



Hi! My name is Paul Reddick.
I'm a baseball coach, speaker, mentor, and author.

This Google doc will serve as a "live feed" to update you on how I can help.

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BIO

For 15 years, Paul Reddick was the resident speaker and camp director at the **Yogi Berra Museum**, where he addressed over 1000 teams, schools, and organizations.

Paul is the Founder Of the **Baseball Education Center** and currently serves as the president of the **Baseball Honor Society**. He has also served as a **scout with Pittsburgh Pirates**, a **coach with Montreal Expos**, **State Delegate for USA Baseball**.

His signature program, **the 90mph Club**, is the best-selling pitching program of all time. His daily newsletter is read by over 740,000 players, parents, and coaches. Paul hosts several podcasts, including **Baseball Confidence**, **At The Seams: A Mental Health Podcast For Athletes**, and **The Baseball Dads Podcast**, with over 1,000,000 downloads per year.

A prolific author, Paul has written seven books, including the bestseller, **The Picture Perfect Pitcher with Tom House**, and was recognized by the **Academy of Best Selling Authors**.

Paul holds a Certificate of Specialization in Entrepreneurship from **Harvard Business School**, is a Seton Hall Preparatory School graduate, and is a course auditor at **Princeton University**.

Senator Corey Booker presented Paul with a State Resolution for his work in the communities of Newark, NJ. Paul also received the **Larry Doby Award** for his work with underserved communities, and in 2000 his name was added to **The Wall Of Tolerance in Montgomery, Alabama, by Rosa Parks**.

Paul also served as a Staff Officer in the **United States Coast Guard AUX** and is an active leader at his local church. You can watch two sermons he delivered [here](#) and [here](#).

TESTIMONIALS I'm Proud Of...

*"I give Paul my highest recommendation.
He's the only guy I trust to run my camps."*
- Yogi Berra



"Paul is like a legend in our industry."
- Mike Reinold



"Paul is a solid operator and a great teammate."
- Mark Divine, Navy SEAL Commander



"If Thor shaved his head, he'd be Paul Reddick."
- Ryan Munsey



FACTS

NOW

Founder, Baseball Education Center
President, Baseball Honor Society
Partner, National Baseball Prospect
Partner, SAMCart

Course Auditor, Princeton University

USED TO BE...

Resident speaker and camp director, Yogi Berra Museum
14 years in Professional Baseball as coach and scout
First Job at 21 - Here's how I got it.
State Delegate, USA Baseball
Assistant Coach, Elizabeth High School
Head Coach, Union Catholic High School
Owner, New Jersey Baseball Academy

AS A BASEBALL PLAYER

Complete failure // Failed Off Team Sophomore Year Of HS.
Played in summer and fall // Blew just about every chance I had
I don't know what I would have turned out to be...prob Avg.

AUTHOR

Getting Recruited
Picture Perfect Pitcher with Tom House
Mike Epstein on Hitting
567 Dad
Living With Jacob
New Rules Of Baseball Instruction
35 Things Every Baseball Dad Show Know

SPEAKER

I've given well over 1000 presentations.
FBI // Princeton // By Referral Only // Health South // Friends Health Connection
Rosa Parks added my name to the Wall Of Tolerance
Dozens of baseball Baseball conferences and clinics
100's of bullying and sportsmanship presentations at school

PERSONALITY:

Fiercely loyal // Huge Heart // Horrible temper // Terrible enemy.
75 % Irish catholic // 25% Sicilian // Union, New Jersey
(This is not a good combo)
My dad said people buy a one-way ticket to my sh*t list

MENTAL HEALTH:

ADHD (like wicked ADHD) // Dyslexia // Dysgraphia //
10 Quickstart // INFP // Enneagram 2
I have a coach and Psychiatrist for ADHD. I did a Baseball Dads podcast on it.

WEIRD STUFF

We have a great team, but I work alone.
Split time between a home office and Princeton office

No Tatts // Never Get Cold // Don't own a winter jacket.
I have about 14 items of clothing that rotate.
12 Fake Teeth (Chewing Tobacco) // Plastic Nose (kicked in the face)
Write lefty // Throw righty // Can switch hit
Play Bass left-handed // Can also play upside-down right-handed.
I always wear a hat (I have more hair than people think tho)
Served as a Staff Officer in The United States Coast Guard AUX
I graduated 182 out of 183 at Seton Hall Prep despite having a
154 IQ and off-the-chart test scores #ADHDundiagnosed
I graduated SEALfit 20x Class 001 - it's like a Navy SEAL Hell Week simulation.
I was in a TV pilot called the 25th man.
I run every day.

Social Media // Politics

Hate social media and everything it represents //
Hate and Ignore politics // Don't Watch TV

FRIENDS

I'd rather have 4 quarters than 100 pennies.

RECOGNITION

NJ Senate Resolution presented by Sen. Cory Booker
Larry Doby Award recipient.
Name added to Wall Of Tolerance by Rosa Parks
Academy Of Best-Selling Authors (Certified book sales)