

kaya13th Annual Muslim Mental Health Conference

April 2-3, 2021

THEME: *Restorative Healing and Liberation in Context*

ONLINE

Times listed are Eastern Daylight Time (Michigan) (UTC/GMT-04:00)

Friday, April 2, 2021

8:00-9:00 am Poster Presentations		
9:00-9:25 am Opening Remarks Farha Abbasi, M.D. & Jed Magen, D.O., M.S. (Michigan State University Department of Psychiatry) Jabbar R. Bennett, Ph.D., Vice President and Chief Diversity Officer, Professor of Medicine, College of Human Medicine, Michigan State University Program Co-chairs: Olubunmi Basirat Oyewuwo, PhD, LMSW, Lamise Shawahin, Ph.D. Hamada Hamid Altalib, D.O. M.P.H. (Institute for Muslim Mental Health)		
Parallel Session A 9:30-11:00 am Liberation Psychology CME eligible 13 Am I me and who's she? Liberation Psychology, Historical Memory, and Muslim Women - Sarah Huxtable Mohr, MSW, MA 24 Grounding Liberation in the Legacies of our Foremothers: A Healing Justice Approach to Spiritual Identity Affirmation and Community Action - Jaylan Abd Elrahman, Ed.M	Parallel Session B 9:30am - 11:00 am Muslim Youth CME eligible 48 Social Connectedness, Self-Compassion and Tolerance for Disagreement among Madrassah Students - Sara Mahmood MPhil & Mahira Ahmed 7 Acculturation and the Immigrant Muslim Youth Experience -Rakin Hoq, M.D. & Balkozar Adam, M.D. 52 Use of Pornography, Religious and Spiritual Struggle among Muslim Young Adults of Pakistan - Amina Malik BS & Rabia Dasti Discussant: Sameera Ahmed, Ph.D.	Parallel Session C 9:30am - 11:00 am Mentoring Session: Managing Mentors Getting Published Hamada Hamid Altalib, D.O., M.P.H. Lamise Shawahin, PhD
11:00am-11:30am Health and Human Services Faith-Based Partnerships Compassion in Action Guide James Harris Moderator: Farha Abbasi, M.D.		
11:45am-12:30 pm Keynote Speech Ameena Matthews Introduction by Marita Gilbert, PhD		

12:30-1:30 Friday Reflections

Parallel Session A 1:30pm-3:00pm Global Politics and Muslim Mental Health CME eligible 12 The Syrian Regime's Apparatus for Systematic Torture - Niveen Rizkalla, Ph.D.	Parallel Session B 1:30pm-3:00pm Culture & Identity CME eligible 4 "When I say we, I mean Black people, of course": Contrasting dividing practices in Canadian Muslim Psychoeducation - Arij Elmi, MSW, BSW, Ph.D Candidate 70 Compassionate Fatigue in Muslim Providers - Farha Abbasi, M.D. & Batool Kazim, M.D. 73 Invalidation in immigrant cultures- Is it pathological or Normative? - Shuchi Khosla, M.D., Ann Marie Botros, M.D., Kenchiro Kue, DO	Parallel Session C 1:30pm-3:00pm Society, Politics, and Mental Health CME eligible 9 Politicising Muslim Mental Health: Towards a Decolonial Framework - Tarek Younis, PhD 68 Person of the Therapist: Socially Responsible Therapists -Zain Shamoon; PhD & Anthony Pennant, LMFT 76 Transgender Initiative in Pakistan - Muhammad Zeshan, MD Discussant: Chantal Tetreault, Ph.D.
3:00-3:15 BREAK		
3:15-4:45 pm Imams, Masjids & Mental Health Trainings CME eligible 8 Virtual Mental Health First Aid Delivery -Iman Jandali, MHS & Yasmin Irfani 22 (Re)introducing Mosques as Critical Spaces to Promote Well-being in Muslim Communities - Betül Alaca 26 The Experiences of Imams and their Personalized Interactions with their Congregants - Leila Warraich, MS (recorded)	3:15-4:45 pm Muslim Womens' Health CME eligible 34 Ethnic Differences in Muslim Women's Mental Health Beliefs, Rejection Attitudes, and Familiarity with Professional Mental Health Care: Results from the M-PAMH Study - Saadia Elahi, B.A., Sara Ali, M.D., MPH 36 Only in our own words: Muslim women's sexual self-schemas and well-being - Sobia Ali-Faisal, PhD 54 Saudi Women: Mental Health Under the Male Guardianship	3:15-4:45 pm Social Justice and Muslims CME eligible 60 Examining Community Violence, Reversing Injurious American Injustice and Cultural Incompetence, Restoring Sanity Conversationalists: Dr. Debbie Almontaser Imam What ud Deen Shareef Mahmoud Abdul Rauf Dr. Edward Sutton Sensei Musawara Ali Shabazz Karim Ali Samuel Shareef Hameed El-Amin

