

# How to Submit a Letter to the Editor (LTE) in New Hampshire:

Amherst Citizen  
Andover Beacon  
Berlin Daily Sun  
Boston Globe - NH  
Cabinet Press (Milford)  
Carroll County Independent  
Concord Monitor  
Conway Daily Sun  
Derry News  
Eagle Times (Claremont)  
Foster's Daily Democrat (Dover)  
Keene Sentinel  
Laconia Daily Sun  
Monadnock Ledger  
Nashua Telegraph  
Seacoast Online  
Union Leader  
Valley News  
Windham Independent

## **New England Family**

- [Amherst Bulletin](#)
- [Athol Daily News](#)
- [Concord Monitor](#)
- [Daily Hampshire Gazette](#)
- [Greenfield Recorder](#)
- [Monadnock Ledger-Transcript](#)
- [Valley News](#)
- [Valley Advocate](#)
- [The Concord Insider](#)
- [Around Concord](#)
- [NNEdigital](#)

## **UNION LEADER**

- Daily newspaper based out of Manchester
- Upload LTE to [\*\*Online Form\*\*](#) or email to [opinion@theunionleader.com](mailto:opinion@theunionleader.com)
- LTE should be 250 words or fewer

## **BERLIN    Form**

[https://www.conwaydailysun.com/berlin\\_sun/site/forms/online\\_services/berlin\\_letter\\_editor/](https://www.conwaydailysun.com/berlin_sun/site/forms/online_services/berlin_letter_editor/)

## **SEACOAST ONLINE**

Exeter News-Letter, Foster's Daily Democrat, Hampton Union, and Portsmouth Herald are all under the umbrella of "Seacoast Online", but are submitted individually. See their instructions below.

## **PORTSMOUTH HERALD**

- Email LTE to [opinion@seacoastonline.com](mailto:opinion@seacoastonline.com)
- LTE must be 300 words or fewer

## **FOSTER'S DAILY DEMOCRAT**

- Email LTE to [letters@fosters.com](mailto:letters@fosters.com)
- LTE must be 300 words or fewer

## **EXETER NEWS-LETTER**

- Email LTE to [newsletter@seacoastonline.com](mailto:newsletter@seacoastonline.com)
- LTE must be 300 words or fewer

## **HAMPTON UNION**

- Email LTE to [hamptonunion@seacoastonline.com](mailto:hamptonunion@seacoastonline.com)
- LTE must be 300 words or fewer

## **LACONIA DAILY SUN**

- Upload LTE to [Online Form](#) **Form**
- LTE must be 300 words or fewer

## CONWAY DAILY SUN

- Upload LTE to [Online Form](#) **Form**
- LTE must be 300 words or fewer

## KEENE SENTINEL

- Upload LTE to [Online Form](#) or email to [news@keen Sentinel.com](mailto:news@keen Sentinel.com)
- LTE must be 400 words or fewer

## DERRY NEWS

- Upload LTE to [Online Form](#) **Form**
- LTE must be **250 words or fewer**

## LONDONDERRY TIMES

- Email LTE to [dpaul@nutpub.net](mailto:dpaul@nutpub.net)
- LTE must be 500 words or fewer

## MERRIMACK JOURNAL

- Upload LTE to [Online Form](#) or email LTE to [cabnews@cabinet.com](mailto:cabnews@cabinet.com)
- LTE must be 400 words or fewer

## MANCHESTER INK LINK

- Upload LTE to [Online Form](#) **Form**
- Manchester Ink Link does not have a limit on length of LTE, however we recommend you **do not exceed 250 words**

## NASHUA TELEGRAPH

- Upload LTE to [Online Form](#) **Form**

- Nashua Telegraph does not have a limit on length of LTE submissions, however we recommend you **do not exceed 250 words**

## BEDFORD JOURNAL

- Upload LTE to **Online Form** or email LTE to cabnews@cabinet.com
- LTE must be 400 words or fewer

## CONCORD MONITOR

- Upload LTE to **Online Form Form**
- LTE must be **250 words or**  
**fe**<http://www.concordmonitor.com/Opinion/Submit-a-Letterwer>

## NEW HAMPSHIRE BUSINESS REVIEW

- Upload LTE to **Online Form Form**
- New Hampshire Business Review does not have a limit on length of LTE; however, we recommend you **do not exceed 250 words**

## BEDFORD BULLETIN

- Email LTE to [news@thebedfordbulletin.com](mailto:news@thebedfordbulletin.com)
- LTE must be 450 words or fewer

[neighborhoodnews@unionleader.com](mailto:neighborhoodnews@unionleader.com)

## GOFFSTOWN NEWS

- Email LTE to [editor@goffstownnews.com](mailto:editor@goffstownnews.com)
- LTE must be 450 words or fewer

