IGNATIAN RETREAT FOR MEN

Provided by the Fraternity of St. Joseph the Guardian
Preached by Father Hernan Ducci
February 7-9, 2020

Basic Information:

Dates

Friday, 7 February- Sunday 9 February 2020

The retreat will begin with 4.30pm Mass on Friday and end at 3.00pm (after Mass and lunch) on Sunday. You can arrive as early as 3pm to settle in at the retreat center; please note that the building will be closed during Mass as the retreat staff will all be at the church. The retreat shall end with Mass on Sunday, followed by lunch.

Location

St. John the Baptist's Church
1282 Yardville Allentown Rd, Allentown, N. J. 08501

Accommodations, meals, and talks will take place in the parish hall, adjacent to St John's Church. For those who are driving, the parish's parking spaces are available.

Mass and offices will take place daily at St John's Church.

Lodging

Our accommodations at St. John's are *basic*; there is ample space for sleeping, but very little available by way of linens and bedding. **You are responsible for bringing your own air mattress, sleeping bag, pillow, sheets, towels, etc.**

Cost

$60 suggested donation to defray the cost of food, cleaning supplies, Fr. Ducci's flight, etc.

Please Bring:

- A rosary and spiritual reading (Bible, Lives of the Saints, *Imitation of Christ*, etc)
- Toiletries, change of clothes, notebook and pens, etc.

Registration

Please fill out the Google Form and let Fr. Hernan Ducci (hernan.ducci@gmail.com) know if you have any questions.

Organizational Miscellany

Music

If you are able to help out with liturgical music during the retreat (i.e. singing, playing the organ, chanting), please let us know through the enrollment form. Experience with Gregorian chant is especially helpful!

Transportation/Carpooling

If you have a car and are willing to drive others, or if you are in need of a ride, please let us know through the enrollment form.

Allergies/Dietary Restrictions

Please let us know if you have any allergies or dietary restrictions through the enrollment form. We will do our best to accommodate your needs.

Other Things to Note:

The *Spiritual Exercises of St. Ignatius*

Fr. Ducci will be preaching selections from *The Spiritual Exercises of St. Ignatius*; while you will be able to borrow a copy of the *Exercises* during the retreat, you are encouraged to bring your own if you like making notes in a physical book.

The *Exercises* is widely published and can be found at any major bookseller. You can also download an electronic copy of the *Exercises* for free here. Additionally, the *Exercises* is included in a download of the iPieta app, an incredible resource of spiritual texts and prayers for those who want to deepen their faith.

Retreat Schedule

As our time is very limited, the retreat will follow a closely guarded schedule built around eight meditations and exercises. Fr. Ducci will give a roughly 30-minute meditation, and directly afterwards time is allotted for retreatants to perform the complementary spiritual exercise.

Interspersed throughout the day are meals, communal prayer, and free time. Retreatants are encouraged to use the scheduled free time to pursue personal spiritual reading, journaling, and meditation.

Confession and Spiritual Direction

Fr. Ducci will be available throughout the retreat during adoration and scheduled free time for the Sacrament of Confession, as well as for spiritual direction.

Silence

Ignatian retreats are traditionally held in silence; we ask that you please refrain from unnecessary talking during the weekend. The Lord speaks to us in the silence of our hearts, and times of retreat present a special opportunity to immerse ourselves completely in this profound and intimate silence. You are encouraged to socialize and share your faith with other retreatants *after* the final Mass on Sunday.

We also ask that you extend this spirit of silence to the electronic front; you are highly encouraged to put your phone on airplane mode during the weekend, and are asked to refrain as much as possible from texting, talking on the phone, checking e-mail, using social networking sites, and accessing the internet during the retreat.

Liturgy

Holy Mass will be sung daily in the Extraordinary Form of the Roman Rite (1962 Missal).

Certain hours of the Divine Office (Liturgy of the Hours) will also be sung in Latin. Booklet missals and leaflets will be provided for all liturgical functions.

Who are We?

The Fraternity of St. Joseph the Guardian

The Fraternity of St. Joseph the Guardian (FSJC) is a new order of missionaries based out of France. We are dedicated to the preaching of popular missions, and serve various apostolates in the United States, Chile, El Salvador, Guatemala, and France. Fr. Ducci, who is preaching the retreat, is a member of the order.

For updates on our current apostolates and projects please visit our Facebook page