Discussant: Latifat Cabirou, Ph.D.	System - Khadija Khaja, MSW, PhD & Wafa Alhajri, MSW, PhD	Discussant: Imam Earl El-Amin
4:45-5:00 pm Day 1 Closing Remarks Farha Abbasi, M.D. Hamada Hamid Altalib, D.O. M.P.H. Olubunmi Basirat Oyewuwo, PhD, LMSW		
6:00 pm Narratives of Pain (storytelling, poetry, sharing), facilitated by Zain Shamoon, Ph.D. Please register separately from the conference at this link: https://us02web.zoom.us/meeting/register/tZMpceGorDgvGdOHx8MLscuDXzACPW-yGW-X		

Saturday, April 3, 2021

8:30-9:00 am Poster Presentations		
Parallel Session A 9:00-10:30 am Marriage, Divorce & Parenting CME eligible 67 Divorce in American Muslim communities: A community-based research approach to a stigmatized struggle - Madiha Tahseen, Ph.D. 57 Support Through Religiosity/Spirituality: Coping in Muslim Parents of Persons on the Autism Spectrum in Malaysia - Siti Patonah Mohamad; PhD student 16 Do mothers who perceive certain difficulties have children with worse stress levels? An online survey during pandemic COVID-19 - Raihana Nadra Alkaff, Ph.D,	Parallel Session B 9:00-10:30 am COVID & Mental Health CME eligible 25 Muslim Beliefs and Behaviors Across Different Stages of the COVID-19 Pandemic - Rania Awaad, M.D. 32 Insights from the Muslim Plague History to the COVID-19 Era: The Role of Faith and Spirituality in Psychosocial Aspects of Pandemics - Yusif Salam Conn 64 Reported Mental Health issues during COVID-19 Pandemic in Punjab, Pakistan - Rafia Rafiq, Ph.D. Discussant: Reza Nassiri, D.Sc.	Parallel Session C 9:00-10:30 am Islamic Psychology CME eligible 23 Exploring the Contribution of Islamic Thought to Psychotherapy: A Thematic Analysis of Islamically Integrated Psychotherapy Practitioners - Muhammed Furkan Cinisli 53 Understanding the collaboration between Islamic healers and mental health professionals in Indonesia: A visual method research - Diana Setiyawati ju, PhD & Wulan Nur Jatmika; Ade Prastyani, Erminia Colucci 75 Exploring Spiritually Integrated Psychotherapy for Addressing Muslim Mental Health within an Islamic Context: Preliminary Results from Big Data Study - Fahad Khan, MS, MA, PsyD

		Discussant: Carrie York Al-Karam, Ph.D.
10:30am-10:45am Break		
10:45am-12:15pm Psychological & Social Determinants of Mental Health CME eligible 11 The effect of perceived discrimination at the Masjid on religiosity: The mediating role of religious identity and belonging - Dania Al-Alusi & Huma Manjra 18 The impact of involvement in religious guidance and spiritual transformation on the psychological well-being of prisoners - Imaduddin Hamzah, Ph.D. (recorded) 38 - Perceived sociocultural facilitator and barriers in mental health among the Muslim Community - Fairuziana, M.A. Panel sponsored by: University of Michigan Center for South Asian Studies	10:45am-12:15pm Refugee Mental Health CME eligible 5 Tools to Engage Refugee Muslim Youth in Mental Health Care - Balkozar Adam, M.D. 2 Perceptions about Muslim Refugees and Other Out-Group Members in the US: A Latent Class Analysis Study - Merve Armagan-Bogatekin, M.A. 74 The Health and Humanitarian State of Syrian Refugees in Lebanon - Linda Sayed, Ph.D. Discussant: Farha Abbasi, M.D. Panel sponsored by: University of Michigan Center for Middle Eastern and North African Studies	10:45am-12:15pm Music & Mental Health CME eligible 28 Sufi music with makams for people with mild to moderate levels of depression and anxiety: a feasibility randomised controlled trial - Rumeysa Nur Gurbuz-Dogan BA MA MPhil 29 Music Therapy Implementations for Mental Health in the Seventeenth-Century Ottoman Era: Contributions of Hasan Şuuri Efendi and His Treatise (d. 1693/4) - Elif Bestenigar Mert, Merve Nursoy-Demir, Rûmeysa Nur Gürbüz-Doğan Discussant: Rania Awaad, M.D.
12:15pm-1:15 pm Award Presentation Kameelah Mu'Min Rashad, Psy.D., Zain Shamoon, Ph.D., and Najah Bazy, RN Moderator: Farha Abbasi, M.D.		
1:15-1:30 pm BREAK		

