper bags
- fabric scraps
- buttons, pore-porn-pores, yarn, felt
- child safety scissors
- glue
- large cardboard box or carton

Objective(s):

- *Students will discuss their own wide range of feelings and design puppets to use in discussions, cooperative problem solving, and, conflict resolution.*

Procedure:

1. Ask children to think about all the different ways people feel and all the different ways they feel too: happy, sad, angry, cranky, excited, and so on.
2. Talk about how the same person can feel many different ways a many different times.
3. Explain that they are going to make puppets and that they can decide whether their puppet will represent one feeling (and which one; or many feelings.
4. Provide children with a variety of materials to design their puppets: socks, paper bags, fabric, pom-pours, yarn, felt. Ask children to name their puppets and help them label each one with the feeling or feelings they choose.
5. Invite children to share their finished puppets with the group. Brainstorm ideas about how to use the puppets to help solve problems and express feelings.