



Trauma response

External features

- Sober clothing, conservative
- Pendant with her mum photo in it, a wedding ring with a citrine stone
- Polish accent, scars on her back

Internal features

- Subordinate, strict and loyal
- Self forgetting, organised
- Fear to rebel, even if she needs to, anxious

Quests

- 10. Heavy cross



Timeline

1. Where (year)
 - a. Met (year)

Background

Who are they?

{}{{charName}} was born in {{charAge}} in {{charBirthLoc}}. They are a {{charJob}}

1. Their skills are {{skills}}
2. Their know about {{knowledge}}
3. They are good at {{talents}}

Journey

When things happened?

A preview of the journey

Mission

What are they after?

Their mcguffin

Objective

Why do they look for that?

Their motive

Ikigai

Where did it lead them?

The status of their quest

Judy Nowak's life had always been shaped by change. Born in the vibrant city of Krakow, her early years were filled with a kind of warmth and security that most children could only dream of. But everything shifted when her mother, Helena, passed away when Judy was just twelve. Her father's grief took the form of distant, almost desperate action—he relocated them to Katowice, hoping to rebuild their lives in a new place, though it never felt like home.

The loss of her mother had always lingered in the corners of Judy's thoughts, a silent shadow. And yet, the family adapted. Stanislaw, her father, was a proud man, though not without his faults. He tried his best to make a living, though it was never easy. It was in Katowice that Judy first learned to cope with loss and hardship, but it was also in Katowice that she discovered her innate ability with numbers. While other kids her age struggled with algebra and geometry, Judy found them oddly intuitive. Math, with its logic and order, was a language she could speak effortlessly.

But life in Poland was turbulent. Political unrest simmered in the background, and it was clear to Stanislaw that their future lay elsewhere. By the time Judy was sixteen, they packed up once more, leaving behind the only country they'd known and heading for Canada, the land of possibility.

Ottawa was their destination, a city far removed from the world they had once known. At first, it felt like an alien world—cold winters, different customs, and a language that Judy struggled to understand. But the allure of opportunity kept them going, and Judy quickly realized that her talents with numbers could be her way forward.

She enrolled in the University of Ottawa, where she pursued accounting, a field that blended her love of structure and problem-solving with the promise of steady work. She threw herself into her studies, determined to prove herself in this new country. It wasn't long before Judy became known as one of the most diligent and capable students in her class, and by the time she graduated, she had earned a reputation as someone who could make sense of even the most tangled financial puzzles.

Her first few years working for small businesses in Ottawa were a mixture of mundane tasks—balancing books, filling out tax forms, managing payroll—but Judy's sharp mind and attention to detail made her a sought-after asset. The work was steady, but she wanted more. She wanted to challenge herself, to make a real impact. By the time she turned 30, she felt ready for the next chapter of her life.

It was during this time that she met Mathieu Tremblay, a charming and ambitious law student. Their connection was immediate, and despite their different backgrounds, they quickly fell in love. Mathieu was the son of a wealthy Montreal family, and once they were married, the couple moved to Montreal to start a new life. For Judy, it was both a fresh beginning and a return to a place where she could grow, not just as a professional, but as a person.

Life in Montreal was different—bigger, faster, and more complex than Ottawa had ever been. She threw herself into the city's bustling business world, but it was a chance meeting with Dr. Charles Cameron that would alter the course of her life.



Dr. Cameron was an enigmatic figure, a philanthropist with a reputation for financing high-profile art exhibitions and donating to charity, but there was something off about him. His wealth seemed almost endless, and his mannerisms, though charming, often felt rehearsed. Dr. Cameron quickly took an interest in Judy's talents, particularly her ability to make sense of numbers and her meticulous attention to detail. He invited her to consult on some financial projects related to his art investments, promising lucrative compensation and a more glamorous lifestyle.

Judy, intrigued by the opportunity and the promise of a different kind of financial challenge, accepted. She soon found herself swept into Dr. Cameron's world, a world that was glamorous and high-stakes, filled with rare paintings, rarefied dinners, and powerful people. But as she dug deeper into the numbers behind his projects, something didn't quite add up. There were inconsistencies, strange figures that didn't correlate with the supposed value of the art, and transactions that seemed designed to obfuscate rather than illuminate.

At first, Judy dismissed it as a minor oversight. But as time passed, the patterns became harder to ignore. Dr. Cameron's investments weren't simply about art—they were about money laundering. She discovered that much of the artwork he funded was overpriced, its value inflated to funnel illegal funds through the global art market.

Judy had always prided herself on her ability to make sense of things, but this was something darker. Her work for Dr. Cameron had begun innocently enough, but now she found herself at the center of a labyrinthine scheme, with the kind of power and corruption that she had only read about in newspapers.

But Judy was no stranger to adversity. She had always known how to survive—how to stay one step ahead when the world seemed determined to push her down. She kept her suspicions to herself, trying to continue with the work that had earned her respect, but the temptation to expose the truth gnawed at her. The deeper she dug, the more she realized how entwined Dr. Cameron was in not just the art world, but in a network of money laundering that reached into the highest echelons of society.

As the stakes grew higher, Judy had to decide how far she was willing to go. She couldn't ignore what she had uncovered. But could she take on someone as powerful as Dr. Cameron without risking everything she had worked for?



And, more importantly, could she protect her family—especially Krzysztof, her younger brother, who had grown into a sharp young man in his own right—from the repercussions of her discoveries?

Judy's path was no longer clear, but one thing was certain: the numbers didn't lie. And as she looked at the cold, hard truth they presented, she knew she was on the edge of something far more dangerous than she had ever imagined.

References

[https://en.wikipedia.org/wiki/Bread_and_Wine_\(novel\)](https://en.wikipedia.org/wiki/Bread_and_Wine_(novel))
<https://en.wikipedia.org/wiki/Eucharist>