Parallel Session A 1:30-3:00 pm Islamophobia CME eligible 49 Countering Islamophobia through an anti-colonial spiritual social work narrative praxis -	Parallel Session B 1:30-3:00 pm Suicide Interventions CME eligible 10 A Brief Overview of Islamic Ethics of Suicide and	Parallel Session C 1:30-3:00 pm Authors' Book Discussion Aneesah Nadir, Ph.D., author of <i>Real Talk Before the Nikah</i>
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Siham Elkassem BSW, MSW, PhD student & Sobia Shaheen Shaikh, Ph.D. 43 The Paradox of Integration of American Muslims during the Trump Era - Zehra M. Kaya, PhD 56 Countering CVE in Health - Fatema Ahmad, Muslim Justice League	Suicide-Related Contemporary Issues - Belal Zia, MA 19 Suicide Response in an American Muslim Community: Case Study and Cultural Formulation - Kamal Suleiman & Osama El-Gabalawy, and Aneeqa Abid Discussant: Shady Shebak, M.D.	Zarinah Nadir, J.D., author of <i>Legally Savvy</i> Discussant: Dahir Nasser
3:00pm-3:15pm Break		
3:15pm-4:45pm Special Topics CME eligible 50 Islam & Disability- Tarek Zidan, Ph.D., Khadija Khaja, Ph.D., Hasan Reza, Ph.D 27 Emergency Calling for Strengthening Psychological Aspect among People Living with HIV/AIDS - Julie Rostina, MPH and Marnaria Martinis 39 From Healing to Liberation: Theoretical and Practical Approaches - Shamaila Khan, Ph.D. & Tahirah Abdullah, Ph.D	3:15pm-4:45pm Interpersonal Violence CME eligible 69 Stuck in Between: Responses to Child Sexual Abuse Disclosure in a Diverse American Muslim Community - Rishtya Kakar, M.D, MPH, PhD(c) 35 Culture Change Around Abuse in Community Spaces - Alia Salem, B.S.& Sara Bawany, LCSW, CCM 59 Challenges Related to Forced Marriage Situations - Bushra Husain, MSW Discussant: Ikram Adawe, LMSW, CAADC	3:15pm-4:45pm Islamic Theology and Emotional Well Being CME eligible 71 Bilal Al-Ansari, Ph.D. & Chaplain Sondos Kholaki Discussant: Hamada Hamid Altalib, D.O., M.P.H.
4:45 Day 2 Closing Ceremony Farha Abbasi, M.D. (Michigan State University Department of Psychiatry) Program Co-chairs: Olubunmi Basirat Oyewuwo, PhD, LMSW Hamada Hamid Altalib, D.O. M.P.H. (Institute for Muslim Mental Health)		

*******Poster Presentations** (8-9am Friday & Saturday mornings)

Friday

20 Barriers Faced by Muslim Children in Receiving Treatment for Autism Spectrum Disorder: A Case Report - Abbas Naqvi, M.D. & Asjad Bashir

30 Muslim mental health in Brazil: violence, islamophobia and social suffering - Camila Motta Paiva, PhD Candidate

37 Muslim Women's Collective: A psychoeducation and support group organized by and for Muslim women to promote collective healing - Qurat-ul-ain Gulamhussein, PhD Candidate

40 Sakina Wellness Services Needs Assessment: What is important to the Gen Z Muslim? - Alina Raza, EdD Candidate

Saturday

61 Understanding the Relationship between Religious Belonging and Substance Use - Minha Ghani, B.S., Ahmad Shafaat Ahsen, Haroon Dossani, Celine Morshed

55 Bullying Experiences of Muslim Students: Mental Health Needs - Khadija Khaja, MSW, PhD & Wafa Alhajri, MSW, PhD

This conference was made possible through the generous support of the following:

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