kaya13th Annual Muslim Mental Health Conference April 2-3, 2021

THEME: Restorative Healing and Liberation in Context
ONLINE

Times listed are Eastern Daylight Time (Michigan) (UTC/GMT-04:00)

Friday, April 2, 2021

8:00-9:00 am Poster Presentations

9:00-9:25 am Opening Remarks

Farha Abbasi, M.D. & Jed Magen, D.O., M.S. (Michigan State University Department of Psychiatry)

Jabbar R. Bennett, Ph.D., Vice President and Chief Diversity Officer, Professor of Medicine, College of Human Medicine, Michigan State University

Program Co-chairs: Olubunmi Basirat Oyewuwo, PhD, LMSW, Lamise Shawahin, Ph.D. Hamada Hamid Altalib, D.O. M.P.H. (Institute for Muslim Mental Health)

Parallel Session A

9:30-11:00 am Liberation Psychology

CME eligible

13 Am I me and who's she? Liberation Psychology, Historical Memory, and Muslim Women -Sarah Huxtable Mohr, MSW, MA

24 Grounding Liberation in the Legacies of our Foremothers: A Healing Justice Approach to Spiritual Identity Affirmation and Community Action - Jaylan Abd Elrahman, Ed.M Parallel Session B

9:30am - 11:00 am Muslim Youth CME eligible

48 Social Connectedness, Self-Compassion and Tolerance for Disagreement among Madrassah Students - Sara Mahmood MPhil & Mahira Ahmed

7 Acculturation and the Immigrant Muslim Youth Experience -Rakin Hoq, M.D. & Balkozar Adam, M.D.

52 Use of Pornography, Religious and Spiritual Struggle among Muslim Young Adults of Pakistan -Amina Malik BS & Rabia Dasti

Discussant: Sameera Ahmed, Ph.D.

Parallel Session C

9:30am - 11:00 am Mentoring Session: Managing Mentors Getting Published

Hamada Hamid Altalib, D.O., M.P.H.

Lamise Shawahin, PhD

11:00am-11:30am

Health and Human Services Faith-Based Partnerships Compassion in Action Guide

James Harris

Moderator: Farha Abbasi, M.D.

11:45am-12:30 pm Keynote Speech Ameena Matthews

Introduction by Marita Gilbert, PhD

12:30-1:30 Friday Reflections

Parallel Session A 1:30pm-3:00pm Global Politics and Muslim Mental Health

CME eligible

12 The Syrian Regime's Apparatus for Systematic Torture - Niveen Rizkalla, Ph.D.

Parallel Session B

1:30pm-3:00pm Culture & Identity

CME eligible

- 4 "When I say we, I mean Black people, of course": Contrasting dividing practices in Canadian Muslim Psychoeducation - Arij Elmi, MSW, BSW, Ph.D Candidate
- 70 Compassionate Fatigue in Muslim Providers Farha Abbasi, M.D. & Batool Kazim, M.D.
- 73 Inivalidation in immigrant cultures- Is it pathological or Normative? Shuchi Khosla, M.D., Ann Marie Botros, M.D., Kenchiro Kue, DO

Parallel Session C

1:30pm-3:00pm Society, Politics, and Mental Health

CME eligible

- 9 Politicising Muslim MentalHealth: Towards a DecolonialFramework Tarek Younis, PhD
- 68 Person of the Therapist: Socially Responsible Therapists -Zain Shamoon; PhD & Anthony Pennant, LMFT
- 76 Transgender Initiative in Pakistan Muhammad Zeshan, MD

Discussant: Chantal Tetreault, Ph.D.

3:00-3:15 BREAK

3:15-4:45 pm Imams, Masjids & Mental Health Trainings

CME eligible

- 8 Virtual Mental Health First Aid Delivery -Iman Jandali, MHS & Yasmin Irfani
- 22 (Re)introducing Mosques as Critical Spaces to Promote Well-being in Muslim Communities - Betül Alaca
- 26 The Experiences of Imams and their Personalized Interactions with their Congregants Leila Warraich, MS (recorded)

3:15-4:45 pm Muslim Womens' Health CME eligible

- 34 Ethnic Differences in Muslim Women's Mental Health Beliefs, Rejection Attitudes, and Familiarity with Professional Mental Health Care: Results from the M-PAMH Study Saadia Elahi, B.A., Sara Ali, M.D., MPH
- 36 Only in our own words: Muslim women's sexual self-schemas and well-being Sobia Ali-Faisal, PhD
- 54 Saudi Women: Mental Health Under the Male Guardianship

3:15-4:45 pm Social Justice and Muslims CME eligible

60 Examining Community Violence, Reversing Injurious American Injustice and Cultural Incompetence, Restoring Sanity

Conversationalists:
Dr. Debbie Almontaser
Imam What ud Deen Shareef
Mahmoud Abdul Rauf
Dr. Edward Sutton
Sensei Musawara Ali Shabazz
Karim Ali
Samuel Shareef
Hameed El-Amin

Discussant: Latifat Cabirou, Ph.D.