## RAYMOND AREA NEWS **retired from business**

- Email LTE to [info@raymondareanews.com](mailto:info@raymondareanews.com)
- LTE must be 1000 words or fewer

## NUTFIELD NEWS

- Email LTE to [dpaul@nutpub.net](mailto:dpaul@nutpub.net)
- LTE must be 500 words or fewer

## TRI-TOWN TIMES

- Hampstead area
- Email LTE to [dpaul@nutpub.net](mailto:dpaul@nutpub.net)
- LTE must be 500 words or fewer

## CARRIAGE TOWNE NEWS

- Reaches people in: Atkinson, Brentwood, Danville, East Hampstead, East Kingston, Epping, Exeter, Hampstead, Kensington, Kingston, Newton, Newton Junction, Plaistow, Sandown, and South Hampton
- Upload LTE to [Online Form](#) **Form**
- LTE must be 400 words or fewer

## GRANITE STATE NEWS

- Email LTE to [brendan@salmonpress.news](mailto:brendan@salmonpress.news)
- LTE must be 700 words or fewer

## WEIRS TIMES

- Email LTE to [brendan@weirs.com](mailto:brendan@weirs.com)
- Weirs Times does not have a required limit on the number of words in your LTE, however we recommend you **do not exceed 250 words**

# NEW HAMPSHIRE GAZETTE

- Based out of Portsmouth
- Email LTE to [editors@nhgazette.com](mailto:editors@nhgazette.com)
- New Hampshire Gazette does not have a required limit on the number of words in your LTE, however we recommend you **do not exceed 250 word**

# THE FORUM (NORTHWOOD/CANDIA/DEERFIELD/NOTTINGHAM)

- Email LTE to [news@forumhome.org](mailto:news@forumhome.org)
- LTE must be 350 words or fewer

# THE BAYSIDER - **bounced**

- Email LTE to [baysider@salmonpress.net](mailto:baysider@salmonpress.net)
- LTE must be 350 words or fewer

# VALLEY NEWS

- Based out of Lebanon
- Upload LTE to **Online Form** or email to [forum@vnews.com](mailto:forum@vnews.com)
- LTE must be 350 words or fewer

# EAGLE TRIBUNE **Form**

- Based out of North Andover, MA, but also has offices in Derry with core area of coverage in Salem, Atkinson, Plaistow, Pelham, Windham, Derry and Londonderry
- Upload LTE to **Online Form**
- LTE must be **250 words or fewer**

- **The Baysider**

- Send your letter to [josh@salmonpress.news](mailto:josh@salmonpress.news)

- **Littleton Courier, Coös County Democrat & Berlin Reporter**
  - Send your letter to [tara@salmonpress.news](mailto:tara@salmonpress.news)

## CARROLL COUNTY INDEPENDENT

- Email LTE to [brendan@salmonpress.news](mailto:brendan@salmonpress.news)
- LTE should be 350 words or fewer

## GILFORD STEAMER

- Email LTE to [brendan@salmonpress.news](mailto:brendan@salmonpress.news)
- LTE should be 350 words or fewer
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## MEREDITH NEWS

- Email LTE to [brendan@salmonpress.news](mailto:brendan@salmonpress.news)
- LTE should be 350 words or fewer

## RECORD ENTERPRISE

- Email LTE to [brendan@salmonpress.news](mailto:brendan@salmonpress.news)
- LTE should be 350 words or fewer

## WINNISQUAM ECHO

- Email LTE to [brendan@salmonpress.news](mailto:brendan@salmonpress.news)
- LTE should be 350 words or fewer

**Salem Observer** - **bounced**

**Monadnock Ledger-Transcript**

**HOME** - **bounced**

# Letters to the Editor

Letters to the editor are one of the most-read sections of a newspaper, so writing a letter to your local newspapers is a very effective way for you to help get the message out about why Northern Pass is the wrong choice for New Hampshire. Please take a few minutes to write a letter and then send it to one or more of the papers listed below.

## Tips

Be brief. Some New Hampshire papers have word limits for letters. Keep it to 250 words or less.

Make it personal if you can. Think about why you first decided to oppose Northern Pass. Try to capture that feeling in your letter. If you have a personal story to tell, include it.

Include your contact information. Many of the papers will only print a letter if they can confirm the writer's identity, so include your name, address and phone number.

## Facts

If you need facts to back up a point you want to make in your letter to the editor, check out Get the Facts and Judy's Blog on our website. The Forest Society also has a lot of helpful information.

