Mental Health Disorder Project

Student Objectives:

- To gather information from a valid and reliable source for one specified mental health disorder, including at least 3 resources that others could use to receive more information about the disorder
- To analyze the effects of the stigma associated with mental health disorders in relation to the specified disorder and how it may influence overall lifestyle of the individual
- To accurately define a specific mental health disorder/illness and support the definition with specific, defining characteristics including, but not limited to, signs and symptoms, treatment, causes, effects on other health components, and facts regarding incidence or prevalence

Directions:

- This will be an independent project and you will be given time during class to complete your research; however, please plan to work on the project outside of class as well
- The project will consist of research, a creative product of your research and information (visual aide), and a presentation.
- Your target audience will be other people who want to learn more about the disorder, and friends and family of someone who may have been recently diagnosed or is currently living with the disorder
- You will present to your peers in class, and the projects may also be displayed

Choose a mental health disorder from the below listing:

-Phobias	-Binge Eating Disorder
-Generalized Anxiety Disorder	-Bipolar Disorder
-Post-Traumatic Stress Disorder	-Schizophrenia
-Obsessive-Compulsive Disorder	-Attention Deficit Disorder (ADD)
-Panic Attacks/Disorders	-Attention Deficit Hyperactivity Disorder (ADHD)
-Bulimia Nervosa	-Depression
-Anorexia Nervosa	-Seasonal Affective Disorder
-Dissociative Identity Disorder	-Hypochondria

*You may see me if you have an idea other than those listed above that you would like to research!

Research:

Use the research template to guide your research when gathering information. Each of the sections on the template MUST be included in your research and final product/presentation. You are welcome to include additional information. Keep track of your sources to cite them within the project. You may use the internet, publications, books, news briefings or articles, community resources, videos, or even interview a professional!

Use your research to create a final project of your choice to share the information with your audience:

Project Options: A poster, brochure/pamphlet, Power Point, public service announcement or other video presentation, radio ad, etc. I am happy to consider any other ideas you may have!

Presentation:

You will share your information and project with the class. The presentation should help advocate and promote positive relations for those who are affected by the disorder as a way to dispel the negative stigma associated with mental health disorders, and inform one another of each of the disorders in more detail. You will each complete an observation checklist of your peers, monitoring explanation of key elements.

Please refer to rubric, as well as research template, throughout the project to ensure you are meeting all necessary criteria! I am available to answer any questions you may have!