

Estacada School District

Estacada High School

Counselor Curriculum—Child Sexual Abuse Prevention

Adopted 2025-2026 School Year

Counselors at Estacada High School provide lessons/curriculum to students during the school year. All students grades 9, 10, 11, and 12 receive eight to ten lessons from the high school counselors. In accordance with Erin's Law and Oregon's sexuality education requirements (OAR 581-022-2050), four of the eight counselor lessons involve helping students in the area of preventing child sexual abuse.

These four lessons each year will address the following topics and skills:

Topics Addressed:

- Healthy/Unhealthy Relationships
- Teen Dating Violence
- Sexual Assault/Abuse

Skills Addressed:

- Techniques to Recognize Sexual Abuse
- Effective Communication Skills to Establish Boundaries
- Skills to Tell a Trusted Adult

In addition to the four lessons presented to 11th and 12th graders, high school counselors present an additional lesson to juniors and seniors on the topic of Drug and Alcohol Prevention.

The other four to six lessons are about college and careers, as well as information about graduation requirements and other pertinent knowledge relating to high school academics.

Parents and students are encouraged to communicate with counselors about the curriculum and what is taught. Parents can review the lessons on child sexual abuse prevention and choose to opt their students out of those required lessons. This document only gives an overview of the four lessons taught each year about child sexual abuse prevention.

The lessons/slides can [be found here to review](#).

The form to opt students out of the four child abuse prevention lessons can be [found here](#). Parents must opt their student out at the beginning of each year.

Estacada High School
Counselor Curriculum—Child Sexual Abuse Prevention
Grade 9

Lesson 1—Healthy and Unhealthy Relationships

Slides for the lesson (and all others) can be found here by clicking on [this link](#)

Videos to possibly use during the lesson:

Video #1 with Australian teen talking about a relationship

<https://www.youtube.com/watch?v=UL4fPxW-nBQ>

Video #2 OneLove videos about unhealthy relationships via the phone:

<https://www.youtube.com/watch?v=XnyANipT84Y&t=27s>

<https://www.youtube.com/watch?v=gqMtmB5B7Kc&t=29s>

<https://www.youtube.com/watch?v=Dz9Qhelfvdl&t=4s>

Lesson 2—What is Consent? Why is it important? Part 1

Slides for the lesson (and all others) can be found here by clicking on [this link](#)

Videos to possibly use during the lesson:

<https://www.youtube.com/watch?v=fGoWLWS4-kU>

Lesson 3—Sexual Abuse and Prevention:

Slides for the lesson (and all others) can be found here by clicking on [this link](#)

Videos to possibly use during the lesson:

<https://www.youtube.com/watch?v=aOwmLMnZwi4&t=160s>

Lesson 4—Prevention, Reporting, Supporting

Slides for the lesson (and all others) can be found here by clicking on [this link](#)

Videos to possibly use during the lesson:

<https://www.youtube.com/watch?v=yT9xtrLLPFc&list=PLAkJ9fp8AJILhkN2w8cbPZPfifvYJoecx&index=37>

Estacada High School

Counselor Curriculum—Child Sexual Abuse Prevention Grade 10

Lesson 1—Relationships and Consent Part 2

Slides for the lesson (and all others) can be found here by clicking on [this link](#)

Videos to possibly use during the lesson:

Healthy Relationships

https://www.youtube.com/watch?v=DPb_BopTBoQ

Consent is like a bike ride

<https://www.youtube.com/watch?v=-JwlKjRaUaw>

Pitch Perfect 2 Trailer (start at the 2:09 mark)

<https://www.youtube.com/watch?v=KBwOYQd21TY&t=129s>

Lesson 2—Boundaries

Slides for the lesson (and all others) can be found here by clicking on [this link](#)

My Boundaries Worksheet can be found by [clicking on this link](#).

Videos to possibly use during the lesson:

Boundaries in General:

<https://www.youtube.com/watch?v=pC5FtPX6Ngg>

Boundaries and Consent

<https://www.youtube.com/watch?v=dIRAypXW5Cw>

Lesson 3—Risky Online Relationships

Slides for the lesson (and all others) can be found here by clicking on [this link](#)

Sheyna's Story/Situation can be found by [clicking this link](#).

Videos to possibly use during the lesson: None

Lesson 4—Identifying and Responding to Abuse and Teen Dating Violence

Slides for the lesson (and all others) can be found here by clicking on [this link](#)

Videos to possibly use during the lesson:

<https://www.dvidshub.net/video/831154/lets-talk-about-teen-dating-violence-story>

Estacada High School
Counselor Curriculum—Child Sexual Abuse Prevention
Grade 11

Lesson 1—Healthy Relationships 103 Part 3

Slides for the lesson (and all others) can be found here by clicking on [this link](#) and then scrolling down to the “Healthy Relationship 103” slide

Worksheet to use with this lesson [can be found here](#)

Lesson 2—Consent 103 (Part 3 of “Consent”)

Slides for the lesson (and all others) can be found here by clicking on [this link](#) and then scrolling down to the “Consent 103” slide

No videos or additional content is needed for this lesson

Lesson 3—Sexual Abuse, Assault, and Prevention (Part 3)

Slides for the lesson (and all others) can be found here by clicking on [this link](#) and then scrolling down to the “Sexual Abuse, Assault and Prevention” slide

Worksheet to use with this lesson [can be found here](#)

List of resources to show students and/or print out and give to students [can be found here](#)

Lesson 4—Responding Part 3

Slides for the lesson (and all others) can be found here by clicking on [this link](#) and then scrolling down to the “Responding 103” slide

Worksheet to use with this lesson [can be found here](#)

Estacada High School
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Grade 12

Lesson 1—Consent, Boundaries & Healthy Relationships

Slides for the lesson (and all others) can be found here by clicking on [this link](#) and then scrolling down to the “Consent, Boundaries & Healthy Relationships” slide

The situations/responses worksheet [can be found here](#)

The “Setting and Holding Boundaries” worksheet [can be found here](#)

Lesson 2—Sexual Harrassment

Slides for the lesson (and all others) can be found here by clicking on [this link](#) and then scrolling down to the “Sexual Harrassment” slide

No videos or worksheets are needed for this lesson

Lesson 3—Overexposed: Sexting & Relationships

Slides for the lesson (and all others) can be found here by clicking on [this link](#) and then scrolling down to the “Overexposed: Sexting & Relationships” slide

The worksheet needed for this lesson [can be found here](#)

Lesson 4—Harassment & Violence Prevention

Slides for the lesson (and all others) can be found here by clicking on [this link](#) and then scrolling down to the “Harassment & Violence Prevention” slide

Workplace Scenarios (Quid Pro Quo) [can be found here](#)

Student Culture Book Worksheet [can be found here](#)