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AGOGE NEW IDENTITY TEMPLATE

Ideal Version of Yourself 3-6 Months From Now

Power Phrases (2-3)

- I am Samara Garland and I will succeed
- I am Samara Garla I am Samara Garland and I will make my oupa proud
- I am Samara Garland and I will provide a better life for my family

Core Values (2-3)

- Bravery
- Loyalty

Daily Non-Negotiables (2-3)

- Daily checklist
- Reading my Bible and praying

Goals Achieved

- Start Caylee (my sister) on all physical therapy
- Buy my dad a car

Rewards Earned

- Seeing my loved ones in a better place in life (financially)
- Seeing Caylee learn new things
- Helping my dad to feel less stressed
- Make God proud

Appearance And How Others Perceive Her

- Elegant
- Healthy
- Put-together
- Strong

Day In The Life

Make it as vivid as possible. What does he FEEL like as he goes through each part of his day? Add images vision board style. Use the first person and present tense, i.e. "I walk through the streets..."

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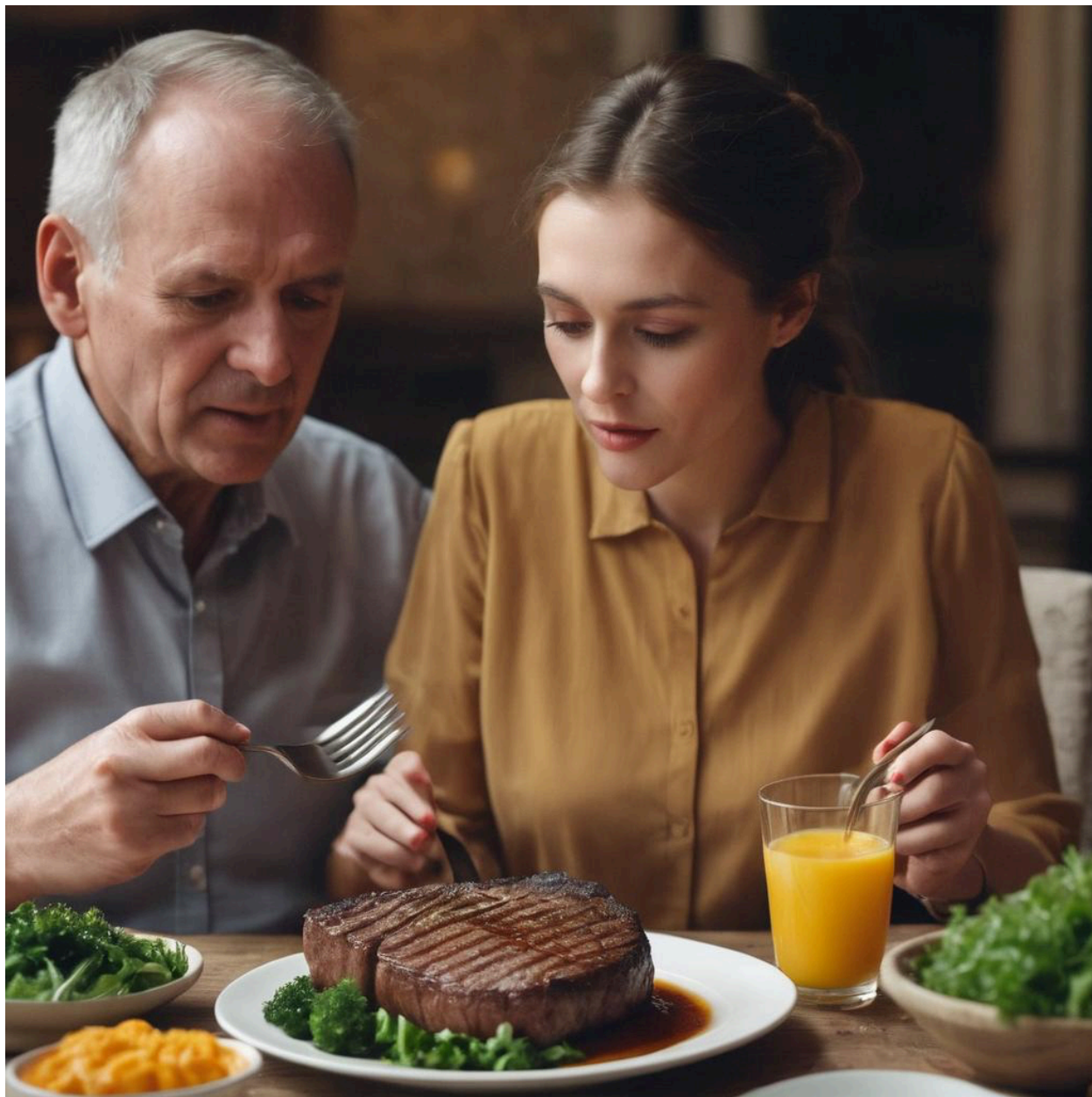
I wake up before the rest of my family. Read my Bible then pray and thank God for waking up.



Get out of bed and make myself something to drink. Workout in my room. Then sit outside, watch the sunrise and go through any messages that I might've missed.



Start working for a few hours then spend time with Caylee. I then have lunch and talk to my dad and take him shopping to buy him and Caylee some new clothes and feel proud that I can give them a better life.



Then I get back home and do some more work. I start to cook and have dinner with my family. Then I do some more work before I finish for the day and read my Bible and pray and thank God for all he has done for me.