

CCHS XC GIRLS ALL TIME RACE RECORDS

Under 20 Club

Amber Koole	19:41
Larissa Langerak	19:51
Ashley Spronk	19:54

Under 19 Club

Meghan Beute	18:27

Under 21 Club

Emily Schipper	20:00
Lydia VandenBerg	20:13
Renae Koole	20:16
Natalie VanBemmel	20:18
Ella Rus	20:33
Steph Langerak	20:34
Amber Bos	20:38
Leah Decker	20:43
Emily Rutgers	20:50
Sophie Snippe	20:55
Lydia VanUffelen	20:50

Under 22 Club

Kaylie DeBoer	21:03
Rachel Kamps	21:07
Emily Koole	21:15
Leah Rau	21:18
Renae Rau	21:18
Leah Kuiper	21:19
Emma Minderhoud	21:22
Callie DeVries	21:28
Kara Minderhoud	21:31
Arianne VanUffelen	21:32
Kristin Marcus	21:34
Natalie Monsma	21:37
Tessa VanBemmel	21:39
Erica Moelker	21:41
Melanie Hanko	21:52
Andrea Monsma	21:57
Lydia Kamps	21:58
Anna Langerak	21:59