System - Khadija Khaja, MSW, PhD & Wafa Alhajri, MSW, PhD

Discussant: Imam Earl El-Amin

4:45-5:00 pm Day 1 Closing Remarks

Farha Abbasi, M.D. Hamada Hamid Altalib, D.O. M.P.H. Olubunmi Basirat Oyewuwo, PhD, LMSW

6:00 pm Narratives of Pain (storytelling, poetry, sharing), facilitated by Zain Shamoon, Ph.D. Please register separately from the conference at this link:

https://us02web.zoom.us/meeting/register/tZMpceGorDqvGdOHx8MLscuDXzACPW-yGW-X

Saturday, April 3, 2021

8:30-9:00 am Poster Presentations

Parallel Session A
9:00-10:30 am
Marriage, Divorce & Parenting
CME eligible

67 Divorce in American Muslim communities: A community-based research approach to a stigmatized struggle - Madiha Tahseen, Ph.D.

57 Support Through Religiosity/Spirituality: Coping in Muslim Parents of Persons on the Autism Spectrum in Malaysia - Siti Patonah Mohamad; PhD student

16 Do mothers who perceive certain difficulties have children with worse stress levels? An online survey during pandemic COVID-19 - Raihana Nadra Alkaff, Ph.D,

Parallel Session B

9:00-10:30 am
COVID & Mental Health

CME eligible

25 Muslim Beliefs and Behaviors Across Different Stages of the COVID-19 Pandemic - Rania Awaad, M.D.

32 Insights from the Muslim
Plague History to the COVID-19
Era: The Role of Faith and
Spirituality in Psychosocial
Aspects of Pandemics - Yusif
Salam Conn

64 Reported Mental Health issues during COVID-19 Pandemic in Punjab, Pakistan - Rafia Rafiq, Ph.D.

Discussant: Reza Nassiri, D.Sc.

Parallel Session C

9:00-10:30 am Islamic Psychology

CME eligible

23 Exploring the Contribution of Islamic Thought to Psychotherapy: A Thematic Analysis of Islamically Integrated Psychotherapy Practitioners - Muhammed Furkan Cinisli

53 Understanding the collaboration between Islamic healers and mental health professionals in Indonesia: A visual method research - Diana Setiyawati ju, PhD & Wulan Nur Jatmika; Ade Prastyani, Erminia Colucci

75 Exploring Spiritually Integrated Psychotherapy for Addressing Muslim Mental Health within an Islamic Context: Preliminary Results from Big Data Study -Fahad Khan, MS, MA, PsyD

		Discussant: Carrie York Al-Karam, Ph.D.
	10:30am-10:45am Break	
10:45am-12:15pm Psychological & Social Determinants of Mental Health CME eligible 11 The effect of perceived discrimination at the Masjid on religiosity: The mediating role of religious identity and belonging - Dania Al-Alusi & Huma Manjra 18 The impact of involvement in religious guidance and spiritual transformation on the psychological well-being of prisoners - Imaduddin Hamzah, Ph.D. (recorded) 38 - Perceived sociocultural facilitator and barriers in mental health among the Muslim Community - Fairuziana, M.A. Panel sponsored by: University of Michigan Center for South Asian Studies	10:45am-12:15pm Refugee Mental Health CME eligible 5 Tools to Engage Refugee Muslim Youth in Mental Health Care - Balkozar Adam, M.D. 2 Perceptions about Muslim Refugees and Other Out-Group Members in the US: A Latent Class Analysis Study - Merve Armagan-Bogatekin, M.A. 74 The Health and Humanitarian State of Syrian Refugees in Lebanon - Linda Sayed, Ph.D. Discussant: Farha Abbasi, M.D. Panel sponsored by: University of Michigan Center for Middle Eastern and North African Studies	10:45am-12:15pm Music & Mental Health CME eligible 28 Sufi music with makams for people with mild to moderate levels of depression and anxiety: a feasibility randomised controlled trial - Rumeysa Nur Gurbuz-Dogan BA MA MPhil 29 Music Therapy Implementations for Mental Health in the Seventeenth-Century Ottoman Era: Contributions of Hasan Şuuri Efendi and His Treatise (d. 1693/4) - Elif Bestenigar Mert, Merve Nursoy-Demir, Rümeysa Nur Gürbüz-Doğan Discussant:Rania Awaad, M.D.
12:15pm-1:15 pm Award Prese	entation Kameelah Mu'Min Rashad, and Najah Bazzy, RN	, Psy.D., Zain Shamoon, Ph.D.,

