



CCHS XC GIRLS ALL TIME RACE RECORDS

<u>Under 20 Club</u>		<u>Under 21 Club</u>		<u>Under 22 Club</u>	
Amber Koole	19:41	Emily Schipper	20:00	Kaylie DeBoer	21:03
Larissa Langerak	19:51	Lydia VandenBerg	20:13	Rachel Kamps	21:07
Ashley Spronk	19:54	Renae Koole	20:16	Emily Koole	21:15
		Natalie VanBemmel	20:18	Leah Rau	21:18
		Ella Rus	20:33	Renae Rau	21:18
<u>Under 19 Club</u>		Steph Langerak	20:34	Leah Kuiper	21:19
Meghan Beute	18:27	Amber Bos	20:38	Emma Minderhoud	21:22
		Leah Decker	20:43	Callie DeVries	21:28
		Emily Rutgers	20:50	Kara Minderhoud	21:31
		Sophie Snippe	20:55	Arianne VanUffelen	21:32
		Lydia VanUffelen	20:50	Kristin Marcus	21:34
				Natalie Monsma	21:37
				Tessa VanBemmel	21:39
				Erica Moelker	21:41
				Melanie Hanko	21:52
				Andrea Monsma	21:57
				Lydia Kamps	21:58
				Anna Langerak	21:59

