



Write the Main Topic: Continued with the Study Sub-Topic, which is between 13-15 Words (18 pt, Font Calibri)

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ABSTRACT

Background: which is a summary of the article. In background contained the research objectives. Insert your abstract text, a maximum of 250 words. **Contribution:** Write the contribution to the community. **Method:** Highlight an overview of the method used. **Results:** Elaborate on the main result from the activity. **Conclusion:** Conclude the article that relates to the objectives.

--English-- (12 Italic-Calibri)

Keywords: *Holistic, Community, Management, Mental Health, Stress.* (1-5 words, 12 Italic-Calibri)

ABSTRAK

Latar Belakang: yang merupakan ringkasan artikel. Latar belakang berisi tujuan penelitian. Tuliskan teks abstrak Anda, yang keseluruhannya maksimal 250 kata. **Kontribusi:** Tulis kontribusi pengabdian kepada masyarakat. **Metode:** Soroti ikhtisar metode yang digunakan. **Hasil:** Uraikan hasil utama dari kegiatan tersebut. **Kesimpulan:** Simpulkan artikel yang berkaitan dengan tujuan.

--Indonesia-- (12-Calibri)

Kata Kunci: *Holistik, Komunitas, Manajemen, Kesehatan Mental, Stres.* (1-5 Kata, 12 Italic-Calibri)

INTRODUCTION

Write at least 5 paragraphs, which is the minimum required for the introduction. **This is including** the research problem (at least **5** references), the solution (at least **5** references), the state of the art, the novelty, the literature review of prior research (at least **5** references), the research gap/novelty, and the most significant research contribution must all be included in the opening section. Please thoroughly outline the issue and its resolution. The introduction should include at least one contribution, such as "The contribution of the research is." Introduction, Method, **Results** and Discussion, and Conclusions make up the framework of the manuscript (Herdiansyah et al., 2019).

METHOD

This section enables readers to critically assess the overall validity and reliability of your project or study by outlining the justification for the use of particular approaches, methods, procedures, or techniques used to identify, select, and analyse information applied to understand the research problem or project (Krippendorff, 2019).

Figure 1 displays the fishbone diagram. Digital or scanned photos should have a high resolution (at least 300 dpi in PC format). There can only be a maximum of 5 figures and tables. The body of the paper must include citations for each table and figure. Arabic numerals should be used to number each figure (1, 2, 3, ...). There should be a caption for each figure. There should be a caption for each figure. Figures should be used for all photos, schemas, graphs, and diagrams. Line drawings must be accurate computer output or high-quality scans. Scans of poor quality are unacceptable. Instead of being provided separately, figures must be incorporated within the text. The figures must be correctly coded in Microsoft Word. Symbols and lettering should be explained in detail in the figure's legend or the caption. Whenever feasible, figures should be positioned at the top or bottom of a page, as close as possible to the paper's initial mention of them. Furthermore, the example of figure caption can be written as;



Figure 1. The stages in conducting community service program

RESULTS AND DISCUSSION

The findings and discussion of the research are included in the results and discussion. It is necessary to have sufficient data to back up the conclusions drawn from the research that has been conducted (Wibowo et al., 2022). The introduction's research questions or hypotheses must be addressed by the study findings and results. A scientific description is required for the discussion section. Please format it along these lines:

- I. Main findings of the present study
- II. Comparison with other studies
- III. Implication and explanation of findings

Pre-implementation

Analysis

A thorough pre-implementation analysis was done before the community service program to determine the target community's unique requirements, difficulties, and potential. During this first phase, a situational evaluation was conducted utilising direct observation, informal community interviews, and stakeholder consultation. The goal of the analysis was to make sure that the scheduled events were pertinent, appropriate for the given context, and responsive to the real issues that the community was facing. Sociocultural circumstances, educational background, environmental concerns, and ongoing community initiatives were among the important factors that were looked at. The results of this initial study were used as a basis for creating a program that is not only useful and effective but also long-lasting and in line with the goals and values of the neighbourhood.

Further, the project team formulated the problems encountered as well as its possible solution in the table 1. The problems encountered were mostly related to the need for the object which formulated in the following table:

Table 2. The matrix of problems encountered, solutions, indicators, and outcomes

Problems encountered	Solutions	Indicators	Outcomes
The need for international language exposure for students	Mentoring for the implementation of CLIL program as an enrichment program or extracurricular	100 % Mentoring for the implementation of CLIL program as an enrichment program or extracurricular every week (within 10 week)	Teaching syllabus Ready-use teaching materials and worksheet 10-week meeting of CLIL program
The need for effective teaching and learning method to improve students' English competence	Implementing digital students' workbook and interactive quizzes to enhance students'	70% English teacher and home-room teachers are able to use and facilitate their students	ready use digital interactive quizzes

engagement in
learning English

Design

The design of the community service program was developed based on the findings of the preliminary needs assessment and was tailored to address the specific problems identified within the target group. The program adopted a participatory and collaborative approach, involving community members and local stakeholders in both the planning and implementation stages (Tolchah & Mu'ammam, 2019). Activities were structured to promote empowerment, capacity building, and sustainable outcomes. The service design integrated educational, social, and practical components, ensuring that the intervention was both relevant and applicable to the community's context and resources. And explain that It was implemented starting from meeting 1 or 6 to meeting 10 for instance.