1:15-1:30 pm **BREAK**

Parallel Session A
1:30-3:00 pm
Islamophobia
CME eligible

49 Countering Islamophobia through an anti-colonial spiritual social work narrative praxis -

Parallel Session B

1:30-3:00 pm Suicide Interventions

CME eligible

10 A Brief Overview of Islamic Ethics of Suicide and

Parallel Session C

1:30-3:00 pm

Authors' Book Discussion

Aneesah Nadir, Ph.D., author of Real Talk Before the Nikah Siham Elkassem BSW, MSW, PhD student & Sobia Shaheen Shaikh, Ph.D.

43 The Paradox of Integration of American Muslims during the Trump Era - Zehra M. Kaya, PhD

56 Countering CVE in Health - Fatema Ahmad, Muslim Justice League

Suicide-Related Contemporary Issues - Belal Zia, MA

19 Suicide Response in an American Muslim Community: Case Study and Cultural Formulation - Kamal Suleiman & Osama El-Gabalawy, and Aneeqa Abid

Discussant: Shady Shebak, M.D.

Zarinah Nadir, J.D., author of Leaally Savvy

Discussant: Dahir Nasser

3:00pm-3:15pm Break

3:15pm-4:45pm Special Topics

CME eligible

50 Islam & Disability- Tarek Zidan, Ph.D., Khadija Khaja, Ph.D., Hasan Reza, Ph.D

27 Emergency Calling for Strengthening Psychological Aspect among People Living with HIV/AIDS - Julie Rostina, MPH and Marnaria Martinis

39 From Healing to Liberation: Theoretical and Practical Approaches - Shamaila Khan, Ph.D. & Tahirah Abdullah, Ph.D

3:15pm-4:45pm Interpersonal Violence

CME eligible

69 Stuck in Between: Responses to Child Sexual Abuse Disclosure in a Diverse American Muslim Community - Rishtya Kakar, M.D, MPH, PhD(c)

35 Culture Change Around Abuse in Community Spaces - Alia Salem, B.S.& Sara Bawany, LCSW, CCM

59 Challenges Related to Forced Marriage Situations - Bushra Husain, MSW

Discussant: Ikram Adawe, LMSW, CAADC

3:15pm-4:45pm Islamic Theology and Emotional Well Being CME eligible

71 Bilal Al-Ansari, Ph.D. & Chaplain Sondos Kholaki

Discussant: Hamada Hamid Altalib, D.O., M.P.H.

4:45 Day 2 Closing Ceremony

Farha Abbasi, M.D. (Michigan State University Department of Psychiatry) Program Co-chairs: Olubunmi Basirat Oyewuwo, PhD, LMSW Hamada Hamid Altalib, D.O. M.P.H. (Institute for Muslim Mental Health)

******Poster Presentations (8-9am Friday & Saturday mornings)

Friday

20 Barriers Faced by Muslim Children in Receiving Treatment for Autism Spectrum Disorder: A Case Report - Abbas Naqvi, M.D. & Asjad Bashir

- 30 Muslim mental health in Brazil: violence, islamophobia and social suffering Camila Motta Paiva, PhD Candidate
- 37 Muslim Women's Collective: A psychoeducation and support group organized by and for Muslim women to promote collective healing Qurat-ul-ain Gulamhussein, PhD Candidate
- 40 Sakina Wellness Services Needs Assessment: What is important to the Gen Z Muslim? Alina Raza, EdD Candidate

Saturday

61 Understanding the Relationship between Religious Belonging and Substance Use - Minha Ghani, B.S., Ahmad Shafaat Ahsen, Haroon Dossani, Celine Morshed

55 Bullying Experiences of Muslim Students: Mental Health Needs - Khadija Khaja, MSW, PhD & Wafa Alhajri, MSW, PhD

This conference was made possible through the generous support of the following:

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v. 03/27/21

*The opinions expressed by presenters are not the opinions of Michigan State University or the Muslim Mental Health Consortium.