## Links and email addresses:

- **New Hampshire Union Leader:** [letters@unionleader.com](mailto:letters@unionleader.com)
- **The Concord Monitor:** *Submit a letter form*
- **The Nashua Telegraph:** [letters@nashuatelegraph.com](mailto:letters@nashuatelegraph.com)
- **Foster's Daily Telegraph (Dover):** [letters@fosters.com](mailto:letters@fosters.com)
- **The Keene Sentinel:** *Submit a letter form*
- **The Eagle Times (Claremont):** [news@eagletimes.com](mailto:news@eagletimes.com) (not on Sierra Club list)vv
- **Granite State News (Meredith):** [mnews@salmonpress.com](mailto:mnews@salmonpress.com) TRY VV
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- **The Portsmouth Herald:** *Submit a letter form*
- **Valley News (Upper Valley):** [forum@vnews.com](mailto:forum@vnews.com)
- **The Weirs Times:** [mailboat@weirs.com](mailto:mailboat@weirs.com) (not on Sierra Club list)vv
- **The Laconia Citizen:** [letters@citizen.com](mailto:letters@citizen.com) - **bounced**
- **The Laconia Daily Sun:** [news@laconiadailysun.com](mailto:news@laconiadailysun.com)

## OTHER PAPERS:

- Berlin Daily Sun: [bds@ncia.net](mailto:bds@ncia.net)
- Berlin Reporter: [reporter@ncia.net](mailto:reporter@ncia.net) - **bounced**
- Bow Times Bedford Bulletin: [editor@bowtimes.com](mailto:editor@bowtimes.com) - **bounced**
- Caledonian Record: [news@caledonianrecord.com](mailto:news@caledonianrecord.com) - **bounced**

- Carriage Town News: [electra@carriagetownenews.com](mailto:electra@carriagetownenews.com) - **bounced**
- Carroll County Independent: [cci@salmonpress.com](mailto:cci@salmonpress.com) - **bounced**
- Conway Daily Sun: [dailysun@mountwashingtonvalley.com](mailto:dailysun@mountwashingtonvalley.com)
- Coos County Democrat: [democrat@salmonpress.com](mailto:democrat@salmonpress.com) (not on Sierra Club list) VV
- Derry News: [editor@derrynews.com](mailto:editor@derrynews.com)
- Dover Community News: [dcn@seacoastononline.com](mailto:dcn@seacoastononline.com) - **bounced**
- Eagle Times: [etimes@cyberportal.net](mailto:etimes@cyberportal.net) - **bounced**
- Eagle Tribune: [letters@eagletribune.com](mailto:letters@eagletribune.com)
- Foster's Daily Democrat: [letters@fosters.com](mailto:letters@fosters.com)
- Goffstown News: [editor@goffstownnews.com](mailto:editor@goffstownnews.com)
- Hampton Union: [dmcdermot@seacoastononline.com](mailto:dmcdermot@seacoastononline.com) - **bounced**
- The Villager (Hillsborough): [editor@villagernewspaper.net](mailto:editor@villagernewspaper.net) (not on Sierra Club list) BOUNCED
- Hudson Litchfield News: [writehln@yahoo.com](mailto:writehln@yahoo.com) (not on Sierra Club list) - **bounced**
- The Messenger: [granitequill@mcttelecom.com](mailto:granitequill@mcttelecom.com) (not on Sierra Club list) vv
- Intertown Record: [intertown@conknet.com](mailto:intertown@conknet.com) (not on Sierra Club list) vv
- Laconia Daily Sun: [news@laconiadailysun.com](mailto:news@laconiadailysun.com)
- Lancaster Herald: [nnhmag@ncia.net](mailto:nnhmag@ncia.net) - **bounced**
- Milford Cabinet & Wilton Journal: [news@cabinet.com](mailto:news@cabinet.com) (not on Sierra Club list) VV
- Monadnock Ledger: [news@mledger.com](mailto:news@mledger.com) - **bounced**
- Northern Light: [news@northernlightnews.com](mailto:news@northernlightnews.com) - **bounced**
- Portsmouth Times: [jbreen@fosters.com](mailto:jbreen@fosters.com)
- Record Enterprise: [record@salmonpress.com](mailto:record@salmonpress.com) (not on Sierra Club list) VV
- Salem Observer: [letters@salemobserver.com](mailto:letters@salemobserver.com) - **bounced**
- Seabrook's Hometown Journal: [editor@seabrookhtj.com](mailto:editor@seabrookhtj.com) - **bounced**
- Somersworth: [chief.editor@somersworld.com](mailto:chief.editor@somersworld.com) - **bounced**
- The Dartmouth Online: [the.Dartmouth@dartmouth.edu](mailto:the.Dartmouth@dartmouth.edu) (not on Sierra Club list) vv
- The Dartmouth Review: [review@dartreview.com](mailto:review@dartreview.com) (not on Sierra Club list) vv
- The New Hampshire: [tnh.editor@unh.edu](mailto:tnh.editor@unh.edu) (not on Sierra Club list) vv
- The News & Sentinel: [sentinel@ncia.com](mailto:sentinel@ncia.com) - **bounced**

- **bounced** notations 10/16/21 - are there other addresses for these papers?