

Sutton Grammar School Combined Cadet Force

Pennines Trip – 10th. – 17th. April 2022

Transport Times

Departure: Sunday 10th. April, meet at Sutton Grammar School (Greyhound Road/Sports Hall entrance) for **830am departure**. Transport is by coach.

Return: Sunday 17th. April, c. 3pm to the back of school (Greyhound Rd/Sports Hall).

Itinerary Details

SUN

Warcop Training Site (Bivouac Site) – GR: 758 155.

MON

Warcop/ Wild camp in Ullswater Lake District dependent on weather

TUES

Warcop

WED

Station Inn, Ribbleshead viaduct – GR: 764 793
Telephone Number : 01524 241 274

THURS

Green Dragon, Hardraw – GR: 868 912
Telephone Number : 01969 667 392

FRI

Tan Hill Inn – GR: 896 097
Telephone Number : 01833 628 246

SAT

Warcop Training Site (Bivouac Site) – GR: 758 155

Money

Cadets are provided with 24 hour ration packs for each day, which contain sufficient rations for breakfast, lunch, dinner and snacks, as well as hot drink sachets.

As a guideline only: should we use any of the nearby pubs on the latter three days, cadets should have funds to purchase soft drinks in the pub (between £5 and £10 per night); they may buy food if they wish, and an average pub meal costs around £12. There are other stops during walks which cadets may wish to have funds for. However, this is at cadets' discretion – full rations are provided.

Injuries

It is important to understand that, in case of minor injury that may prevent further walking, or where a cadet feels they cannot continue walking, we may need to send them home by train (funded by us) and would ask parents to ensure that there will be a place of contact throughout the week for their sons or daughters in such an eventuality. We will of course make every effort to avoid this if we can. Obviously, should your son or daughter require medical attention of a more serious nature, we will, in the normal way, be contacting you to discuss the situation.

We have been running this trip for many years now, and it is seen by most of those who participate as the best and most challenging event in the CCF calendar. We are much looking forward to the week, and are sure your son or daughter will gain much from it.

Kit List

Please note – that this school trip involves extended daily walks of up to 20 miles and overnight camping. Cadets are required to carry everything they need for the trip with them. However do not worry about over packing at home as they is time at Warcop to distil what has been bought at home into an achievable weight to carry. Please note also weather is highly changeable and could be either quite warm or very cold.

Clothes

3/4 Season walking boots – must fully cover ankle

Walking socks (4 pairs)

Lightweight walking trousers

Waterproof trousers

Underwear

Waterproof Jacket

Fleece x 2

Multiple base layers

General

Hat

Gloves

Buff

Dry bag for inside ruck sack

Ruck Sack (min 75 Litres)

Camping

3 / 4 season sleeping bag

Torch

Sleeping Mat

First Aid

Plasters

Paracetamol tablets

Ibuprofen Gel

Household

Mug

Waterbottle

Knife; Fork; Spoon

Tech

Phone – Allowed but optional and brought at own risk. Sensible to have some form of water proof cover for it.

If bringing phone – then some form of external charging unit as places to recharge the phone battery are limited.

Toiletries

Washbag

Toothbrush and toothpaste

Shampoo

Shower gel

Shaving set, if relevant.

De-odorant

Wet wipes

Personal

Wallet & Cash

Watch

Glasses & Case (if relevant)

Camera

Please note : Tents ; gas burners; maps; compasses are all provided. Should you have any difficulty sourcing any of the above items. Please email as soon as possible.

Contacts

Wg Cdr Hobbs 07788 927136.

Email – sgsccf@hotmail.co.uk