Table 3. Syllabus for the first activity program

Chapter	Topic	Activity	Content materials
1	Introduction	Singing a classroom password Self-introduction	Islamic value (starting activity by reciting <i>Bismillah</i> , and saying <i>Hamdalah</i>)
2	Dream jobs	Presenting the future dream jobs	Islamic value
3	Gardening	Learning about science (Part of plants) Global warning	Science (Part of plants)
4	My favourite animals	Learning about the lifecycle of a butterfly Learning math	Science (lifecycle of butterfly) Math (addition and multiplication)
5	Save our Earth	Learning about water pollution Presenting a poster	Science (water pollution)

Development

The development of the study followed a systematic process that began with identifying community issues and assessing local needs. Based on this foundation, the service program was formulated through a combination of literature review, expert consultation, and community input. The goals, strategies, and methods of implementation were refined to ensure effectiveness and alignment with the socio-cultural context of the target group (Bakri, 2021). Draft plans were piloted or discussed in focus group discussions to gather feedback and enhance relevance. This iterative process allowed for the integration of both academic insight and grassroots perspectives, resulting in a well-structured and community-oriented service model, for example, as it was illustrated in Figure 3.

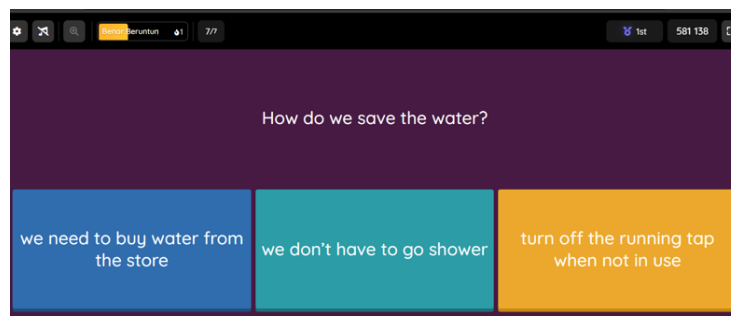


Figure 3. The exemplary of adopted digital learning sources from wordwall.net and quizzes.com

Implementation

The implementation phase involved executing the planned community service activities in collaboration with local partners and stakeholders. Activities were carried out according to the agreed timeline and methods, ensuring active participation from community members. Monitoring was conducted throughout the process to assess progress and make real-time adjustments when necessary (Muhtifah et al., 2021). Emphasis was placed on creating an interactive and inclusive environment to foster engagement, knowledge sharing, and mutual learning.

Post-implementation

A post-implementation evaluation was carried out to gauge the program's impact and efficacy. This involved getting participant input, evaluating how knowledge, attitudes, or behaviour had changed, and pinpointing areas that needed work or evaluation. The results were recorded as lessons learnt and utilised to formulate suggestions for further initiatives. In order to guarantee that the beneficial effects continue after the program term, community leaders were also consulted regarding sustainability strategies and follow-up measures (Rafliyanto & Mukhlis, 2023).

(Figures and Tables)

Position tables and figures at the top and bottom of each column (Wardani, 2023). Don't put them in the centre of columns. Table heads ought to be positioned above the tables, and figure captions beneath the figures. Following their citation in the text, include figures and tables. Even at the start of a phrase, use the abbreviations "Figure. 3," "Table 1."

Table 1. The title of the table should be placed on the top-centre of the table. The title should be clear and reflect the result

Variable	Number of Cases (Person)				Population Density (people / km ²)				Housing Density (units / km ²)			
	2017		2018		2017		2018		2017		2018	
	n	%	N	%	n	%	n	%	n	%	n	%
		1				1		1		1		1
Xxxxxx	11	1	11	11	11	1	11	1	11	1	11	1

Xxxxxx	5	5	5	5	5	5	5	5	5	5	5
	55	5	55	55	55	5	55	5	55	5	55
Xxxxxx	2	2	2	2	2	2	2	2	2	2	2
	22	2	22	22	22	2	22	2	22	2	22

Table 2. The title of the table should be placed on the top-centre of the table. The title should be clear and reflect the result

Variable	R	p-value
Population density	- 0.568	0.034
Housing density	- 0.652	0.012

CONCLUSION

Make it clear that the expectations outlined in the "Introduction" chapter can be fulfilled in the "Results and Discussion" chapter, demonstrating compatibility. In addition, the possibility of developing study findings and the potential for future studies to be used can be provided (depending on the outcome and discussion).

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REFERENCES

The references reflect the 7th edition of APA style. The journal is where cited references must be found. A permanent link or Digital Object Identifier (DOI) ought to be attached to each of them. Within the last five years, the references were published, and the minimum references is 25 articles. Please use reference management tools like Mendeley or Zotero. The authors' first and last names, title, journal volume, article issue number, page number (pp.), published year, and DOI should all be included in journal references. Some of the reference examples are:

Bakri, S. (2021). Women's Leadership in Islam: a Historical Perspective of a Hadith. *Indonesian Journal of Islamic Literature and Muslim Society*, 5(2), 219–234.
<https://doi.org/10.22515/islimus.v5i2.3276>

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