

### 2023 Cross Country Race Schedule

<b>Fri. 9/1/23</b>	<b>Scrimmage *</b>	<b>Sandy Bottom</b>	<b>5:00pm</b>
<b>Sat. 9/9/23</b>	<b>Al Dorner Inv.</b>	<b>Newport News Park</b>	<b>9:00am</b>
<b>Sat. 9/16/23</b>	<b>Bill McGough Inv. *</b>	<b>PC</b>	<b>9:00am</b>
<b>Thurs. 9/21/23</b>	<b>Greenbrier Christian Inv.</b>	<b>Bells Mill Park</b>	<b>4:00pm</b>
<b>Sat. 9/30/23</b>	<b>Big Cat Inv.</b>	<b>Williamsburg</b>	<b>9:00am</b>
<b>Thurs. 10/6/23</b>	<b>Norfolk Collegiate Inv.</b>	<b>Mt. Trashmore</b>	<b>3:30pm</b>
<b>Sat. 10/14/23</b>	<b>Milestat Inv.</b>	<b>Pole Green Park</b>	<b>TBA</b>
<b>Week of 10/16/23</b>	<b>TBA</b>		
<b>Tues. 10/24/23</b>	<b>State Catholic Champ.</b>	<b>Lake Occoquan Reg. Park</b>	
<b>Fri. 11/2/23</b>	<b>TCIS Championships</b>	<b>Mt. Trashmore</b>	<b>2:30pm</b>
<b>Thurs. 11/9/23</b>	<b>VISAA Championships</b>	<b>Woodberry Forest</b>	<b>11:00am</b>

Races with a \* beside them are the ones we are hosting and will need parents to help during the race. Thank you in advance!